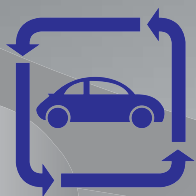


TOURIST  
ROUTES IN



LAZDIJAI



AND



PUNSK



REGIONS





# LAZDIJAI DISTRICT MUNICIPALITY





# PUNSK ADMINISTRATIVE AREA

-  Regional road and their number
-  Other roads
-  Forest and field roads
-  Asphalt, gravel
-  Distance in km
-  Railroad with station
-  Border crossing point
-  Regional park territory
-  State border
-  Municipal boundaries
-  Church
-  Museum
-  Information centre
-  Visitors information centre of the protected area
-  Hotels, motels
-  Rural tourism
-  Rest houses
-  Tourist camps
-  Water routes
-  Vehicle routes
-  Bike routes
-  Horse riding routes
-  Walking routes



## Rural tourism homesteads marked on the map

### LAZDIJAI DISTRICT MUNICIPALITY

1. S. Čeponis rural homestead, Dusia lake, Zebrėnai village, Teizai Administrative Area, tel. +370 687 73488, e-mail: pusinetroba@gmail.com
2. „SILVESTRO SODYBA“, Vilkaitis lake, Taikūnai village, Veisiejai Administrative Area, tel. +370 686 49258; www.silvestrosodyba.lt
3. „RASA“, Šlavantas lake and Pirtukas lake, Šlavantai Administrative Area, tel. +370 687 15454, e-mail: vidastomk@gmail.com, www.sodybarasa.lt
4. S. Čivinskienė rural homestead, Dusia lake, Vaickūniškė village, Seirijai Administrative Area, tel. +370 698 23755, e-mail: sodybadusia@gmail.com; www.civinskienessodyba.lt
5. „BERTAŠIŪNŲ VIENKIEMIS“, Trikojis lake, Bertašiūnai village, Veisiejai Administrative Area, tel. +370 698 75716, e-mail: bertasiunai@gmail.com; www.bertasiunai.lt
6. „NIEDA“, Niedus lake, Karivonys village, Kapčiamiestis Administrative Area, tel. +370 682 20006, e-mail: sodybanieda@gmail.com; www.nieda.lt
7. „Emilijos“ rural homestead, Samanis lake, Šadžiūnai village, Veisiejai Administrative Area, tel. +370 656 50916, e-mail: tourism@lazdijai.lt; www.samanis.lt
8. „VITRŪNA“, Dusia lake, Meteliai village, Seirijai Administrative Area, tel. +370 687 70748, e-mail: vitruna@gmail.com, www.vitruna.lt
9. AKROMAI HOMESTEAD, Metelys lake, Vaickūniškė village, Seirijai Administrative Area, tel.: +370 698 17548, +370 616 04 246, e-mail: akromusodyba@atostogoskaime.lt; www.atostogoskaime.lt/akromu-sodyba/
10. S.S. BALIUKONIS HOMESTEAD, Metelys lake, Vaickūniškė village, Seirijai Administrative Area, tel.: +370 613 47392, +370 674 05865
11. „PURVIŠKĖS“, Vernijis lake, Purviškės village, Veisiejai Administrative Area, tel. +370 615 23445, e-mail: salomejap@gmail.com; www.kaimopirtis.lt
12. „OBELIJOS SODYBA“, Obelijos lake, Mackonys village, Seirijai Administrative Area, tel.: +370 686 59400; +370 315 64562, e-mail: obelijossodyba@gmail.com; www.obelijossodyba.lt
13. „ŽALIŠKĖ“, Babrai lake, Žališkės village, Šventėžeris Administrative Area, tel. +370 681 77469, +370 616 35005, +370 318 44732, e-mail: klucinkas@gmail.com; atostogoskaime.lt/sodyba-zaliske/
14. „LIKIMO RATAS“, Ilgis lake, Salučiai village, Veisiejai Administrative Area, tel. +370 698 87717, +370 698 70770, e-mail: lratas@gmail.com; www.lratas.lt
15. „KOTRYNOS SALA“, Veisiejis lake, Paveisiejai village, Veisiejai Administrative Area, tel. +370 698 76399, +370 686 08634, +370 699 45119, e-mail: rickus999@yahoo.com; www.kotrynossala.lt
16. „VILJA“, Akmeniai lake, Akmeniai village, Kučiūnai Administrative Area, tel. +370 685 27556, e-mail: anulis@one.lt
17. J. LIAUKONIS HOMESTEAD, Samanis lake, Paterai village, Veisiejai Administrative Area, tel. +370 686 05973, +370 686 90017, e-mail: samanisl@samani.lt; www.samani.lt
18. V. PEČILIENĖ HOMESTEAD, Biėlenai village, Būdviestis Administrative Area, tel. +370 616 97686
19. „KLĖTIS“, Dusia lake, Teizininkai village, Teizai Administrative Area, tel. +370 614 34602, +370 318 45995, e-mail: elena.stuckiene@gmail.com; www.kletis.lt
20. „AKMENĖLIS“, Akmeniai lake, Akmeniai village, Kučiūnai Administrative Area, tel. +370 612 75419, e-mail: valdelisv@takas.lt; www.akmenelis.lt
21. „LAIMOS VILA“, Ilgis lake, Šadžiūnai village, Veisiejai Administrative Area, Lazdijai District Municipality, tel. +370 698 09007, e-mail: info@laimosvila.lt; www.laimosvila.lt
22. „SILAS“, Veisiejis lake, Paveisiejai village, Veisiejai Administrative Area, tel. +370 686 83386, e-mail: silossodyba@one.lt; www.sodyba.puslapiai.lt
23. A. SANDIENĖ RURAL TOURISM HOMESTEAD, Ežero st. 2, Lazdijai, tel. +370 614 67001, e-mail: astossodyba@gmail.com
24. „TRIKOJIS“, Trikojis lake, Taikūnai village, Veisiejai Administrative Area, tel. +370 686 70706, e-mail: sodybatrikojis@gmail.com; www.atostogoskaime.lt
25. „PADUMBLIAI – PENKTAS SEZONAS“, Pastovis lake, Padumbliai village, Kapčiamiestis Administrative Area, tel. +370 620 26922, e-mail: info@5sezonas.lt; www.5sezonas.lt
26. „GALSTAS“, Galstas lake, Saločiai village, Kučiūnai Administrative Area, tel. +370 698 78040, e-mail: vejukas@infoseka.lt
27. „SRAIGĖ“, Dusia lake, Straigiskė village, Seirijai Administrative Area, tel. +370 686 67579, +370 615 22756, e-mail: talandziai@gmail.com
28. „PAS VYTĄ“, Galstas lake, Miškiniai village, Kučiūnai Administrative Area, tel. +370 620 79682, e-mail: info@pasvyta.lt; www.pasvyta.lt
29. „JOGINTA“, Šlavantas lake, Kalveliai village, Veisiejai Administrative Area, tel. +370 687 24108, e-mail: joginta@atostogoskaime.lt
30. R. VAŠKEVICIUS RURAL TOURISM HOMESTEAD, Galstas lake, Saločiai village, Kučiūnai Administrative Area, tel. +370 610 83715, e-mail: justinoz@gmail.com
31. „DOVIO SODYBA“, Vilkinis lake, Senkonys village, Veisiejai Administrative Area, tel. +370 605 74509, e-mail: doviosodyba@gmail.com
32. I. PAUŽUOLIS RURAL TOURISM HOMESTEAD, Sagavas lake, Šilaičiai village, Seirijai Administrative Area, tel. +370 678 80922, e-mail: sbuzaite@mail.com
33. „UŽVĖJA“, Seirijas lake, Barauciškė village, Seirijai Administrative Area, tel. +370 618 46655, e-mail: vilmantal@gmail.com; www.uzveja.lt
34. E. PTAKAUSKAS RURAL TOURISM HOMESTEAD, Vilkinis lake, Senkonys village, Veisiejai Administrative Area, tel. +370 686 67036
35. „JONŲ SODYBA“, Ramanavas village, Krosna Administrative Area, tel. +370 612 35245, e-mail: namastra@gmail.com
36. „TĖVIŠKĖ“, Snagynas lake, Kailiniai village, Veisiejai Administrative Area, tel. +370 686 04158, +370 616 80026, +370 614 08515, e-mail: info@poilsiskaima.lt; www.poilsiskaima.lt
37. A. LAPINSKIENĖ RURAL TOURISM HOMESTEAD, Šlavantas lake, Čivonys village, Veisiejai Administrative Area, tel. +370 687 51070
38. „ŪKININKO SODYBA“ of Veisiejai School of Technologies and Business, Ančia lake, Kailiniai village, Veisiejai Administrative Area, tel. +370 318 56579, e-mail: info@tvm.veisiejai.lm.lt
39. „BALTOJI ANČIA“, the river Baltoji Ančia, Menciškė village, Kapčiamiestis Administrative Area, tel. +370 686 33381, e-mail: baltojiancia@gmail.com
40. „JUSTINIŠKĖS“, Vilkinis lake, Dvarciškė village, Veisiejai Administrative Area, tel. +370 686 65905, e-mail: dainida@yahoo.com
41. „SALOČĖ“, Zapsis lake, Zebrėnai village, Teizai Administrative Area, tel.: +370 618 43716, +370 686 76004

### PUNSK ADMINISTRATIVE AREA

1. „PRIE EŽERĖLIO“, Kampuočiai village, 10, 16–515 Punks, tel. +48 875 161454, +48 691 405791, e-mail: juozas.peciulis@neastrada.pl
2. LEISURE AND ADVENTURE CENTRE „ŠILAINĖ“, Ožkiniai village, 41, 16–515 Punks, tel. +48 875 161242, +48 875 161712, +48 609 438671, e-mail: albinas@interia.pl
3. „ŠILAS“, Ožkiniai village, 16–515 Punks, tel. +48 607 394952, +48 875 161483, e-mail: valdi\_punsk@o2.pl; www.Punsk.pl/silas
4. „PAS VILĮ“, Laukų st. 16, 16–515 Punks, tel. +48 875 161255, +48 782 353114, +48 510 965046, e-mail: walenty.zukowski@up.pl; www.uwili.republika.pl
5. „SANKŪRAI“, Sankury village 8, 16–515 Punks, tel. +48 721 802978, e-mail: sankury@neostrada.pl
6. PETRAS KRKAUSKAS RURAL TOURISM HOMESTEAD, Trakiškės 19 village, 16–515 Punks, tel. +48 695 747316, +48 875 161315; www.sodas.suwalszczyna.com.pl
7. D. AND A. ŠLIAUŽIAI RURAL TOURISM HOMESTEAD, Ožkiniai village 40, 16–515 Punks tel. +48 791 844 552, e-mail: danuta.szlauzys@gmail.com
8. HOMESTEAD „PAS EDVINĄ“, Šlynakiemis village, 14, 16–515 Punks, tel. +48 513 350763, e-mail: edwin.krajewski@gmail.com; www.edwin.wigry.eu
9. „PAS HONORKĄ“, Stražacka st. 1, 16–515 Punks, tel. +48 665 197 954, e-mail: barhonorka@wp.pl; www.agroturystykapunsk@republika.pl

Public Institution „Lazdijai Tourism Information Centre“, tel.: +370 318 51160, +370 318 66130, +370 318 51881, +370 611 10855,  
e-mail: turizmas@lazdijai.lt, turizmas.info@lazdijai.lt, tourism@lazdijai.lt. Tourism Centre in Punks, tel. +48 87 5161079, e-mail: cit@cit.ugpunsk.pl









- City boundaries
- Bike routes
- Information stand
- Visitors information centre of the protected area
- Bus station
- Post office
- Police
- Healthcare institution
- Church
- Museum
- Hotels, motels
- Restaurants, cafes







## Veisiejai – Ančia lake – river Baltoji Ančia – Baltoji Ančia Power Station – Nemunas (canoeing)

Route map, page 11

| Start point                   | Veisiejai town                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Duration         | 2-3 days |
|-------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|----------|
| End point                     | Junction of the rivers Baltoji Ančia and Nemunas                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Difficulty level | Medium   |
| <b>Route length</b>           | About 41 km, it is possible to reduce the route: Ančia lake – Jezdas (4 hours/10 km); Jezdas – Kapčiamiestis (3 hours/7 km); Kapčiamiestis – Pinčiaragis (1 hour./3,5 km); Pinčiaragis – Menciškė (2 hours./4 km); Menciškė – Macevičiai (2 hours./4,5 km); Macevičiai – Baltoji Ančia Power Station (3 hours./ 7,5 km); Baltoji Ančia Power Station – Nemunas (2 hours./4,5 km).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                  |          |
| <b>Places of interest</b>     | <p><b>Veisiejai town:</b></p> <ol style="list-style-type: none"> <li>1. Sculpture park in the centre of Veisiejai (Vytauto st. Dariaus ir S. Girėno st);</li> <li>2. Ruins of the former Veisiejai manor house (Santarvės st. 9) – Veisiejai Regional Park Directorate (tel. +370 318 56782, vrp@takas.lt);</li> <li>3. Veisiejai ash-tree (Veisiejai Town Park);</li> <li>4. Veisiejai fountain with light and sound effects (Veisiejai Town Park);</li> <li>5. Memorial in the honor of the founder of Esperanto language Ludwig Lazarus Zamenhof (Veisiejai Town Park);</li> <li>6. Monumental composition where the house of Juozas Neimontas once was (Vytauto st.);</li> <li>7. St. George Church (S. Dariaus ir S. Girėno st. 1);</li> <li>8. Veisiejai Region Museum (Vytauto st. 47, tel.: +370 318 56535, +370 614 48387);</li> <li>9. The place where the house of L. L. Zamenhof was (L. Zamenhof st.);</li> <li>10. Grave of Juozas Neimontas (Vytauto st., Veisiejai town cemetery);</li> <li>11. Old Jewish Cemetery (V. Montvilos st.).</li> </ol> <p><b>Kapčiamiestis locality:</b></p> <ol style="list-style-type: none"> <li>1. Vainežeris defensive fortifications Okopka (Vainežeris village, Kapčiamiestis Administrative Area);</li> <li>2. Park of the former Vainežeris manor house (Vainežeris village, Kapčiamiestis Administrative Area);</li> <li>3. Ancient Mėčiūnai settlement (Mėčiūnai village, Kapčiamiestis Administrative Area);</li> <li>4. Ancient Kapčiamiestis settlement Pinčiaragis;</li> <li>5. Baltoji Ančia Power Station;</li> <li>6. Memorial in the honor of Emilia Plater (Vainežeris village, Kapčiamiestis Administrative Area).</li> </ol> <p><b>Kapčiamiestis:</b></p> <ol style="list-style-type: none"> <li>1. Emilia Plater Museum, Kapčiamiestis (Taikos st. 11, tel. +370 612 67491);</li> <li>2. Grave of Countess Emilia Plater, leader of the insurrection in 1831 (Taikos st.);</li> <li>3. Memorial in the honor of Emilia Plater (Kapčiamiestis Central Square);</li> <li>4. Catholic church of the Divine Providence in Kapčiamiestis (Č. Sasnausko st. 5);</li> <li>5. House of the composer Česlovas Sasnauskas, with a memorial plaque (Č. Sasnausko st. 4).</li> </ol> |                  |          |
| <b>Accommodation services</b> | <p><b>Rural Tourism Homestead of Veisiejai School of Technologies and Business, Kailiniai village, Veisiejai Administrative Area</b> (+370 318 56 579, info@tvm.veisiejai.im.lt);</p> <p><b>NIEDA, Kapčiamiestis, Lazdijai District Municipality</b> (tel. +370 682 20 006, +370 615 25 985);</p> <p><b>PENKTAS SEZONAS, Pastovys lake, Padumbilai village, Kapčiamiestis Administrative Area</b> (tel. +370 620 26 922, info@5sezonas.lt, www.5sezonas.lt).</p> <p><b>Lodging houses:</b></p> <p><b>Silva Jakštienė, M. Bižytės 2a, Veisiejai</b> (tel. +370 671 97 721, +370 686 23 830, 8 318 56 240).</p> <p><b>Rest houses:</b></p> <p><b>ANČIA, Jezdas village, Kapčiamiestis Administrative Area</b> (tel. +370 687 32 016).</p> <p><b>Camp:</b></p> <p><b>Sonata Varnelienė camp, Kailiniai village, Veisiejai Administrative Area</b> (tel. +370 688 86 831, +370 686 08 663, +370 318 56 272, sonatavar@gmail.com, www.sauletekiobaidares.lt).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                  |          |
| <b>Catering services</b>      | <p><b>Cafes in Veisiejai:</b></p> <p>Health, Tourism and Service centre „Ančia“, Vytauto st. 21, Veisiejai (tel. +370 652 99 610);</p> <p>„Snieguolė“, S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236) (booking required).</p> <p><b>Cafes in Kapčiamiestis:</b></p> <p>Café-bar „Banga“, Private Enterprise of V. Varnelis, Taikos st. 2, Kapčiamiestis (tel. +370 682 12 786, +370 318 43 146).</p> <p><b>Shopping in Veisiejai:</b></p> <p>„Snieguolė“, Private Enterprise of V. Barštienė – S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236);</p> <p>Private Enterprise of V. Škamulis – Leipalingio st. 31, Veisiejai (tel. +370 318 56 175);</p> <p>„Hekorna“, UAB – Ateities st. 3, Veisiejai (tel. +370 650 11 318);</p> <p>„Aiabė“ – J. Neimonto st. 1, Veisiejai (tel. +370 318 56 151);</p> <p>„Jaunystė“ – Leipalingio st. 27, Veisiejai (tel. +370 318 56 143).</p> <p><b>Shopping in Kapčiamiestis:</b></p> <p>„Banga“, Private Enterprise of V. Varnelis – Taikos st. 2, Kapčiamiestis (tel.: +370 682 12 786, +370 318 43 146);</p> <p>KB „Lazdijų prekyba“ – Kapčiamiestis (tel. +370 318 43 196);</p> <p>Private Enterprise of R. Maciulevičius – Taikos st. 16, Kapčiamiestis (tel. +370 318 43 123);</p> <p>UAB „RAMAVITA“ – Veisiejų st. 27, Kapčiamiestis.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                  |          |
| <b>Rent of canoes</b>         | <p>„Baidarės Džukioje“, Veisiejai, Lazdijai District Municipality (tel. +370 600 96 282, +370 670 45 456, baidaresdzukioje@gmail.com);</p> <p>„Saulėtekio baidarės“, Kailiniai village, Lazdijai District Municipality (tel. +370 686 08 663, +370 688 86 831, sauletekiobaidares@yahoo.co.uk, www.sauletekiobaidares.lt);</p> <p>„Nieda“, Kapčiamiestis, Lazdijai District Municipality (tel. +370 682 20 006, +370 615 25 985, sodybanieda@gmail.com);</p> <p>Žydrūnas Dumbliauskas, Mechanizatorių st. 1a, Kapčiamiestis, Lazdijai District Municipality (tel. +370 612 07 640, jurgitukas3@gmail.com).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                  |          |





## Veisiejai – Ančia – Jezdas (boat, pedalos)

Route map, page 11

|                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                  |             |
|--------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|-------------|
| Start point                    | Jezdas village, Kapčiamiestis Administrative Area                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Duration         | 1 day       |
| End point                      | Veisiejai                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Route length     | About 10 km |
|                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Difficulty level | Easy        |
| Places of interest             | <p><b>Veisiejai town:</b></p> <ol style="list-style-type: none"> <li>1. Memorial in the honor of the founder of Esperanto language Ludwig Lazarus Zamenhof (Veisiejai Town Park);</li> <li>2. Veisiejai ash-tree (Veisiejai Town Park);</li> <li>3. Veisiejai fountain with light and sound effects (Veisiejai Town Park);</li> <li>4. Ruins of the former Veisiejai manor house (Santarvės st. 9) – Veisiejai Regional Park Directorate (tel. +370 318 56 782, vrp@etakas.lt);</li> <li>5. Sculpture park in the centre of Veisiejai (Vytauto st./S. Dariaus ir S. Girėno g);</li> <li>6. Monumental composition where the house of Juozas Neimontas once was (Vytauto st.);</li> <li>7. St. George Church (S. Dariaus ir S. Girėno st. 1);</li> <li>8. Veisiejai Region Museum (Vytauto st. 47, tel. +370 318 56 535, +370 614 48 387);</li> <li>9. Old Jewish Cemetery (V. Montvilos st.);</li> <li>10. Grave of Juozas Neimontas (Vytauto st., Veisiejai town cemetery);</li> <li>11. The place where the house of L. L. Zamenhof was (L. Zamenhofo st.).</li> </ol> <p><b>Kapčiamiestis locality:</b></p> <ol style="list-style-type: none"> <li>1. Vainežeris defensive fortifications, Okopka (Vainežeris village, Kapčiamiestis Administrative Area);</li> <li>2. Park of the former Vainežeris manor house (Vainežeris village, Kapčiamiestis Administrative Area)</li> <li>3. Ancient Mečiūnai settlement (Mečiūnai village, Kapčiamiestis Administrative Area).</li> </ol> |                  |             |
| Accommodation services         | <p><b>Rural Tourism Homestead of Veisiejai School of Technologies and Business</b>, Kailiniai village, Veisiejai Administrative Area (+370 318 56 579, info@tvm.veisiejai.im.lt);</p> <p><b>NIEDA</b>, Kapčiamiestis, Lazdijai District Municipality (tel.: +370 682 20 006, +370 615 25 985);</p> <p><b>PENKTAS SEZONAS</b>, Pastovys lake, Padumblių village, Kapčiamiestis Administrative Area (tel. +370 620 26 922, info@5sezonas.lt, www.5sezonas.lt).</p> <p><b>Lodging houses:</b></p> <p><b>Silva Jakštienė</b>, M. Bižytės 2a, Veisiejai (tel.: +370 671 97 721, +370 686 23 830, 8 318 56 240).</p> <p><b>Rest houses:</b></p> <p><b>ANČIA</b>, Jezdas village, Kapčiamiestis Administrative Area (tel. +370 687 32 016).</p> <p><b>Camp:</b></p> <p><b>Sonata Varnelienė camp</b>, Kailiniai village, Veisiejai Administrative Area (tel.: +370 688 86 831, +370 686 08 663, +370 318 56 272, sonatavar@gmail.com, www.sauletekiobaidares.lt).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                  |             |
| Catering services              | <p><b>Cafes in Veisiejai:</b></p> <p>Health, Tourism and Service centre „Ančia“, Vytauto st. 21, Veisiejai (tel. +370 652 99 610);</p> <p>„Snieguolė“, S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236) (booking required).</p> <p><b>Cafes in Kapčiamiestis:</b></p> <p>Café-bar „Banga“, Private Enterprise of V. Varnelis, Taikos st. 2, Kapčiamiestis (tel. +370 682 12 786, +370 318 43 146).</p> <p><b>Shopping in Veisiejai:</b></p> <p>„Snieguolė“, Private Enterprise of V. Barštienė – S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236);</p> <p>Private Enterprise of V. Škarnulis – Leipalingio st. 31, Veisiejai (tel. +370 318 56 175);</p> <p>„Hekorna“, UAB – Ateities st. 3, Veisiejai (tel. +370 650 11 318);</p> <p>„Aibė“ – J. Neimonto st. 1, Veisiejai (tel. +370 318 56 151);</p> <p>„Jaunystė“ – Leipalingio st. 27, Veisiejai (tel. +370 318 56 143).</p> <p><b>Shopping in Kapčiamiestis:</b></p> <p>„Banga“, Private Enterprise of V. Varnelis - Taikos st. 2, Kapčiamiestis (+370 682 12 786, +370 318 43 146);</p> <p>KB „Lazdijų prekyba“ – Kapčiamiestis (+370 318 43 196);</p> <p>Private Enterprise of R. Maciulevičius – Taikos st. 16, Kapčiamiestis (+370 318 43 123);</p> <p>UAB „RAMAVITA“ – Veisiejų st. 27, Kapčiamiestis.</p>                                                                                                                                                                                 |                  |             |
| Rent of water sports equipment | <p>„Baidarės Džukioje“, Veisiejai, Lazdijai District Municipality (tel. +370 600 96 282, +370 670 45 456, baidaresdzukioje@gmail.com);</p> <p>„Saulėtekio baidarės“, Kailiniai village, Lazdijai District Municipality (tel. +370 686 08 663, +370 688 86 831, sauletekiobaidares@yahoo.co.uk, www.sauletekiobaidares.lt);</p> <p>„Nieda“, Kapčiamiestis, Lazdijai District Municipality (tel. +370 682 20 006, +370 615 25 985, sodybanieda@gmail.com);</p> <p>Žydrūnas Dumbliauskas, Mechanizatorių st. 1a, Kapčiamiestis, Lazdijai District Municipality (tel. +370 612 07 640, jurgitukas3@gmail.com).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                  |             |



## Veisiejis lake – the river Nieda – Kapčiamiestis (canoeing)

Route map, page 11

|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                  |             |
|------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|-------------|
| Start point            | Dainaviškiai village                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Duration         | 2–3 days    |
| End point              | Dainaviškiai village                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Route length     | About 63 km |
|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Difficulty level | Easy        |
| Places of interest     | <p><b>Kapčiamiestis locality:</b></p> <ol style="list-style-type: none"> <li>1. Paveisininkai Mound (Paveisininkai village, Kapčiamiestis Administrative Area.);</li> <li>2. Paveisininkai ancient settlement (Paveisininkai village, Kapčiamiestis Administrative Area);</li> <li>3. St. Therese of the Child Jesus Church (Paveisininkai village, Kapčiamiestis Administrative Area).</li> </ol> <p><b>Kapčiamiestis:</b></p> <ol style="list-style-type: none"> <li>1. Emilia Plater Museum, Kapčiamiestis (Taikos st. 11, tel. +370 612 67 491);</li> <li>2. Grave of Countess Emilia Plater, leader of the insurrection in 1831 (Taikos st.);</li> <li>3. Memorial in the honor of Emilia Plater (Kapčiamiestis Central Square);</li> <li>4. Catholic church of the Divine Providence in Kapčiamiestis (Č. Sasnausko st. 5);</li> <li>5. House of the composer Česlovas Sasnauskas, with a memorial plaque (Č. Sasnausko st. 4).</li> </ol>                                                                                                                                                                                                                                                                                                                                                      |                  |             |
| Accommodation services | <p><b>Rural Tourism Homesteads:</b></p> <p><b>KOTRYNOS SALA</b>, Paveisėjai village, Veisiejai Administrative Area (tel.: +370 698 76 399, +370 686 08 634, +370 699 45 119; rickus999@yahoo.com, www.kotrynossala.lt);</p> <p><b>ŠILAS</b>, Paveisėjai village, Veisiejai Administrative Area (tel. +370 686 83 386; silosodyba@one.lt, www.sodyba.puslapiai.lt);</p> <p><b>NIEDA</b>, Niedus lake, Kareivonys village, Kapčiamiestis Administrative Area (tel. +370 682 20 006; sodybanieda@gmail.com, www.nieda.lt).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                  |             |
| Catering services      | <p><b>Cafes in Veisiejai:</b></p> <p>Health, Tourism and Service centre „Ančia“, Vytauto st. 21, Veisiejai (tel. +370 652 99 610);</p> <p>„Snieguolė“, S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236) (booking required).</p> <p><b>Cafes in Kapčiamiestis:</b></p> <p>Café-bar „Banga“, Private Enterprise of V. Varnelis, Taikos st. 2, Kapčiamiestis (tel. +370 682 12 786, +370 318 43 146).</p> <p><b>Shopping in Veisiejai:</b></p> <p>„Snieguolė“, Private Enterprise of V. Barštienė – S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236);</p> <p>Private Enterprise of V. Škarnulis – Leipalingio st. 31, Veisiejai (tel. +370 318 56 175);</p> <p>„Hekorna“, UAB – Ateities st. 3, Veisiejai (tel. +370 650 11 318);</p> <p>„Aibė“ – J. Neimonto st. 1, Veisiejai (tel. +370 318 56 151);</p> <p>„Jaunystė“ – Leipalingio st. 27, Veisiejai (tel. +370 318 56 143).</p> <p><b>Shopping in Kapčiamiestis:</b></p> <p>„Banga“, Private Enterprise of V. Varnelis - Taikos st. 2, Kapčiamiestis (+370 682 12 786, +370 318 43 146);</p> <p>KB „Lazdijų prekyba“ – Kapčiamiestis (+370 318 43 196);</p> <p>Private Enterprise of R. Maciulevičius – Taikos st. 16, Kapčiamiestis (+370 318 43 123);</p> <p>UAB „RAMAVITA“ – Veisiejų st. 27, Kapčiamiestis.</p> |                  |             |
| Rent of canoes         | <p>„Baidarės Dzūkijoje“, Veisiejai, Lazdijai District Municipality (tel. +370 600 96 282, +370 670 45 456, baidaresdzukioje@gmail.com);</p> <p>„Saulėtekio baidarės“, Kailiniai village, Lazdijai District Municipality (tel. +370 686 08 663, +370 688 86 831, sauletekiobaidares@yahoo.co.uk, www.sauletekiobaidares.lt);</p> <p>„Nieda“, Kapčiamiestis, Lazdijai District Municipality (tel. +370 682 20 006, +370 615 25 985, sodybanieda@gmail.com);</p> <p>Žydrūnas Dumbliauskas, Mechanizatorių st. 1a, Kapčiamiestis, Lazdijai District Municipality (tel. +370 612 07 640, jurgitukas3@gmail.com)</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                  |             |







**Veisiejai – Ančia lake – river Baltoji Ančia – Baltoji Ančia Power Station – Nemunas (canoeing) – page 8;**

**Veisiejai – Ančia – Jezdas (boat, pedalos) – page 9;**

**Veisiejis lake – river Nieda – Kapčiamiestis (canoeing) – page 10.**

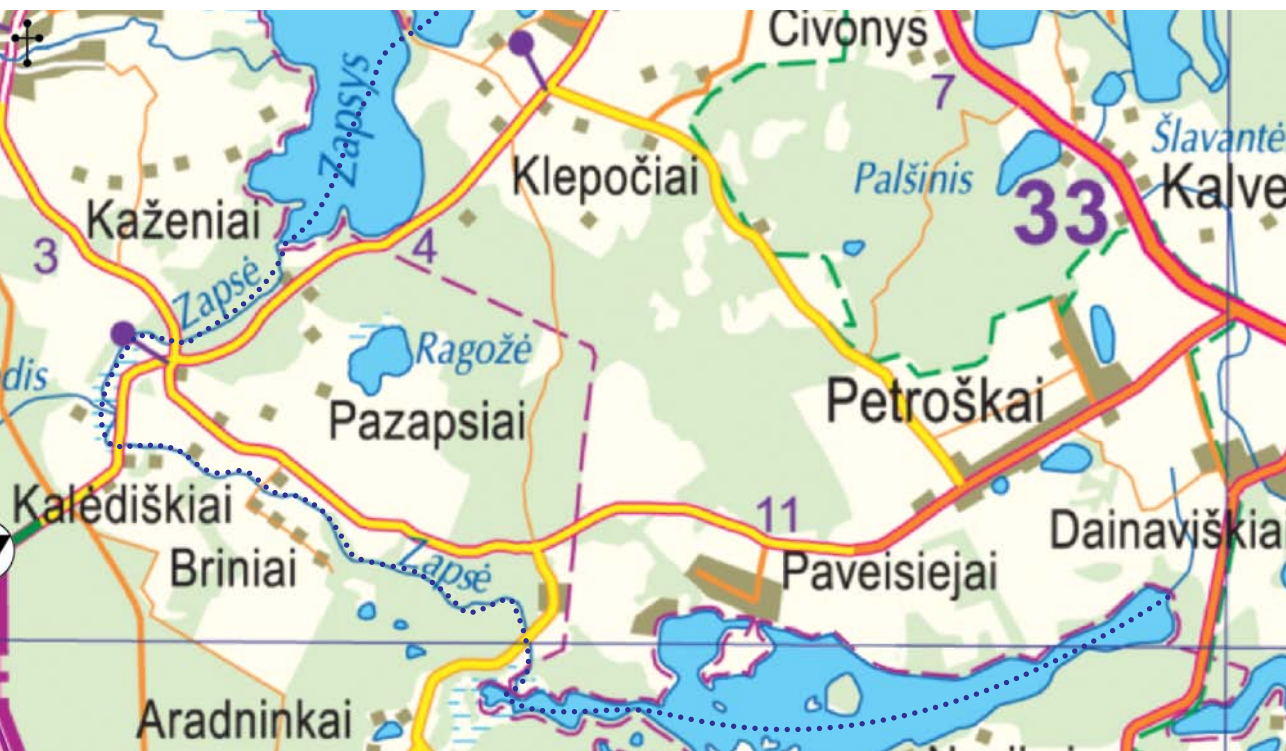


**BELARUS**



## Zapsis lake – the river Zapsis – Veisiejis lake – Dainaviškiai village (canoeing)

|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                  |             |
|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|-------------|
| Start point            | Zapsis lake                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Duration         | 1 day       |
| End point              | Dainaviškiai village                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Route length     | About 30 km |
|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Difficulty level | Easy        |
| Places of interest     | <p><b>Kučūnai locality:</b></p> <ol style="list-style-type: none"> <li>1. Aradninkai manor (Aradninkai village, Kučiūnai Administrative Area);</li> <li>2. Aradninkai and Zapsė ancient settlements (Aradninkai village, Kučiūnai Administrative Area).</li> </ol> <p><b>Kapčiamiestis locality:</b></p> <ol style="list-style-type: none"> <li>1. Paveisininkai Mound (Paveisininkai village, Kapčiamiestis Administrative Area.);</li> <li>2. Paveisininkai ancient settlement (Paveisininkai village, Kapčiamiestis Administrative Area);</li> <li>3. St. Therese of the Child Jesus Church (Paveisininkai village, Kapčiamiestis Administrative Area).</li> </ol>                                                                      |                  |             |
| Accommodation services | <p><b>Rural Tourism Homesteads:</b></p> <p><b>KOTRYNOS SALA</b>, Paveisiejai village, Veisiejai Administrative Area (tel.: +370 698 76 399, +370 686 08 634, +370 699 45 119, rickus999@yahoo.com, www.kotrynossala.lt);</p> <p><b>ŠILAS</b>, Paveisiejai village, Veisiejai Administrative Area (tel. +370 686 83 386, silosodyba@one.lt, www.sodyba.puslapiai.lt).</p>                                                                                                                                                                                                                                                                                                                                                                   |                  |             |
| Catering services      | <p><b>Cafes in Veisiejai:</b></p> <p>Health, Tourism and Service centre „Ancia“, Vytauto st. 21, Veisiejai (tel. +370 652 99 610);</p> <p>„Snieguolė“, S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236) (booking required).</p> <p><b>Shopping in Veisiejai:</b></p> <p>„Snieguolė“, Private Enterprise of V. Barštienė – S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236);</p> <p>Private Enterprise of V. Škarnulis – Leipalingio st. 31, Veisiejai (tel. +370 318 56 175);</p> <p>„Hekorna“, UAB – Ateities st. 3, Veisiejai (tel. +370 650 11 318);</p> <p>„Aibė“ – J. Neimonto st. 1, Veisiejai (tel. +370 318 56 151);</p> <p>„Jaunystė“ – Leipalingio st. 27, Veisiejai (tel. +370 318 56 143).</p> |                  |             |
| Rent of canoes         | <p>„Baidarės Džukijoje“, Veisiejai, Lazdijai District Municipality (tel.: +370 600 96 282, +370 670 45 456, baidaresdzukijoje@gmail.com);</p> <p>„Saulėtekio baidarės“, Kailiniai village, Lazdijai District Municipality (tel.: +370 686 08 663, +370 688 86 831, sauletekiobaidares@yahoo.co.uk, www.sauletekiobaidares.lt);</p> <p>„Nieda“, Kapčiamiestis, Lazdijai District Municipality (tel.: +370 682 20 006, +370 615 25 985, sodybanieda@gmail.com);</p> <p>Žydrūnas Dumbliauskas, Mechanizatorių st. 1a, Kapčiamiestis, Lazdijai District Municipality (tel. +370 612 07 640, jurgitukas3@gmail.com).</p>                                                                                                                        |                  |             |







## River Mara (canoeing)

|                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                         |             |
|-------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|-------------|
| <b>Start point</b>            | Junction of the two countries (Lithuania - Poland, Subačiai village, near the state border sign No. 019)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | <b>Duration</b>         | 1 day       |
| <b>End point</b>              | Junction of the three countries (Lithuania - Poland - Belarus) (Kuodžiai village, at the state border sign No. 001)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | <b>Route length</b>     | About 30 km |
|                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | <b>Difficulty level</b> | Easy        |
| <b>Route description</b>      | The bendy Marycha river has not been discovered by travelers yet. Going down the Marycha river you will forget about civilization and admire the inspiring beauty of nature instead. At some points this river creates a natural border between Lithuania and Poland and Lithuania and Belarus. In the middle of the river bed at Kuodžiai village, you will find the junction of the three countries – Lithuania, Poland and Belarus. If you choose this route you must have your identity documents.                                                                                                                           |                         |             |
| <b>Accommodation services</b> | <b>Rural tourism homesteads:</b><br><b>NIEDA</b> , Kapčiamiestis, Lazdijai District Municipality (tel.: +370 682 20 006, +370 615 25 985);<br><b>PENKTAS SEZONAS</b> , Pastovys lake, Padumbliai village, Kapčiamiestis Administrative Area (tel. +370 620 26 922, info@5sezonas.lt, www.5sezonas.lt).                                                                                                                                                                                                                                                                                                                           |                         |             |
| <b>Catering services</b>      | <b>Cafes in Kapčiamiestis:</b><br>Café-bar „Banga“, Private Enterprise of V. Varnelis, Taikos st. 2, Kapčiamiestis (tel. +370 682 12 786, +370 318 43 146).<br><b>Shopping in Kapčiamiestis:</b><br>„Banga“, Private Enterprise of V. Varnelis - Taikos st. 2, Kapčiamiestis (+370 682 12 786, +370 318 43 146);<br>KB „Lazdijų prekyba“ – Kapčiamiestis (+370 318 43 196);<br>Private Enterprise of R. Maciulevičius – Taikos st. 16, Kapčiamiestis (+370 318 43 123);<br>UAB „RAMAVITA“ – Veisiejų st. 27, Kapčiamiestis.                                                                                                      |                         |             |
| <b>Rent of canoes</b>         | <b>„Baidarės Džukijoje“</b> , Veisiejai, Lazdijai District Municipality (tel.: +370 600 96 282, +370 670 45 456, baidaresdzukijoje@gmail.com);<br><b>„Saulėtekio baidarės“</b> , Kailiniai village, Lazdijai District Municipality (tel.: +370 686 08 663, +370 688 86 831, sauletekiobaidares@yahoo.co.uk, www.sauletekiobaidares.lt);<br><b>„Nieda“</b> , Kapčiamiestis, Lazdijai District Municipality (tel.: +370 682 20 006, +370 615 25 985, sodybanieda@gmail.com);<br><b>Žydrūnas Dumbliauskas</b> , Mechanizatorių st. 1a, Kapčiamiestis, Lazdijai District Municipality (tel. +370 612 07 640, jurgitukas3@gmail.com). |                         |             |

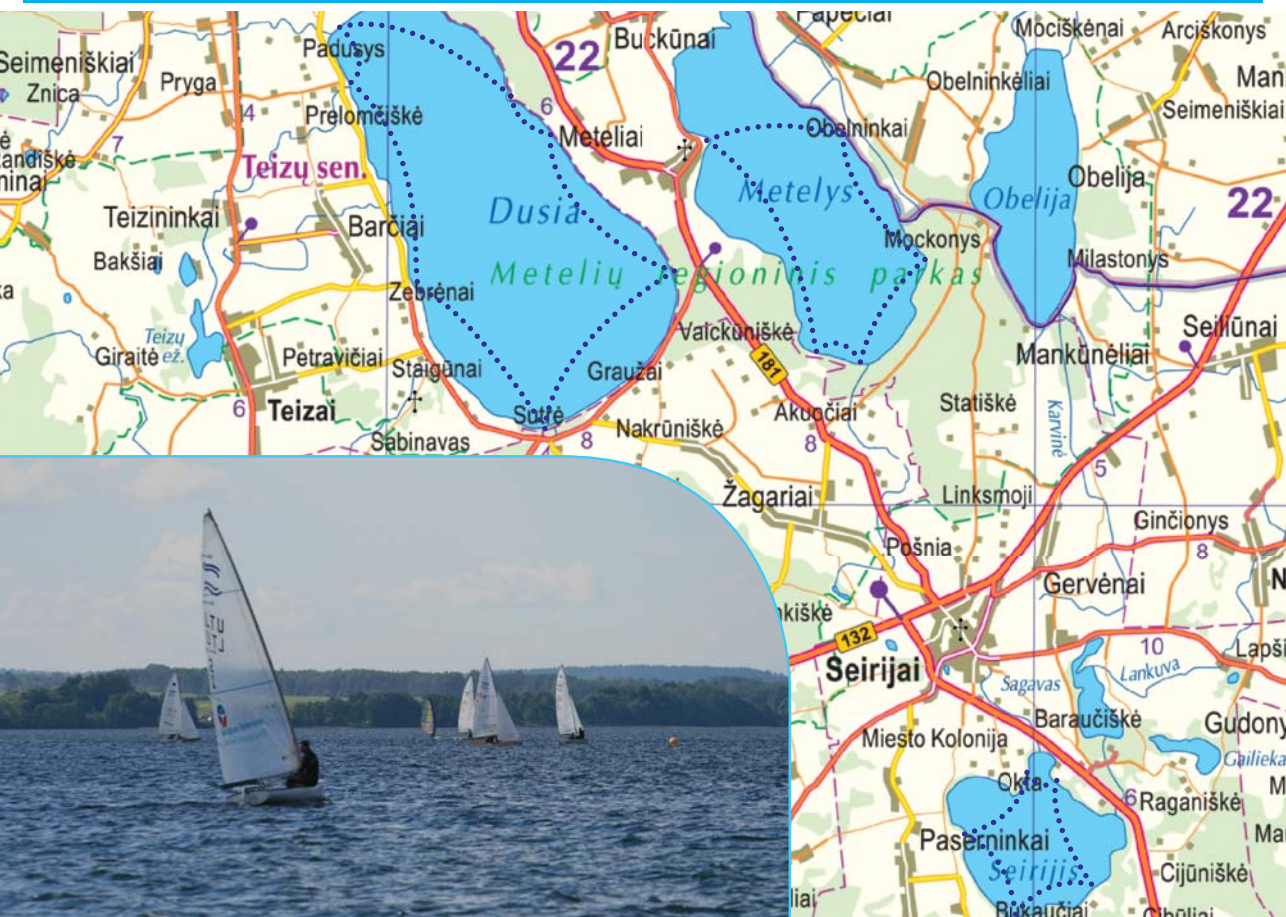


Public Institution „Lazdijai Tourism Information Centre“, tel.: +370 318 51160, +370 318 66130, +370 318 51881, +370 611 10855,  
 e-mail: turizmas@lazdijai.lt, turizmas.info@lazdijai.lt, tourism@lazdijai.lt. Tourism Centre in Punks, tel. +48 87 5161079, e-mail: cit@cit.ugpunsk.pl



## Surfboards, sailboards, canoes in Dusia lake

|                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                  |       |
|--------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|-------|
| Start point and end point      | Dusia lake                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Duration         | 1 day |
| Route length                   | About 22 km                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Difficulty level | Easy  |
| Places of interest             | <ol style="list-style-type: none"> <li>1. Meteliai Regional Park Directorate and School of Nature (Meteliai village, Seirijai Administrative Area);</li> <li>2. Saint Mary the Virgin Chapel (Crosses) (Staigūnai village, Teizai Administrative Area);</li> <li>3. Zebrėnai ancient settlement (Zebrėnai village, Teizai Administrative Area);</li> <li>4. Old graves of Barčiai (Barčiai village, Teizai Administrative Area);</li> <li>5. Prelomšė Mound and a settlement (Prelomšė village, Teizai Administrative Area);</li> <li>6. The Church of Transfiguration of Christ (Ežero st., Meteliai village, Seirijai Administrative Area).</li> </ol>                                                                                                                     |                  |       |
| Brief description of the lake  | <p>The third largest lake in Lithuania. Its western coasts are high and eastern coasts are lower. The coastal areas are waterlogged at some places, but the coasts are easily accessible. The shelf is very wide and sandy. The bottom is slightly wavy, the coastline is slightly rugged. On the north side of the lake there is a bigger bay Kojā, which gives birth to the rivulet Spėnia, running to Simnas lake. Dusia lake stretches from north to southeast. Southern and eastern coasts are covered with reed. There are some bulrush islands scattered along the lake.</p>                                                                                                                                                                                          |                  |       |
| Accommodation services         | <p><b>Rural Tourism Homesteads:</b></p> <p><b>S. Čėponis homestead</b>, Zebrėnai village, Teizai Administrative Area (tel. +370 687 73 488, pusinetroba@gmail.com);</p> <p><b>S. Čivinskiėnė homestead</b>, Vaickūniškė village, Seirijai Administrative Area (tel. +370 698 23 755, sodybadusia@gmail.com, www.civinskienesodyba.lt);</p> <p><b>VITRŪNA</b>, Meteliai village, Seirijai Administrative Area (tel. +370 687 70 748, vitruna@gmail.com, www.vitruna.lt);</p> <p><b>SRAIGĖ</b>, Straigiškė village, Seirijai Administrative Area (tel.: +370 686 67 579, +370 615 22 756, talandziai@gmail.com);</p> <p><b>KLĖTIS</b>, Teizininkai village, Teizai Administrative Area (tel.: +370 614 34 602, +370 318 45 995, elena.stuckiene@gmail.com, www.kletis.lt).</p> |                  |       |
| Catering services              | <p><b>Shopping in Meteliai:</b></p> <p>UAB „Lazdijų prekyba“, Meteliai village, Seirijai Administrative Area (tel. +370 318 43 640).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                  |       |
| Rent of water sports equipment | <p><b>VITRŪNA</b>, Meteliai village, Seirijai Administrative Area (tel. +370 687 70 748, vitruna@gmail.com, www.vitruna.lt).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                  |       |

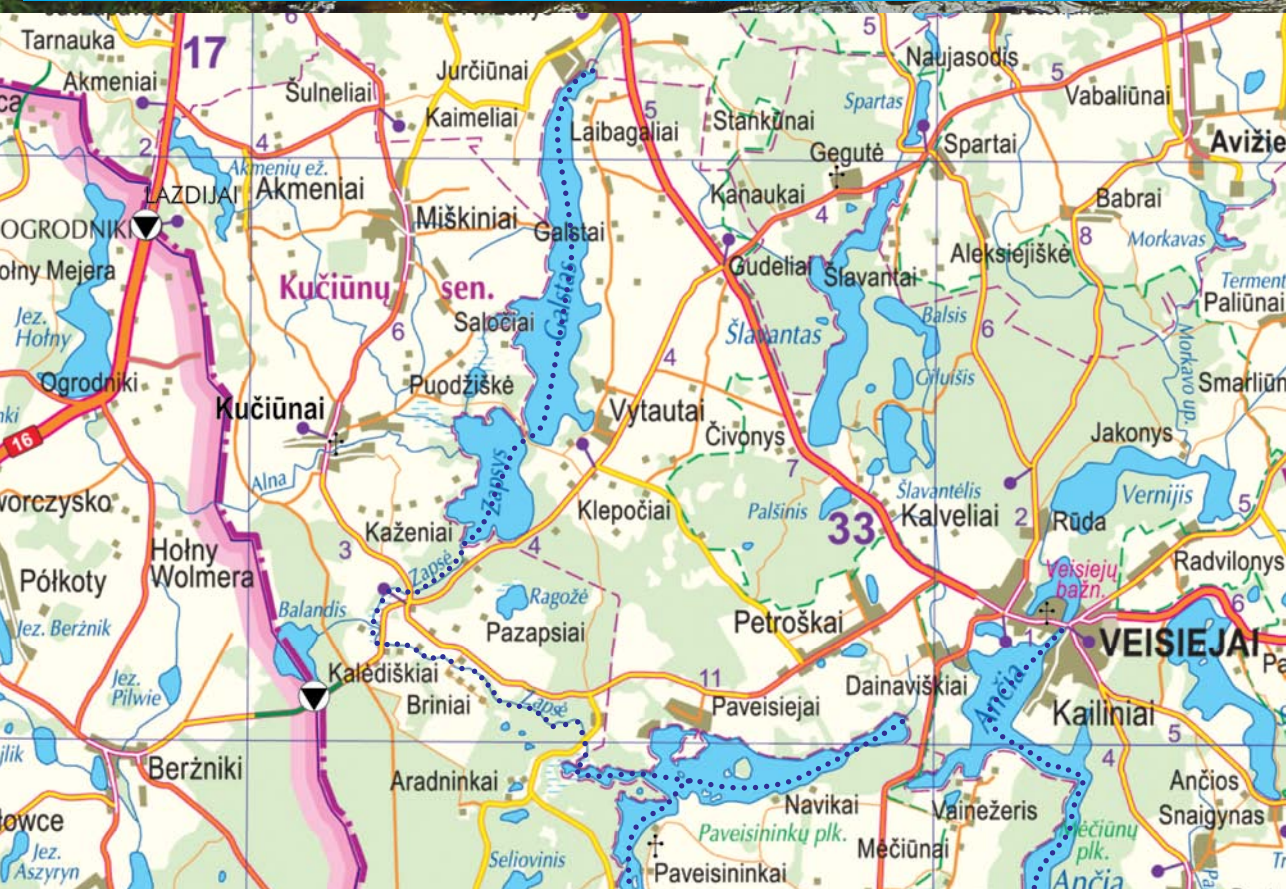






## Galstas lake – yacht

|                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                  |             |
|-------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|-------------|
| Start point                   | Rural tourism homestead „Z. Karaliaus Galsto sodyba“ and rural tourism homestead „Pas Vyta“                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Duration         | 1 day       |
| End point                     | Rural tourism homestead „Z. Karaliaus Galsto sodyba“ and rural tourism homestead „Pas Vyta“                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Route length     | About 16 km |
|                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Difficulty level | Easy        |
| Brief description of the lake | Northern coasts of the lake are high and steep and southern coasts are lower. Some bays are waterlogged, but the lake is deep. Several springy rivulets discharge into Galstas lake. The lake looks like a ditch, which becomes wider in the southern part. The bottom of the lake is full of hollows with steep slopes. The northern shelf is narrow, but the southern shelf is a little bit wider. The coastline is covered by sparse plants such as reed and bulrush growing in clusters. These plants do not form a continuous strip. Submerged bottom plants do not form a continuous line – they mostly concentrate in more shallow areas. The coasts are covered with trees and bushes; the northern coastline adjoins the forest. The southern part of Galstas lake gives birth to the rivulet, which discharges its waters into the lake Zapsis. |                  |             |
| Accommodation services        | <b>Rural Tourism Homesteads:</b><br><b>Z. Karalius Galstas homestead</b> , Galstas lake, Saločiai village, Kučiūnai Administrative Area (tel. +370 698 78 040; vejukas@infoseka.lt);<br><b>Pas Vyta</b> , Miškiniai village, Kučiūnai Administrative Area (tel. +370 620 79 682; info@pasvyta.lt, www.pasvyta.lt);<br><b>R. Vaškevičius homestead</b> , Saločiai village, Kučiūnai Administrative Area (tel. +370 610 83 715; justinoz@gmail.com).                                                                                                                                                                                                                                                                                                                                                                                                        |                  |             |
| Catering services             | <b>Cafes in Veisiejai:</b><br>Health, Tourism and Service Centre „Ancia“, Vytauto st. 21, Veisiejai (tel. +370 652 99 610);<br>„Snieguolė“, S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236) (booking required).<br><b>Shopping in Veisiejai:</b><br>„Snieguolė“, Private Enterprise of V. Baršienė – S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236);<br>Private Enterprise of V. Skarnulis – Leipalingio st. 31, Veisiejai (tel. +370 318 56 175);<br>„Hekorna“, UAB – Ateities st. 3, Veisiejai (tel. +370 650 11 318);<br>„Aibė“ – J. Neimonto st. 1, Veisiejai (tel. +370 318 56 151);<br>„Jaunystė“ – Leipalingio st. 27, Veisiejai (tel. +370 318 56 143).                                                                                                                                                        |                  |             |



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## Seirijis lake – jet boats, boats, water skis

Route map, page 14

|                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                  |            |
|-------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|------------|
| Start point                   | Beach in Okta village                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Duration         | 1 day      |
| End point                     | Beach in Okta village                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Route length     | About 9 km |
|                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Difficulty level | Easy       |
| Places of interest            | <b>Seirijai locality:</b> <ol style="list-style-type: none"> <li>1. A. Žmuidzinavičius Museum and Seirijai Secondary School History Museum (Metelių st. 7, Seirijai, Seirijai Administrative Area);</li> <li>2. Place of A. Žmuidzinavičius homestead (A. Žmuidzinavičiaus st., Seirijai, Seirijai Administrative Area);</li> <li>3. Seirijai Blessed Virgin Mary Church (Vytauto st. 35, Seirijai, Seirijai Administrative Area);</li> <li>4. Old Evangelical Lutheran Cemetery (Seirijai, Seirijai Administrative Area);</li> <li>5. Old Jewish Cemetery (Seirijai, Seirijai Administrative Area);</li> <li>6. Paseminkai Mound (Paseminkai village, Seirijai Administrative Area);</li> <li>7. Cemetery of Holocaust Victims (Baraučiškės village, Seirijai Administrative Area).</li> </ol> |                  |            |
| Brief description of the lake | Southern coasts are low and waterlogged; north east coasts are higher, hilly. Most waterlogged areas are located at the rivulets. The coastline is covered with trees and bushes. The lake is surrounded by farmlands. There are several rivulets discharging their waters into the lake. It also gives birth to the rivulet Seira. The coasts are slightly rugged, the shelf is wide. Just in some meters from the lake there are areas covered with reed.                                                                                                                                                                                                                                                                                                                                     |                  |            |
| Accommodation services        | <b>Rural Tourism Homesteads:</b><br>Užvėja, Seirijis lake, Baraučiškės village, Seirijai Administrative Area (tel. +370 618 46 655, vilmantal@gmail.com, www.uzveja.lt);<br>I. Paužuolis homestead, Sagavas lake, Šilaičiai village, Seirijai Administrative Area (tel. +370 678 80 922, sbuzaite@mail.com);<br>Šilaičiai, Gailiekas lake, Raganiškės village, Seirijai Administrative Area (tel.: +370 318 58 412, +370 687 50 549, info@grutoparkas.lt, www.grutoparkas.lt).                                                                                                                                                                                                                                                                                                                  |                  |            |
| Catering services             | <b>Cafes in Seirijai:</b><br>Café-bar „Seira“, Vytauto st. 36, Seirijai (tel. +370 318 58 368).<br><b>Shopping in Seirijai:</b><br>Viligitra, UAB, Vytauto st. 42, Seirijai (tel. +370 318 58 286);<br>A.Žmuidzinavičiaus st. 3, Seirijai (tel. +370 318 58 156);<br>Ramunė, Metelių st. 1, Seirijai (tel. +370 318 58 157).                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                  |            |

## Dusia lake







## Po Lazdijų rajoną

Route map, page 19

|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |          |                                 |
|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|---------------------------------|
| Route length           | About 110 km                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Pavement | Majority of roads are asphalted |
| Duration               | 1–2 days                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |          |                                 |
| Route description      | <p>For tourists arriving from Vilnius, Kaunas and Alytus we recommend to start the route from Seirijai town. Direction: Seirijai – Veisiejai – Viktorinas village – Kapčiamiestis – Veisiejai – Lazdijai – Verstaminai village – Babrauninkai village – Meteliai village – Seirijai. The route is circular and ends in Seirijai. If you are heading to Marijampolė, start from Meteliai to the direction of Simnas (not Seirijai). If you arrive from Varena or Druskininkai start the trip from Veisiejai and follow the directions: Veisiejai – Viktorinas village – Kapčiamiestis – Veisiejai – Lazdijai – Verstaminai village – Babrauninkai village – Meteliai village – Seirijai – Veisiejai. If you arrive from Poland, start your trip from Lazdijai and follow the directions: Lazdijai – Verstaminai village – Babrauninkai village – Meteliai village – Seirijai – Veisiejai – Viktorinas village – Kapčiamiestis – Veisiejai – Lazdijai.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |          |                                 |
| Places of interest     | <p>Seirijai: Church of Saint Mary's Scapular (Vytauto st. 25); Antanas Žmuidzinavičius homestead (A.Žmuidzinavičiaus st.); Antanas Žmuidzinavičius Secondary school museum; Old Jewish Cemetery; Old Evangelical Lutheran Cemetery.</p> <p>Šlavantai locality: Šlavantai Mound with a settlement (Šlavantai village, Šlavantai Administrative Area); Annunciation of the Blessed Virgin Mary Church (Gegutė village, Šlavantai Administrative Area.).</p> <p>Veisiejai: Sculpture Park in the centre of Veisiejai (Vytauto st./S. Dariaus ir S. Girėno st.); Ruins of the former Veisiejai manor house (Santarvės st. 9) – Veisiejai Regional Park Directorate (tel. +370 318 56 782, vrp@takas.lt); Veisiejai ash-tree (Veisiejai Town Park); Veisiejai fountain with light and sound effects (Veisiejai Town Park) Memorial in the honor of the founder of Esperanto language Ludwig Lazarus Zamenhof (Veisiejai Town Park); Monumental composition where the house of Juozas Neimontas once was (Vytauto st.); St. George Church (S. Dariaus ir S. Girėno g); Veisiejai Region Museum (Vytauto st. 47, tel.: +370 318 56 535, +370 614 48 387); The place where the house of L. L. Zamenhof was (L. Zamenhofo st.); Grave of Juozas Neimontas (Vytauto st., Veisiejų miesto kapinės); Old Jewish Cemetery (V. Montvilos st.).</p> <p>Kapčiamiestis: Catholic church of the Divine Providence in Kapčiamiestis (Č. Sasnausko st. 5); House of the composer Česlovas Sasnauskas, with a memorial plaque (Č. Sasnausko st. 4); Memorial in the honor of Emilia Plater (Kapčiamiestis Central Square); Grave of Countess Emilia Plater, leader of the insurrection in 1831 (Taikos st.); Emilia Plater Museum, Kapčiamiestis (Taikos st. 11, tel. +370 614 02 524); Ancient Kapčiamiestis settlement Pinčiaragis.</p> <p>Kapčiamiestis locality: Park of the former Vainežeris manor house (Vainežeris village, Kapčiamiestis Administrative Area); Vainežeris defensive fortifications, Okopka (Vainežeris village, Kapčiamiestis Administrative Area); Dainaviškiai old cemetery (Dainaviškiai village, Kapčiamiestis Administrative Area).</p> <p>Viktorinas locality: Hill "Prancūzkalnis" (French Hill) (Bertašiūnai village, Veisiejai Administrative Area).</p> <p>Lazdijai: Lazdijai Region Museum (Seinų st. 29); Museum of Fights for Freedom (Vytauto st. 11); Motiejus Gustaitis Memorial Museum (Seinų st. 31); Lazdijai St. Anne's Church (Dainavos st. 4); Independence Monument (Central Square); Grave of M. Gustaitis (Lazdijai Cemetery, Kauno st.).</p> <p>Meteliai locality: Church of Transfiguration of Christ; Meteliai Regional Park Directorate and School of Nature; The Holow and the Great Širvintas Oaks.</p> |          |                                 |
| Accommodation services | <p>Café-Hotel „Seira“, Vytauto st. 36, Seirijai (tel. +370 318 58 368);</p> <p>Café-Hotel „Dvyniai“, Sodų st. 47, Lazdijai (tel. +370 318 52 710);</p> <p>Hotel „Žibintas“, Nepriklausomybės a. 4, Lazdijai (tel. +370 687 24 966);</p> <p>Rest house „ANČIA“, Ančia lake, Jezdas village, Kapčiamiestis Administrative Area (tel. +370 687 32 016);</p> <p>Silva Jakšienė Lodging House, M. Bižytės 2a, Veisiejai (tel.: +370 671 97 721, +370 686 23 830, +370 318 56 240).</p> <p>S. Varnelienė Camp, Kailiniai village, Veisiejai Administrative Area (tel.: +370 688 86 831, +370 686 08 663, +370 318 56 272, sonatavar@gmail.com, www.sauleteklobaidares.lt).</p> <p>A. Kubilius Camp, Kailiniai village, Veisiejai Administrative Area (tel. +370 610 93 138).</p> <p>Rural Tourism Homesteads:</p> <p>A. Sandienė, Ežero st. 2, Lazdijai (tel. +370 614 67 001, astosodyba@gmail.com);</p> <p>RASA, Gegutė village, Šlavantai Administrative Area (tel. +370 687 15 454, vidastomk@gmail.com);</p> <p>JOGINTA, Kalveliai village, Veisiejai Administrative Area (tel. +370 687 24 108, joginta@atostogoskaime.lt);</p> <p>Veisiejai School of Technologies and Business, Kailiniai village, Veisiejai Administrative Area (tel. +370 318 56 579, info@tvm.veisiejai.lm.lt);</p> <p>BERTAŠIŲNŲ VIENKIEMIS, Bertašiūnai village, Veisiejai Administrative Area (tel. +370 698 75 716, bertasiunai@gmail.com, www.bertasiunai.lt);</p> <p>VITRŪNA, Meteliai village, Seirijai Administrative Area (tel. +370 687 70 748, vitruna@gmail.com, www.vitruna.lt);</p> <p>S. Čivinskienė, Vaikūniškė village, Seirijai Administrative Area (tel. +370 698 23 755, sodybadusia@gmail.com, www.civinskienessodyba.lt);</p> <p>S. Baliukonis, Vaikūniškė village, Seirijai Administrative Area (tel.: +370 613 47 392, +370 674 05 865);</p> <p>V. Akromis, Vaikūniškė village, Seirijai Administrative Area (tel.: +370 698 46 291, +370 616 04 246, akromusodyba@atostogoskaime.lt, www.atostogoskaime.lt);</p> <p>OBELIJA, Mockonys village, Seirijai Administrative Area (tel.: +370 686 59 400, +370 315 64 562, obelijassodyba@gmail.com; www.obelijassodyba.lt);</p> <p>TRIKOJIS, Taikūnai village, Veisiejai Administrative Area (tel. +370 686 70 706, sodybatrikojis@gmail.com, www.atostogoskaime.lt);</p> <p>TĖVIŠKĖ, Kailiniai village, Veisiejai Administrative Area (tel.: +370 686 04 158, +370 616 80 026, +370 614 08 515, info@poilsiskaima.lt, www.poilsiskaima.lt);</p> <p>Jonas Liaukonis, Paterai village, Veisiejai Administrative Area (tel. +370 686 05 973, +370 686 90 017, samanais@samanis.lt).</p>                                                                                                             |          |                                 |
| Catering services      | <p>Cafes in Veisiejai:</p> <p>Health, Tourism and Service Centre „Ančia“, Vytauto st. 21, Veisiejai (tel. +370 652 99 610);</p> <p>„Snieguolė“, S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236).</p> <p>Cafes in Kapčiamiestis:</p> <p>Café-bar „Banga“, Private enterprise of V. Varnelis, Taikos st. 2, Kapčiamiestis (tel. +370 682 12 786, +370 318 43 146).</p> <p>Cafes in Seirijai:</p> <p>Café-hotel „Seira“, Vytauto st. 36, Seirijai (tel. +370 318 58 368).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |          |                                 |

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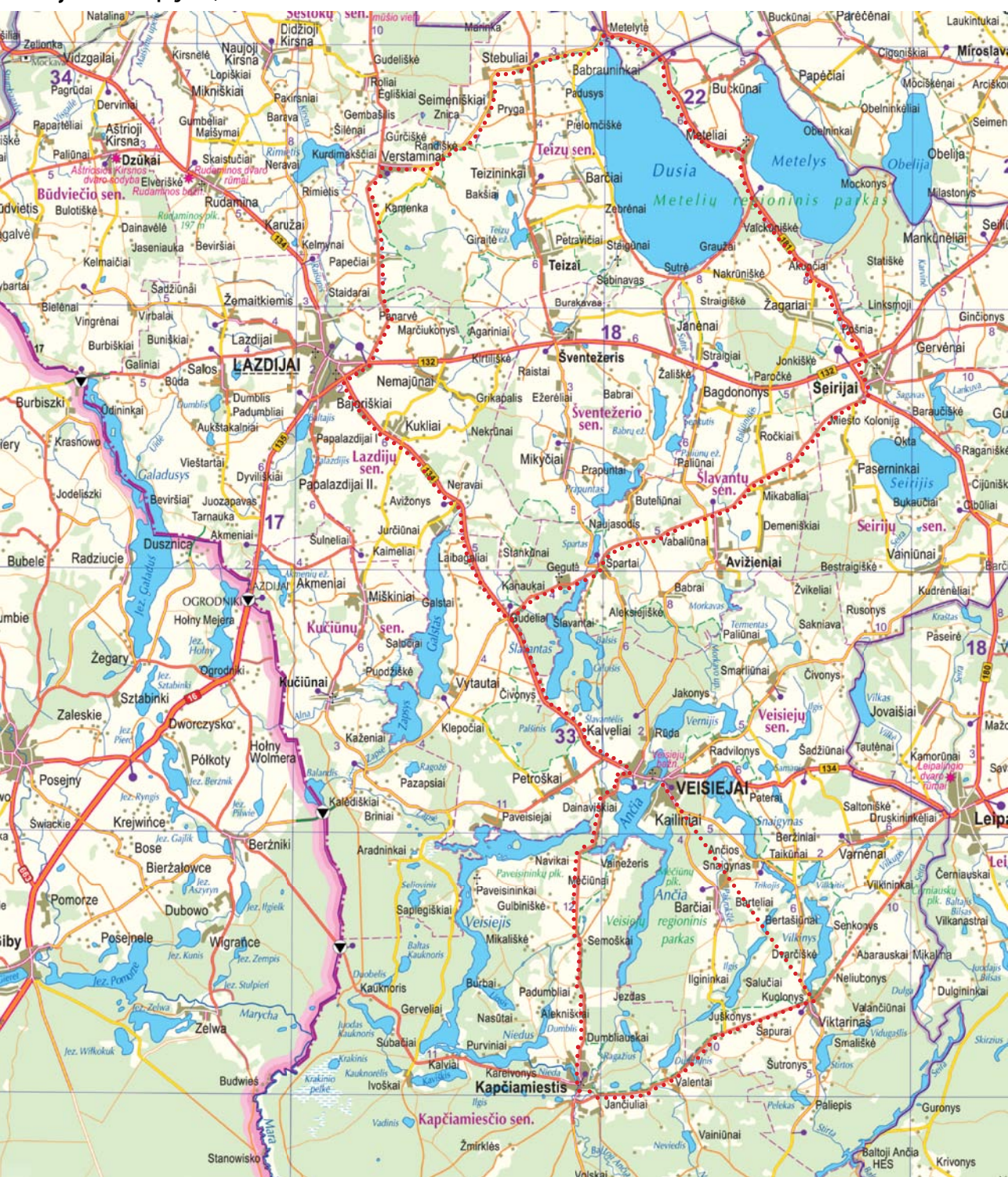
|                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|-----------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Catering services                                   | <p><b>Cafes in Lazdijai:</b><br/> DVYNIAI, Sodų st. 47, Lazdijai (tel. +370 318 52 710);<br/> NENDRĖ, Kauno st. 4, Lazdijai (tel. +370 318 51 001);<br/> TEMPAS, Turistų st. 98, Lazdijai (tel. +370 318 51 319, +370 698 78 220, +370 698 20 070);<br/> TRASA, Turistų st. 25, Lazdijai (tel. +370 318 59 854);<br/> KVAJA, Turistų st. 37, Lazdijai (tel. +370 682 56 001, +370 616 92 047);<br/> PAS MANTA, Nepriklausomybės a. 4, Lazdijai (tel. +370 318 59 854, +370 673 77979).</p> <p><b>Shopping in Veisiejai:</b><br/> „Snieguolė“, V. Barštienės IJ – S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236);<br/> V. Škarnulio PJ – Leipalingio st. 31, Veisiejai (tel. +370 318 56 175);<br/> „Hekorna“, UAB – Ateities st. 3, Veisiejai (tel. +370 650 11 318);<br/> „Aibė“ – J. Neimonto st. 1, Veisiejai (tel. +370 318 56 151); „Jaunystė“ – Leipalingio st. 27, Veisiejai (tel. +370 318 56 143).</p> <p><b>Shopping in Kapčiamiestis:</b><br/> „Banga“, Private Enterprise of V. Varnelis Taikos st. 2, Kapčiamiestis (tel. +370 682 12 786, +370 318 43 146);<br/> KB „Lazdijų prekyba“ – Kapčiamiestis (tel. +370 318 43 196);<br/> R. Maciulevičius Private Enterprise – Taikos st. 16, Kapčiamiestis (tel. +370 318 43 123);<br/> UAB „RAMAVITA“ – Veisiejų st. 27, Kapčiamiestis.</p> <p><b>Shopping in Avižieniai:</b><br/> UAB „Viligitra“, Avižieniai, Šlavantų sen. (tel. +370 318 41 392).</p> <p><b>Shopping in Seirijai:</b><br/> Viligitra, Vytauto st. 42, Seirijai (tel. +370 318 58 286);<br/> A. Žmuidzinavičiaus st. 3, Seirijai (tel. +370 318 58 156);<br/> Ramunė, Metelių st. 1, Seirijai (tel. +370 318 58 157).</p> <p><b>Shopping in Verstaminai:</b><br/> G. Mizeras Private Enterprise, Verstaminai, Teizai Administrative Area (tel. +370 318 45 179);<br/> Verstaminai store, Verstaminai, Teizai Administrative Area;<br/> Meteliai store, UAB „Lazdijų prekyba“, Meteliai village, Seirijai Administrative Area (tel. +370 318 43 640).</p> <p><b>Shopping in Lazdijai:</b><br/> MAXIMA - Kauno st. 4; AIBĖ – M. Gustaičio st. 8/Seinų st. 8; IKI – Seinų st. 4; CENTO – Sodų st. 10; NORFA – Džukų st. 3; „Eljovita“ – Seinų st. 18; „Pakelė“ – Turistų st. 82; „Tujelė“ – Kauno st. 48; R. Makutėnienė Private Enterprise – Vytauto st. 20; „Lazdijų duona“ – Turistų st. 1, Vytauto g. 36, Seirijai (tel. +370 318 58368).</p> |
| Other services                                      | <p>Stud farm „Seirijų žirgai“, Vytauto g 36, Seirijai (tel.: +370 318 58 365, +370 688 81 277, www.seirijaihorses.com);<br/> Veisiejų VTM, Kailiniai village, Veisiejai Administrative Area (tel. +370 318 56 579, info@tvm.veisiejai.lm.lt).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| For more information about the route please contact | <p>Meteliai Regional Park Directorate, Meteliai village (tel. +370 318 43 649, www.meteliuparkas.lt);<br/> Veisiejai Regional Park Directorate, Santarvės st. 9, Veisiejai (tel. +370 318 56 782).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Guide services                                      | <p>Audronė Pileckienė (tel. +370 611 45721, e-mail: audrone.pileckiene@gmail.com);<br/> Jonas Malinauskas (tel. +370 687 56765, e-mail: jomal@delfi.lt, jonas.malinauskas@gmail.com);<br/> Lina Džiaukštienė (tel. +370 687 12537, e-mail: gydytoja@lazdijai.lt);<br/> Birutė Talandienė (tel. +370 685 46925, e-mail: bitala@one.lt);<br/> Kristina Kondratavičiūtė (tel. +370 622 02715, e-mail: kriste.k22@delfi.lt);<br/> Irma Maciulevičienė (tel. +370 614 29952, e-mail: irmamaciul@gmail.com);<br/> Valdas Subačius (tel. +370 676 05925, e-mail: virmara@one.lt);<br/> Dalia Vievesienė (tel. +370 618 13946, e-mail: vikdalia@gmail.com);<br/> Albinas Jarmala (tel. +370 687 24008, e-mail: albinasjarmala@gmail.com);<br/> Laima Patackaitė (tel. +370 625 85865, e-mail: laima21@email.com);<br/> Albina Ramanauskienė (tel. +370 672 35392, alba991@yahoo.com).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |







## Lazdijai District – pages 17, 18



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e-mail: turizmas@lazdijai.lt, turizmas.info@lazdijai.lt, tourism@lazdijai.lt. Tourism Centre in Punks, tel. +48 87 5161079, e-mail: cit@cit.ugpunska.pl





## Galadusis Lake Ring

Route map, page 45

|                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                  |       |
|-----------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|-------|
| Start point and end point                           | Public Institution „Lazdijai Tourism Information Centre“, Janaslavas village                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Duration         | 1 day |
| Route length                                        | About 64 km                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Difficulty level | Easy  |
| Pavement, hilliness                                 | Various (asphalt, gravel roads, forest paths).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                  |       |
| Brief description of the lake                       | The Polish-Lithuanian border divides the lake into two parts. The lake covers the area of 729 ha. Its average depth is about 5,9 m. The lake is almost oblong in shape, with some islands and bays.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                  |       |
| Places of interest                                  | <p><b>Lazdijai:</b> Lazdijai Region Museum (Seinų st. 29); Museum of Fights for Freedom (Vytauto st. 11); Motiejus Gustaitis Memorial Museum (Seinų st. 31); Lazdijai St. Anne's Church (Dainavos st. 4); Independence Monument (Central Square); Grave of M. Gustaitis (Lazdijai Cemetery, Kauno st.) Old Jewish Cemetery (Lazdijai); Evangelical Lutheran Cemetery (Lazdijai).</p> <p><b>Lazdijai locality:</b> Papalazdijai Mound (Papalazdijai village, Lazdijai Municipality); Cemetery of Holocaust Victims (Katkiškės village, Lazdijai Municipality); Ūdininkai Ancient Settlement (Ūdininkai village, Lazdijai Municipality); Ūdininkai Mound (Ūdininkai village, Lazdijai Municipality); Buniškės Mound (Buniškės village, Lazdijai Municipality).</p> <p><b>Punksk:</b> Lithuanian Culture House in Punksk; Old Rectory; The monument commemorating Punksk parish's 400th anniversary built in 1997; Synagogue (Mickevičiaus st.); Chapel of the old cemetery; Chapel of the new cemetery; Lithuanian Culture Centre (LLK), Ethnographic Museum of the 19th century.</p> <p><b>Punksk locality:</b> Haberman family's chapel and grave in Smalėnai (19th century); St. Isidore Church and Monastery in Smalėnai; Tourism and Recreation Centre „Šilainės“ (formerly known as Šilainė); Jotvingian and Prussian settlement; Memorial in the honor of the restoration of Lithuania's independence (Kampučiai); Old railway station in Trakiškės (19th century); Memorial in the honor of the book distributor Povilas Matulevičius in Kreivėnai.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                       |                  |       |
| Accommodation services                              | <p><b>Lazdijai:</b><br/> <b>Café-Hotel „Dvyniai“</b>, Sodų st. 47, Lazdijai (tel. +370 318 52 710);<br/> <b>Hotel „Žibintas“</b>, Nepriklausomybės a. 4, Lazdijai (tel. +370 687 24 966);<br/> <b>A. Sandienė rural tourism homestead</b>, Ežero st. 2, Lazdijai (tel. +370 614 67 001, astossodyba@gmail.com).<br/> <b>Rural tourism homesteads in Lazdijai locality:</b><br/> <b>VILJA</b>, Akmeniai village, Kučiūnai Administrative Area (tel. +370 685 27 556, anulis@one.lt);<br/> <b>AKMENĖLIS</b>, Akmeniai village, Kučiūnai Administrative Area (tel. +370 612 75 419, valdelisv@takas.lt, www.akmenelis.lt);<br/> <b>V. Pečiulienė</b>, Bielėnai village, Būdvietis Administrative Area (tel. +370 616 97 686).<br/> <b>Rural tourism homesteads in Punksk locality:</b><br/> <b>Prie ežerėlio</b>, Kampučiai village 10, 16–515 Punksk, Poland (tel.: +48 875 161454, +48 691 405791, juozas.pecius@neastrada.pl);<br/> <b>Šilainė</b>, Ōžkiniai village, 41, 16–515 Punksk, Poland (tel.: +48 875 161242, +48 875 161712, +48 609 438671, albinas@interia.pl);<br/> <b>Šilas</b>, Ōžkiniai village, 16–515 Punksk, Poland (tel.: +48 607 394952, +48 875 161483, valdi_punksk@o2.pl, www.Punksk.pl/šilas);<br/> <b>U WILI (Pas Vilį)</b>, Laukų str. 16, 16–515 Punksk, Poland (tel.: +48 875 161255, +48 782 353114, +48 510 965046, walenty.zukowski@up.pl, www.uwili.republika.pl);<br/> <b>SANKURAI</b>, Sankury village 8, 16–515 Punksk, Poland (tel. +48 721 802978; sankury@neostrada.pl);<br/> <b>PETRAS KRAKAUSKAS RURAL TOURISM HOMESTEAD</b>, Trakiškės 19 village, 16–515 Punksk, Poland (tel.: +48 695 747316, +48 875 161315, www.sodas.suwalszczynna.com.pl);<br/> <b>D. and A. Šliaužiai Rural Tourism Homestead</b>, Ōžkiniai village. 40, 16–515 Punksk, Poland (tel. +48 791 844 552, danuta.szlauszys@gmail.com);<br/> <b>„Pas Edviną“</b>, Šlynakiemis village 14, 16–515 Punksk, Poland (tel. +48513350763, edwin.krajewski@gmail.com, www.edwin.wigry.eu).</p> |                  |       |
| Catering services                                   | <p><b>Cafes in Lazdijai:</b><br/> <b>DVYNIAI</b>, Sodų st. 47, Lazdijai (tel. +370 318 52 710);<br/> <b>NENDRĖ</b>, Kauno st. 4, Lazdijai (tel. +370 318 51 001);<br/> <b>TEMPAS</b>, Turistų st. 98, Lazdijai (tel. +370 318 51 319, +370 698 78 220, +370 698 20 070);<br/> <b>TRASA</b>, Turistų st. 25, Lazdijai (tel. +370 318 59 854);<br/> <b>KVAJA</b>, Turistų st. 37, Lazdijai (tel. +370 682 56 001, +370 616 92 047);<br/> <b>PAS MANTA</b>, Nepriklausomybės a. 4, Lazdijai (tel. +370 318 59 854, +370 673 77979).</p> <p><b>Restaurant in Punksk:</b><br/> <b>Restaurant „Sodas“</b>, Mickevičiaus st. 17, Punksk (tel. +48 87 5161 315, +48 695 747 316);<br/> <b>„Užeiga“</b>, Mokyklos st. 69, Punksk (tel. +48 5161 476, 605 888 368).</p> <p><b>Bars in Punksk:</b><br/> <b>„Karcėma“</b>, Mickevičiaus st., Punksk (tel. +48 512 258 353);<br/> <b>„Omega“</b>, Mickevičiaus st., Punksk.</p> <p><b>Shopping in Lazdijai:</b><br/> <b>MAXIMA</b> – Kauno st. 4; <b>AIBĖ</b> – M. Gustaitio st. 8/Seinų st. 8; <b>IKI</b> – Seinų st. 4; <b>CENTO</b> – Sodų st. 10; <b>NORFA</b> – Dzūkų st. 3; <b>„Eljovita“</b> – Seinų st. 18; <b>„Pakelė“</b> – Turistų st. 82; <b>„Tujelė“</b> – Kauno st. 48; <b>R. Makutėnienė Private Enterprise</b> – Vytauto st. 20; <b>„Lazdijų duona“</b> – Turistų st. 1.</p> <p><b>Store in Rudamina:</b> Rudamina village, Lazdijai Municipality<br/> <b>Store in Šeštokai:</b> „Slenkstis“ – Dzūkų st. 9a; <b>A. Remeikienė Private Enterprise</b> – Sodų st. 12.</p> <p><b>Stores in Punksk:</b> „Valdi“, Mokyklos st., „Sam“ Mokyklos st., „Feniks“ Mickevičiaus st., „M. M. Mroczkowsky“ Mickevičiaus st., „Dešra“ Suduvių st.</p>                                                                                                                                                                                                                                                                                                          |                  |       |
| For more information about the route please contact | <p>Public Institution Lazdijai Tourism Information Centre, Janaslavas village., Lazdijai District Municipality (tel. +370 318 51 881, turizmas.info@lazdijai.lt);<br/> Vilniaus st. 1, Lazdijai (tel. +370 318 51 160, +370 611 10 855, turizmas@lazdijai.lt, tourism@lazdijai.lt).<br/> Punksk Tourism Information Centre, ul. Mickiewicza 23, Punksk (tel. +48 87 5161 079, cit@cit.ugpunsk.pl, www.cit.ugpunsk.pl/).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                  |       |





|                       |                                                                                                                                                                                                                                                                                                                   |
|-----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Guide services</b> | Audronė Pileckienė (tel. +370 611 45721, e-mail: audrone.pileckiene@gmail.com)<br>Jonas Malinauskas (tel. +370 687 56765, e-mail: jomal@delfi.lt, jonas.malinauskas@gmail.com)<br>Birutė Talandienė (tel. +370 685 46925, e-mail: bitala@one.lt)<br>Valdas Subačius (tel. +370 676 05925, e-mail: virmara@one.lt) |
|-----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

## Pilgrims' road

Route map, page 22

|                         |                      |                     |         |
|-------------------------|----------------------|---------------------|---------|
| <b>Start point</b>      | Smalėnai (Smolany)   | <b>Duration</b>     | 40 min. |
| <b>End point</b>        | Budziskas (Budzisko) | <b>Route length</b> | 24 km   |
| <b>Difficulty level</b> | Easy                 |                     |         |

|                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|-------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Route description</b>      | Smolany – Puńsk – Budzisko                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Places of interest</b>     | <b>Puńsk (Punsk):</b> <ol style="list-style-type: none"> <li>1. St. Blessed Virgin Mary of the Assumption Church</li> <li>2. Old Rectory</li> <li>3. Lithuanian homestead of the 19th century</li> <li>4. St. Isidore Church in Smalėnai</li> <li>5. Old railway station in Trakiškės</li> <li>6. 19th century Sudovian (Jotvingian) and Prussian settlement</li> <li>7. Punsk Lithuanian Culture House</li> <li>8. Ethnographic Museum</li> <li>9. Memorial in the honor of the restoration of Lithuania's independence (11-03-1990) (Kampučiai)</li> </ol>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Accommodation services</b> | <b>„Prie ežerėlio“</b> , Kampučiai village, 10, 16–515 Punsk (tel. +48 875 161454, +48 691 405791, e-mail: juozas.peculis@neostrada.pl);<br><b>Leisure and Recreation Centre „Šilainė“</b> , Ožkiniai village, 41, 16–515 Punsk (tel. +48 875 161242, +48 875 161712, +48 609 438671, albinas@interia.pl);<br><b>„Šilas“</b> , Ožkiniai village, 16–515 Punsk (tel.: +48 607 394952, +48 875 161483, e-mail: p. valdi_punsk@o2.pl, www.Punsk.pl/silas);<br><b>„Pas Vilį“</b> , Laukų st. 16, 16–515 Punsk (tel.: +48 875 161255, +48 782 353114, +48 510 965046, e-mail: p. walenty.zukowski@up.pl, www.uwili.republika.pl);<br><b>SANKŪRAI</b> , Sankury village 8, 16–515 Punsk (tel. +48 721 802978, e-mail: p. sankury@neostrada.pl);<br><b>PETRAS KRAKAUSKAS RURAL TOURISM HOMESTEAD</b> , Trakiškės 19 village, 16–515 Punsk, Poland (tel.: +48 695747316, +48 875161315, www.sodas.suwalszczynna.com.pl);<br><b>D. and A. Šliauziai Rural Tourism Homestead</b> , Ožkiniai village. 40, 16–515 Punsk, Poland (tel. +48 791 844 552, danuta.szlauzys@gmail.com);<br><b>Homestead „Pas Edviną“</b> , Šlynakiemis village. 14, 16–515 Punsk (tel. +48 513 350763, e-mail: p. edwin.krajewski@gmail.com, www.edwin.wigry.eu);<br><b>„Pas Honorką“</b> , Stražacka 1, 16–515 Punsk (tel. +48 665 197954, e-mail: p. barhonorka@wp.pl, www.agroturystykapunsk.republika.pl) |
| <b>Additional services</b>    | This route is a part of the Pilgrims' road.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |

## Gibai – Rutka-Tartak

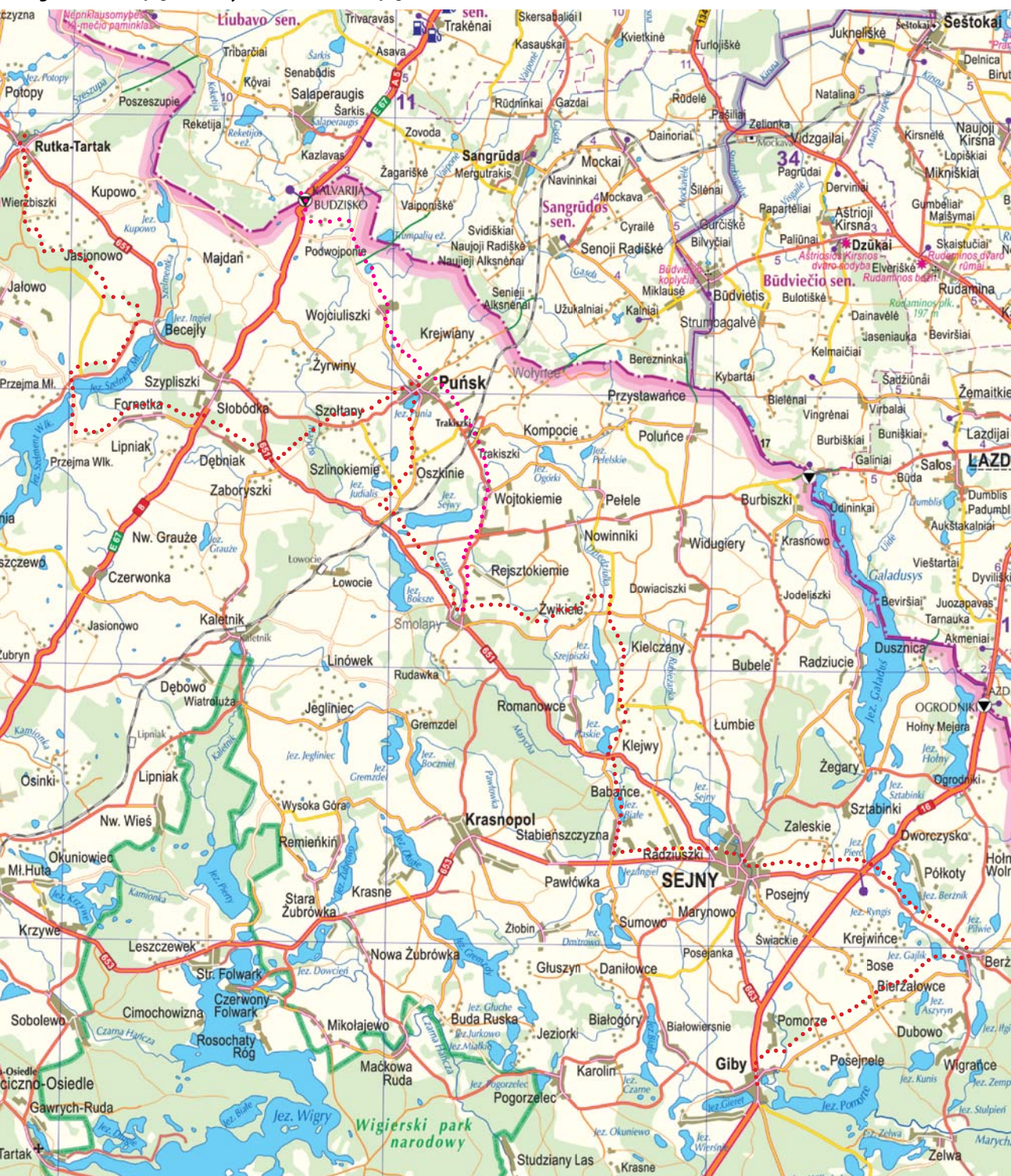
Route map, page 22

|                         |              |                     |         |
|-------------------------|--------------|---------------------|---------|
| <b>Start point</b>      | Giby (Gibai) | <b>Duration</b>     | 4 hours |
| <b>End point</b>        | Rutka-Tartak | <b>Route length</b> | 101 km  |
| <b>Difficulty level</b> | Easy         |                     |         |

|                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|-------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Route description</b>      | Giby – Zelwa – Berzniki – Sztabinki – Zaleskie – Sejny – Babańce – Witkopedzie – Żwikiele – Smolany – Szlinokiemie – Boksze Osada – Puńsk – Szolany – Zaboryszki – Dębniak – Fonetka – Becejły – Wygorzel – Wierzbiszki – Rutka Tartak                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Places of interest</b>     | <b>Puńsk (Punsk):</b> <ol style="list-style-type: none"> <li>1. St. Blessed Virgin Mary of the Assumption Church</li> <li>2. Old Rectory</li> <li>3. Lithuanian homestead of the 19th century</li> <li>4. St. Isidore Church in Smalėnai</li> <li>5. Old railway station in Trakiškės</li> <li>6. 19th century Sudovian (Jotvingian) and Prussian settlement</li> <li>7. Punsk Lithuanian Culture House</li> <li>8. Ethnographic Museum</li> <li>9. Memorial in the honor of the restoration of Lithuania's independence (11-03-1990) (Kampučiai)</li> </ol>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Accommodation services</b> | <b>„Prie ežerėlio“</b> , Kampučiai village, 10, 16–515 Punsk, tel. +48 875 161454, +48 691 405791, e-mail: juozas.peculis@neostrada.pl<br><b>Leisure and Recreation Centre „Šilainė“</b> , Ožkiniai village, 41, 16–515 Punsk, tel. +48 875 161242, +48 875 161712, +48 609 438671, albinas@interia.pl<br><b>„Šilas“</b> , Ožkiniai village, 16–515 Punsk, tel. +48 607 394952, +48 875 161483, e-mail: p. valdi_punsk@o2.pl; www.Punsk.pl/silas<br><b>„Pas Vilį“</b> , Laukų st. 16, 16–515 Punsk, tel. +48 875 161255, +48 782 353114, +48 510 965046, e-mail: p. walenty.zukowski@up.pl; www.uwili.republika.pl<br><b>SANKŪRAI</b> , Sankury village 8, 16–515 Punsk, tel. +48 721 802978, e-mail: p. sankury@neostrada.pl<br><b>PETRAS KRAKAUSKAS RURAL TOURISM HOMESTEAD</b> , Trakiškės 19 village, 16–515 Punsk, Poland (tel. +48 695747316, +48 875161315; www.sodas.suwalszczynna.com.pl);<br><b>D. and A. Šliauziai Rural Tourism Homestead</b> , Ožkiniai village. 40, 16–515 Punsk, Poland (tel. +48 791 844 552; danuta.szlauzys@gmail.com);<br><b>Homestead „Pas Edviną“</b> , Šlynakiemis village. 14, 16–515 Punsk, tel. +48 513 350763, e-mail: p. edwin.krajewski@gmail.com; www.edwin.wigry.eu<br><b>„Pas Honorką“</b> , Stražacka 1, 16–515 Punsk, tel. +48 665 197954, e-mail: p. barhonorka@wp.pl; www.agroturystykapunsk.republika.pl |

Public Institution „Lazdijai Tourism Information Centre“, tel.: +370 318 51160, +370 318 66130, +370 318 51881, +370 611 10855,  
e-mail: turizmas@lazdijai.lt, turizmas.info@lazdijai.lt, tourism@lazdijai.lt, Tourism Centre in Punsk, tel. +48 87 5161079, e-mail: cit@cit.ugpunsk.pl




**Pilgrims' road – page 21; Giby – Rutka-Tartak – page 21.**






## Galadusis Lake ring

Route map, page 45

|                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                  |          |
|-----------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|----------|
| Start point and end point                           | Public Institution „Lazdijai Tourism Information Centre“, Janaslavas village                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Duration         | 2–3 days |
| Route length                                        | About 64 km                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Difficulty level | Easy     |
| Pavement, hilliness                                 | Various (asphalt, gravel roads, forest paths).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                  |          |
| Brief description of the lake                       | The Polish-Lithuanian border divides the lake into two parts. The lake covers the area of 729 ha. Its average depth is about 5,9 m. The lake is almost oblong in shape, with some islands and bays.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                  |          |
| Places of interest                                  | <p><b>Lazdijai:</b> Lazdijai Region Museum (Seinų st. 29); Museum of Fights for Freedom (Vytauto st. 11); Motiejus Gustaitis Memorial Museum (Seinų st. 31); Lazdijai St. Anne's Church (Dainavos st. 4); Independence Monument (Central Square); Grave of M. Gustaitis (Lazdijai Cemetery, Kauno st.); Old Jewish Cemetery (Lazdijai); Evangelical Lutheran Cemetery (Lazdijai).</p> <p><b>Lazdijai locality:</b> Papalazdijai Mound (Papalazdijai village, Lazdijai Municipality); Cemetery of Holocaust Victims (Katkiškės village, Lazdijai Municipality); Ūdininkai Ancient Settlement (Ūdininkai village, Lazdijai Municipality); Ūdininkai Mound (Ūdininkai village, Lazdijai Municipality); Buniškės Mound (Buniškės village, Lazdijai Municipality).</p> <p><b>Punks:</b> Lithuanian Culture House in Punks; Old Rectory; The monument commemorating Punks parish's 400th anniversary built in 1997; Synagogue (Mickevičiaus st.); Chapel of the old cemetery; Chapel of the new cemetery; Lithuanian Culture Centre (LLKC), Ethnographic Museum of the 19th century.</p> <p><b>Punks locality:</b> Haberman family's chapel and grave in Smalėnai (19th century); St. Isidore Church and Monastery in Smalėnai; Tourism and Recreation Centre „Šilainės“ (formerly known as Šilainė); Jotvingian and Prussian settlement; Memorial in the honor of the restoration of Lithuania's independence (Kampučiai); Old railway station in Trakiškės (19th century); Memorial in the honor of the book distributor Povilas Matulevičius in Kreivėnai.</p>                                                                                                                                                                                                                                                                                                                     |                  |          |
| Accommodation services                              | <p><b>Lazdijai:</b><br/>Café-Hotel „Dvyniai“, Sodų st. 47, Lazdijai (tel. +370 318 52 710);<br/>Hotel „Žibintas“, Nepriklausomybės a. 4, Lazdijai (tel. +370 687 24 966);<br/>A. Sandienė rural tourism homestead, Ežero st. 2, Lazdijai (tel. +370 614 67 001, astossodyba@gmail.com).</p> <p><b>Rural tourism homesteads in Lazdijai locality:</b><br/>VILJA, Akmeniai village, Kučiūnai Administrative Area (tel. +370 685 27 556; anulis@one.lt);<br/>AKMENĖLIS, Akmeniai village, Kučiūnai Administrative Area (tel. +370 612 75 419, valdelisv@takas.lt, www.akmenelis.lt);<br/>V. Pečiulienė, Bielėnai village, Būdvietis Administrative Area (tel. +370 616 97 686).</p> <p><b>Rural tourism homesteads in Punks locality:</b><br/>Prie ežerėlio, Kampučiai village 10, 16–515 Punks, Poland (tel.: +48 875 161454, +48 691 405791, juozas.peciulis@neastrada.pl);<br/>Šilainė, Ožkiniai village, 41, 16–515 Punks, Poland (tel.: +48 875 161242, +48 875 161712, +48 609 438671, albinas@interia.pl);<br/>Šilas, Ožkiniai village, 16–515 Punks, Poland (tel.: +48 607 394952, +48 875 161483, valdi_punks@o2.pl, www.punks.pl/silas);<br/>U WILI (Pas Vilį), Laukų str. 16, 16–515 Punks, Poland (tel.: +48 875 161255, +48 782 353114, +48 510 965046; walenty.zukowski@up.pl, www.uwili.republika.pl);<br/>SANKURAI, Sankury village 8, 16–515 Punks, Poland (tel. +48 721 802978, sankury@neostrada.pl);<br/>PETRAS KRAKAUSKAS RURAL TOURISM HOMESTEAD, Trakiškės 19 village, 16–515 Punks, Poland (tel.: +48 695 747316, +48 875 161315, www.sodas.suwalszczyzna.com.pl);<br/>D. and A. Šliauziai Rural Tourism Homestead, Ožkiniai village, 40, 16–515 Punks, Poland (tel. +48 791 844 552, danuta.szlauzys@gmail.com);<br/>„Pas Edviną“, Šlynakiemis village 14, 16–515 Punks, Poland (tel. +48 513 350763, edwin.krajewski@gmail.com, www.edwin.wigry.eu).</p> |                  |          |
| Catering services                                   | <p><b>Cafes in Lazdijai:</b><br/>DVYNAI, Sodų st. 47, Lazdijai (tel. +370 318 52 710);<br/>NENDRĖ, Kauno st. 4, Lazdijai (tel. +370 318 51 001);<br/>TEMPAS, Turistų st. 98, Lazdijai (tel. +370 318 51 319, +370 698 78 220, +370 698 20 070);<br/>TRASA, Turistų st. 25, Lazdijai (tel. +370 318 59 854);<br/>KVAJA, Turistų st. 37, Lazdijai (tel. +370 682 56 001, +370 616 92 047);<br/>PAS MANTĄ, Nepriklausomybės a. 4, Lazdijai (tel. +370 318 59 854, +370 673 77979).<br/><b>Café in Šeštokai:</b> Motel-café „ELDIJA“, Džukų st. 18, Šeštokai (tel. +370 318 47 113).<br/><b>Café in Punks:</b> Café in Punks Culture House, 11 Kovo st. 17, Punks (tel. +48 87 5161 321)</p> <p><b>Restaurant in Punks:</b><br/>Restaurant „Sodas“, Mickevičiaus st. 17, Punks (tel. +48 87 5161 315, +48 695 747 316);<br/>„Užeiga“, Mokyklos st. 69, Punks (tel. +48 5161 476, 605 888 368).</p> <p><b>Bars in Punks:</b><br/>„Karcema“, Mickevičiaus st., Punks (tel. +48 512 258 353);<br/>„Omega“, Mickevičiaus st., Punks.</p> <p><b>Shopping in Lazdijai:</b><br/>MAXIMA - Kauno st. 4; AIBĖ - M. Gustačio st. 8/Seinų st. 8; IKI - Seinų st. 4; CENTO - Sodų st. 10; NORFA - Džukų st. 3; „Eljovita“ - Seinų st. 18; „Pakelė“ - Turistų st. 82; „Tujelė“ - Kauno st. 48; R. Makutėnienė Private Enterprise - Vytauto st. 20; „Lazdijų duona“ - Turistų st. 1.</p> <p><b>Store in Rudamina:</b> Rudamina village, Lazdijai Municipality<br/><b>Store in Šeštokai:</b> „Slenkstis“ - Džukų st. 9a; A. Remeikienė Private Enterprise - Sodų st. 12.<br/><b>Stores in Punks:</b> „Valdi“, Mokyklos st., „Sam“ Mokyklos st., „Feniks“ Mickevičiaus st., „M. M. Mroczkowsky“ Mickevičiaus st., „Dešra“ Suduvių st.</p>                                                                                                                                                            |                  |          |
| For more information about the route please contact | Public Institution Lazdijai Tourism Information Centre, Janaslavas village, Lazdijai District Municipality (tel. +370 318 51 881, turizmas.info@lazdijai.lt); Vilniaus st. 1, Lazdijai (tel. +370 318 51 160, +370 611 10 855; turizmas@lazdijai.lt, tourism@lazdijai.lt). Punks Tourism Information Centre, ul. Mickiewicza 23, Puńsk (tel. +48 87 5161 079, cit@cit.ugpunsk.pl, www.cit.ugpunsk.pl/).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                  |          |



## Veisiejai – Paterai village – Viktorinas village – Kapčiamiestis – Veisiejai

Route map, page 26

|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                  |             |
|------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|-------------|
| Start point            | Santarvės Square, Veisiejai                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Duration         | 1 day       |
| End point              | Santarvės Square, Veisiejai                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Route length     | About 36 km |
|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Difficulty level | Vidutinis   |
| Places of interest     | <p><b>Veisiejai:</b></p> <ol style="list-style-type: none"> <li>Sculpture park in the centre of Veisiejai (Vytauto st./S. Dariaus ir S. Girėno g);</li> <li>Ruins of the former Veisiejai manor house (Santarvės st. 9) – Veisiejai Regional Park Directorate, tel. +370 318 56 782, vrp@takas.lt;</li> <li>Veisiejai ash-tree (Veisiejai Town Park);</li> <li>Veisiejai fountain with light and sound effects (Veisiejai Town Park);</li> <li>Memorial in the honor of the founder of Esperanto language Ludwig Lazarus Zamenhof (Veisiejai Town Park);</li> <li>Monumental composition where the house of Juozas Neimontas once was (Vytauto st.);</li> <li>St. George Church (S. Dariaus ir S. Girėno st. 1);</li> <li>Veisiejai Region Museum (Vytauto st. 47, tel.: +370 318 56 535, +370 614 48 387);</li> <li>The place where the house of L. L. Zamenhof was (L. Zamenhofo st.);</li> <li>Grave of Juozas Neimontas (Vytauto st., Veisiejai town cemetery);</li> <li>Old Jewish Cemetery (V. Montvilos st.).</li> </ol> <p><b>Veisiejai locality:</b></p> <ol style="list-style-type: none"> <li>Hill "Prancūzkalnis" (French Hill) (Bertašiūnai village, Veisiejai Administrative Area).</li> <li>Sculpture Park (Kalveliai village, Veisiejai Administrative Area).</li> </ol> <p><b>Kapčiamiestis:</b></p> <ol style="list-style-type: none"> <li>Catholic church of the Divine Providence in Kapčiamiestis (Č. Sasnausko st. 5);</li> <li>House of the composer Česlovas Sasnauskas, with a memorial plaque (Č. Sasnausko st. 4);</li> <li>Memorial in the honor of Emilia Plater (Kapčiamiestis Central Square);</li> <li>Grave of Countess Emilia Plater, leader of the insurrection in 1831 (Taikos st.);</li> <li>Emilia Plater Museum, Kapčiamiestis (Taikos st. 11, tel. +370 614 02 524).</li> </ol> <p><b>Kapčiamiestis locality:</b></p> <ol style="list-style-type: none"> <li>Park of the former Vainežeris manor house (Vainežeris village, Kapčiamiestis Administrative Area);</li> <li>Vainežeris defensive fortifications, Okopka (Vainežeris village, Kapčiamiestis Administrative Area);</li> <li>Dainaviškės Old Cemetery (Dainaviškės village, Kapčiamiestis Administrative Area).</li> </ol>                                                                         |                  |             |
| Accommodation services | <p><b>Rural Tourism Homesteads:</b></p> <p><b>BERTAŠIŪNŲ VIENKIEMIS</b>, Bertašiūnai village, Veisiejai Administrative Area (tel. +370 698 75 716, bertasiunai@gmail.com, www.bertasiunai.lt);</p> <p><b>SILVESTRO SODYBA</b>, Vilkaitis lake, Taikūnai village, Veisiejai Administrative Area (tel. +370 686 49258, www.silvestrosodyba.lt)</p> <p><b>Likimo ratas</b>, Ilgis lake, Salučiai village, Veisiejai Administrative Area (tel. +370 698 87717, +370 698 70770, e-mail: lratas@gmail.com; www.lratas.lt)</p> <p><b>A. and J. Juodžiai homestead „Tėviškė“</b>, Snaigynas lake, Kailiniai village, Veisiejai Administrative Area (tel. +370 686 04 158, +370 614 08 515, info@poilsiskaimė.lt, www.poilsiskaimė.lt);</p> <p><b>Emilijos homestead</b>, Samanis lake, Šadžiūnai village, Veisiejai Administrative Area (tel. +370 656 50916, e-mail: tourism@lazdijai.lt; www.samanis.lt)</p> <p><b>J. Liaukonis homestead</b>, Samanis lake, Paterai village, Veisiejai Administrative Area (tel.: +370 686 05973, +370 686 90017, e-mail: samanlis@samantis.lt; www.samanis.lt)</p> <p><b>Trikojis</b>, Trikojis lake, Taikūnai village, Veisiejai Administrative Area (tel. +370 686 70706, e-mail: sodybatrikojis@gmail.com, www.atostogoskaimė.lt)</p> <p><b>E. Ptakauskas homestead</b>, Vilkinis lake, Senkonys village, Veisiejai Administrative Area (tel. +370 686 67 036);</p> <p><b>Rural Tourism Homestead of Veisiejai School of Technologies and Business</b>, Kailiniai village, Veisiejai Administrative Area (tel. +370 318 56 579, info@tvm.veisiejai.im.lt);</p> <p><b>Dovio sodyba</b>, Vilkinis lake, Senkonys village, Veisiejai Administrative Area (tel. +370 605 74509, e-mail: doviosodyba@gmail.com)</p> <p><b>Nieda</b>, Kapčiamiestis, Lazdijai District Municipality (tel.: +370 682 20 006, +370 615 25 985);</p> <p><b>Penktas sezonas</b>, Pastovys lake, Padumbliai village, Kapčiamiestis Administrative Area (tel. +370 620 26 922, info@5sezonas.lt, www.5sezonas.lt).</p> <p><b>Rest houses:</b></p> <p><b>ANČIA</b>, Jezdas village, Kapčiamiestis Administrative Area (tel. +370 687 32 016).</p> <p><b>Lodging houses:</b></p> <p><b>Silva Jakštienė</b>, M. Bižytės 2a, Veisiejai (tel.: +370 671 97 721, +370 686 23 830, +370 318 56 240).</p> |                  |             |
| Catering services      | <p><b>Cafes in Veisiejai:</b></p> <p>Health, Tourism and Service Centre „Ančia“, Vytauto st. 21, Veisiejai (tel. +370 652 99 610);</p> <p>„Snieguolė“, S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236) (booking required).</p> <p><b>Cafes in Kapčiamiestis:</b></p> <p>Café-bar „Banga“, Private Enterprise of V. Varnelis, Taikos st. 2, Kapčiamiestis (tel. +370 682 12 786, +370 318 43 146).</p> <p><b>Shopping in Veisiejai:</b></p> <p>„Snieguolė“, Private Enterprise of V. Barštienė – S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236);</p> <p>Private Enterprise of V. Škarnulis – Leipalingio st. 31, Veisiejai (tel. +370 318 56 175);</p> <p>„Hekorna“, UAB – Ateities st. 3, Veisiejai (tel. +370 650 11 318);</p> <p>„Aibė“ – J. Neimonto st. 1, Veisiejai (tel. +370 318 56 151);</p> <p>„Jaunystė“ – Leipalingio st. 27, Veisiejai (tel. +370 318 56 143).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                  |             |





## Catering services

## Shopping in Kapčiamiestis:

„Banga“, Private Enterprise of V. Varnelis - Taikos st. 2, Kapčiamiestis (+370 682 12 786, +370 318 43 146);  
 KB „Lazdijų prekyba“ – Kapčiamiestis (+370 318 43 196);  
 Private Enterprise of R. Maciulevičius – Taikos st. 16, Kapčiamiestis (+370 318 43 123);  
 UAB „RAMAVITA“ – Veisiejų st. 27, Kapčiamiestis.

## For more information about the route please contact

Veisiejai Regional Park Directorate, Santarvės st. 9, Veisiejai (tel. +370 318 56 782, vrp@takas.lt).

| Segment title              | Segment length, km | Related road category and number              | Road type                          |
|----------------------------|--------------------|-----------------------------------------------|------------------------------------|
| Veisiejai – Viktorinas     | 14                 | National road 134 /field / regional road 2517 | Asphalt / field road / gravel road |
| Viktorinas – Kapčiamiestis | 9                  | Regional 2505                                 | Asphalt                            |
| Kapčiamiestis – Veisiejai  | 13                 | Regional 2505                                 | Asphalt                            |

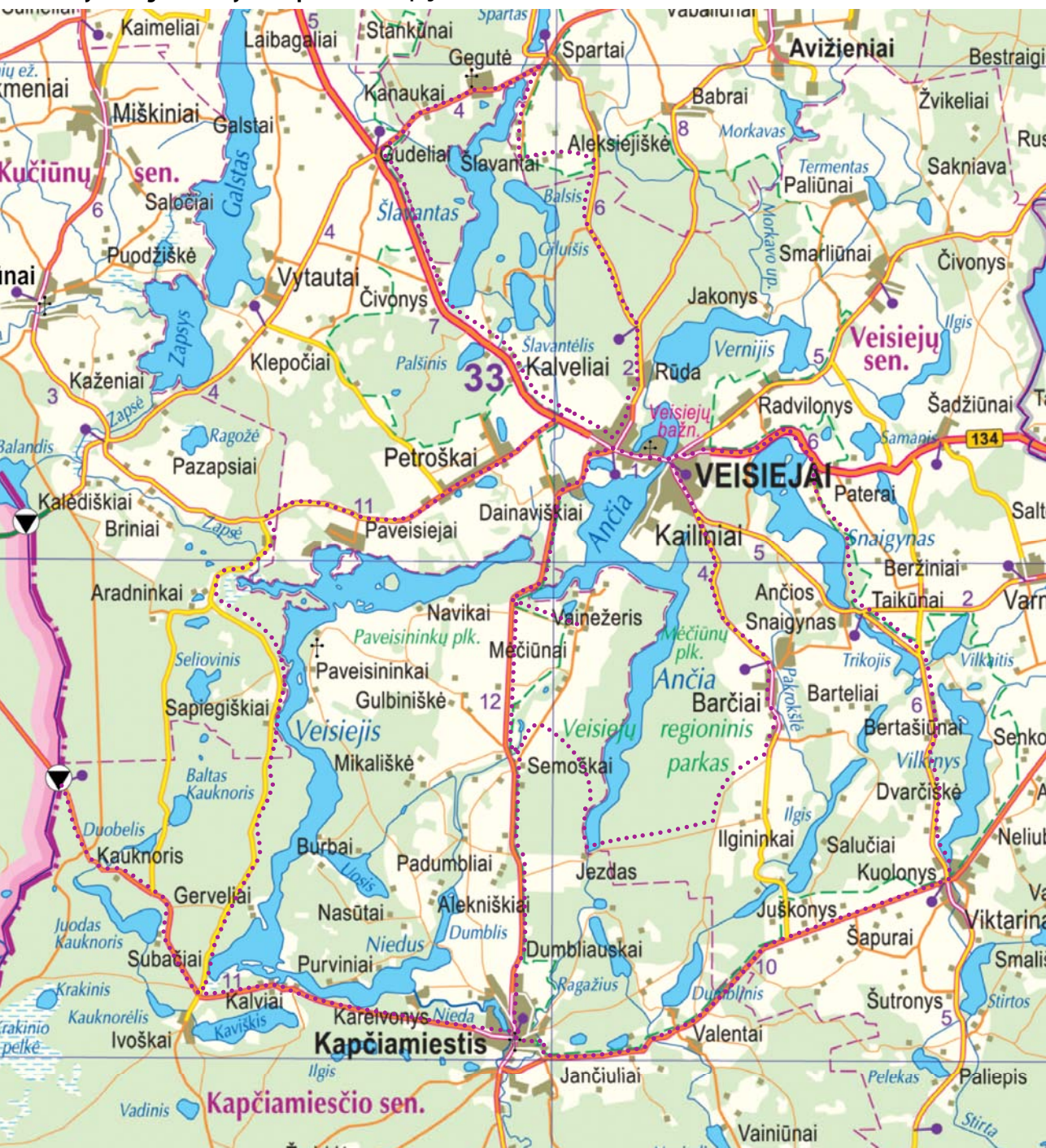


Public Institution „Lazdijai Tourism Information Centre“, tel.: +370 318 51160, +370 318 66130, +370 318 51881, +370 611 10855,  
 e-mail: turizmas@lazdijai.lt, turizmas.info@lazdijai.lt, tourism@lazdijai.lt. Tourism Centre in Punks, tel. +48 87 5161079, e-mail: cit@cit.ugpunsk.pl





**Veisiejai – Paterai village – Viktorinas village – Kapčiamiestis – Veisiejai** – pages 24–25; **Veisiejai – Gudeliai village – Gegutė village – Rūda village – Veisiejai** – page 27; **Veisiejai – Barčiai village – Jezdas village – Vainežeris village – Veisiejai** – page 28; **Kapčiamiestis Ring: Kapčiamiestis – Subačiai village – Sapiegiškės village – Paviesiejai village – Veisiejai – Kapčiamiestis** – pages 29–30.







# Veisiejai – Gudeliai village – Gegutė village- Rūda village – Veisiejai

Route map, page 26

|                           |                             |                  |           |
|---------------------------|-----------------------------|------------------|-----------|
| Start point and end point | Santarvės Square, Veisiejai | Duration         | 1 day     |
| Route length              | About 23 km                 | Difficulty level | Vidutinis |

|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Places of interest     | <p><b>Veisiejai:</b></p> <ol style="list-style-type: none"> <li>1. Sculpture park in the centre of Veisiejai (Vytauto st./S. Dariaus ir S. Girėno g);</li> <li>2. Ruins of the former Veisiejai manor house (Santarvės st. 9) – Veisiejai Regional Park Directorate, tel. +370 318 56 782, vrpdp@takas.lt;</li> <li>3. Veisiejai ash-tree (Veisiejai Town Park);</li> <li>4. Veisiejai fountain with light and sound effects (Veisiejai Town Park);</li> <li>5. Memorial in the honor of the founder of Esperanto language Ludwig Lazarus Zamenhof (Veisiejai Town Park);</li> <li>6. Monumental composition where the house of Juozas Neimontas once was (Vytauto st.);</li> <li>7. St. George Church (S. Dariaus ir S. Girėno st. 1);</li> <li>8. Veisiejai Region Museum (Vytauto st. 47, tel. +370 318 56 535, +370 614 48 387);</li> <li>9. The place where the house of L. L. Zamenhof was (L. Zamenhofo st.);</li> <li>10. Grave of Juozas Neimontas (Vytauto st., Veisiejai town cemetery);</li> <li>11. Old Jewish Cemetery (V. Montvilos st.).</li> </ol> <p><b>Veisiejai locality:</b></p> <ol style="list-style-type: none"> <li>1. Sculpture Park (Kalveliai village, Veisiejai Administrative Area).</li> </ol> <p><b>Šlavantai locality:</b></p> <ol style="list-style-type: none"> <li>1. Šlavantai Mound and an ancient settlement (Šlavantai village, Šlavantai Administrative Area;</li> <li>2. Annunciation of the Blessed Virgin Mary Church (Gegutė village, Šlavantai Administrative Area.).</li> </ol> |
| Accommodation services | <p><b>Rural Tourism Homesteads:</b></p> <p><b>Rural Tourism Homestead of Veisiejai School of Technologies and Business</b>, Kailiniai village, Veisiejai Administrative Area (+370 318 56 579, info@tvm.veisiejai.im.lt);</p> <p><b>JOGINTA</b>, Šlavantėlis lake, Kalveliai village, Veisiejai Administrative Area (tel. +370 687 24 108; joginta@atostogoskaime.lt);</p> <p><b>Aldona Lapinskienė</b>, Šlavantas lake, Čivonys village, Veisiejai Administrative Area (tel. +370 687 51 070);</p> <p><b>RASA</b>, Šlavantas lake, Gegutė village, Šlavantai Administrative Area (tel. +370 687 15 454; vidastomk@one.lt).</p> <p><b>Lodging houses:</b></p> <p><b>Silva Jakštienė</b>, M. Bižytės 2a, Veisiejai (tel. +370 671 97 721, +370 686 23 830, +370 318 56 240).</p> <p><b>Rest houses:</b></p> <p><b>ANČIA</b>, Jezdas village, Kapčiamiestis Administrative Area (tel. +370 687 32 016).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Catering services      | <p><b>Cafes in Veisiejai:</b></p> <p>Health, Tourism and Service Centre „Ančia“, Vytauto st. 21, Veisiejai (tel. +370 652 99 610);</p> <p>„Snieguolė“, S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236) (booking required).</p> <p><b>Shopping in Veisiejai:</b></p> <p>„Snieguolė“, Private Enterprise of V. Barštienė – S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236);</p> <p>Private Enterprise of V. Škarnulis – Leipalingio st. 31, Veisiejai (tel. +370 318 56 175);</p> <p>„Hekorna“, UAB – Ateities st. 3, Veisiejai (tel. +370 650 11 318);</p> <p>„Aibė“ – J. Neimonto st. 1, Veisiejai (tel. +370 318 56 151);</p> <p>„Jaunystė“ – Leipalingio st. 27, Veisiejai (tel. +370 318 56 143).</p> <p><b>Shopping in Avižieniai:</b></p> <p>UAB „Viligitra“, Avižieniai, Šlavantai Administrative Area (tel. +370 318 41 392).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |

| Segment title        | Segment length, km | Related road category and number | Road type   |
|----------------------|--------------------|----------------------------------|-------------|
| Veisiejai – Gudeliai | 7                  | National 134                     | Asphalt     |
| Gudeliai – Gegutė    | 3                  | Regional 2507                    | Asphalt     |
| Gegutė – Rūda        | 11                 | Regional 2509                    | Gravel road |
| Rūda – Veisiejai     | 2                  | Regional 2509                    | Gravel road |





## Wveisiejai – Barčiai village – Jezdas village – Vainežeris village – Veisiejai

Route map, page 26

|                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                  |        |
|-----------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|--------|
| Start point and end point                           | Santarvės Square, Veisiejai                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Duration         | 1 day  |
| Route length                                        | About 21 km                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Difficulty level | Medium |
| Places of interest                                  | <p><b>Veisiejai:</b></p> <ol style="list-style-type: none"> <li>1. Sculpture park in the centre of Veisiejai (Vytauto st./S. Dariaus ir S. Girėno g);</li> <li>2. Ruins of the former Veisiejai manor house (Santarvės st. 9) – Veisiejai Regional Park Directorate, tel. +370 318 56 782, vrp@takas.lt;</li> <li>3. Veisiejai ash-tree (Veisiejai Town Park);</li> <li>4. Veisiejai fountain with light and sound effects (Veisiejai Town Park);</li> <li>5. Memorial in the honor of the founder of Esperanto language Ludwig Lazarus Zamenhof (Veisiejai Town Park);</li> <li>6. Monumental composition where the house of Juozas Neimontas once was (Vytauto st.);</li> <li>7. St. George Church (S. Dariaus ir S. Girėno st. 1);</li> <li>8. Veisiejai Region Museum (Vytauto st. 47, tel.: +370 318 56 535, +370 614 48 387);</li> <li>9. The place where the house of L. L. Zamenhof was (L. Zamenhofo st.);</li> <li>10. Grave of Juozas Neimontas (Vytauto st., Veisiejai town cemetery);</li> <li>11. Old Jewish Cemetery (V. Montvilos st.).</li> </ol> <p><b>Kapčiamiestis locality:</b></p> <ol style="list-style-type: none"> <li>1. Vainežeris defensive fortifications, Okopka (Vainežeris village, Kapčiamiestis Administrative Area);</li> <li>2. Park of the former Vainežeris manor house (Vainežeris village, Kapčiamiestis Administrative Area);</li> <li>3. Dainaviškės Old Cemetery (Dainaviškės village, Kapčiamiestis Administrative Area);</li> <li>4. Mėčiūnai ancient settlement (Mėčiūnai village, Kapčiamiestis Administrative Area);</li> <li>5. Mėčiūnai Mound (Mėčiūnai village, Kapčiamiestis Administrative Area).</li> </ol> |                  |        |
| Accommodation services                              | <p><b>Rural Tourism Homesteads:</b></p> <p><b>Rural Tourism Homestead of Veisiejai School of Technologies and Business</b>, Kailiniai village, Veisiejai Administrative Area (+370 318 56 579, info@tvm.veisiejai.im.lt).</p> <p><b>Rest houses:</b></p> <p><b>ANČIA</b>, Jezdas village, Kapčiamiestis Administrative Area (tel. +370 687 32 016).</p> <p><b>Lodging houses:</b></p> <p><b>Silva Jakštienė</b>, M. Bižytės 2a, Veisiejai (tel. +370 671 97 721, +370 686 23 830, +370 318 56 240).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                  |        |
| Catering services                                   | <p><b>Cafes in Veisiejai:</b></p> <p>Health, Tourism and Service Centre „Ančia“, Vytauto st. 21, Veisiejai (tel. +370 652 99 610);</p> <p>„Snieguolė“, S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236) (booking required).</p> <p><b>Shopping in Veisiejai:</b></p> <p>„Snieguolė“, Private Enterprise of V. Barštienė – S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236);</p> <p>Private Enterprise of V. Škarnulis – Leipalingio st. 31, Veisiejai (tel. +370 318 56 175);</p> <p>„Hekorna“, UAB – Ateities st. 3, Veisiejai (tel. +370 650 11 318);</p> <p>„Aibė“ – J. Neimonto st. 1, Veisiejai (tel. +370 318 56 151);</p> <p>„Jaunystė“ – Leipalingio st. 27, Veisiejai (tel. +370 318 56 143).</p> <p><b>Shopping in Barčiai:</b></p> <p>N. Aranauskienė Private Enterprise, Barčiai village, Veisiejai Administrative Area (tel. +370 318 46 517).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                  |        |
| For more information about the route please contact | Veisiejai Regional Park Directorate, Santarvės st. 9, Veisiejai (tel. +370 318 56 782, vrp@takas.lt).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                  |        |

| Segment title       | Segment length, km | Related road category and number | Road type                        |
|---------------------|--------------------|----------------------------------|----------------------------------|
| Veisiejai – Barčiai | 6                  | Regional 2529                    | Gravel road                      |
| Barčiai – Jezdas    | 6                  | National                         | Gravel road, field road          |
| Jezdas – Veisiejai  | 9                  | National/Regional 2503           | Field road, gravel road, asphalt |







## Kapčiamiestis Ring

### Kapčiamiestis – Subačiai village – Sapiegiškės village – Paveisiejai village – Veisiejai – Kapčiamiestis

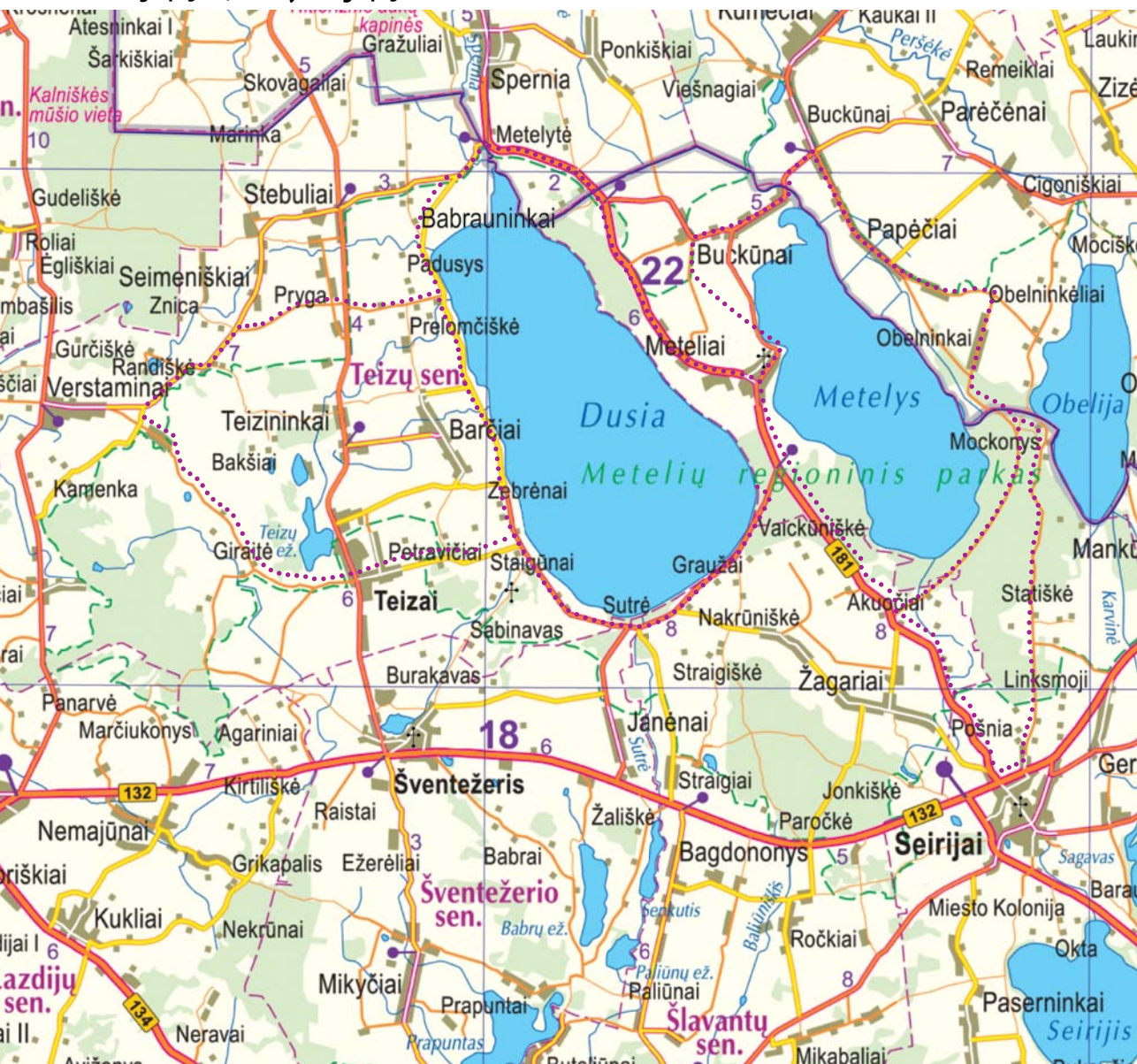
Route map, page 26

|                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                  |       |
|---------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|-------|
| Start point and end point | Kapčiamiestis                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Duration         | 1 day |
| Route length              | About 35 km                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Difficulty level | Easy  |
| Places of interest        | <p><b>Kapčiamiestis:</b></p> <ol style="list-style-type: none"> <li>1. Emilia Plater Museum, Kapčiamiestis (Taikos st. 11, tel. +370 612 67 491);</li> <li>2. Grave of Countess Emilia Plater, leader of the insurrection in 1831 (Taikos st.);</li> <li>3. Memorial in the honor of Emilia Plater (Kapčiamiestis Central Square);</li> <li>4. House of the composer Česlovas Sasnauskas, with a memorial plaque (Č. Sasnausko st. 4);</li> <li>5. Catholic church of the Divine Providence in Kapčiamiestis (Č. Sasnausko st. 5).</li> </ol> <p><b>Kapčiamiestis locality:</b></p> <ol style="list-style-type: none"> <li>1. World War I cemetery for German soldiers (Kalviai village, Kapčiamiestis Administrative Area).</li> </ol> <p><b>Kučiai locality:</b></p> <ol style="list-style-type: none"> <li>1. Sapiegiškės old cemetery (Sapiegiškės village, Kučiai Administrative Area);</li> <li>2. Aradinkai manor place (Aradinkai village, Kučiai Administrative Area);</li> <li>3. Aradinkai ancient settlement (Aradinkai village, Kučiai Administrative Area).</li> </ol> <p><b>Veisiejai:</b></p> <ol style="list-style-type: none"> <li>1. Sculpture park in the centre of Veisiejai (Vytauto st./S. Dariaus ir S. Girėno g);</li> <li>2. Ruins of the former Veisiejai manor house (Santarvės st. 9) – Veisiejai Regional Park Directorate (tel. +370 318 56 782; vrpdp@takas.lt);</li> <li>3. Veisiejai ash-tree (Veisiejai Town Park);</li> <li>4. Veisiejai fountain with light and sound effects (Veisiejai Town Park);</li> <li>5. Memorial in the honor of the founder of Esperanto language Ludwig Lazarus Zamenhof (Veisiejai Town Park);</li> <li>6. Monumental composition where the house of Juozas Neimontas once was (Vytauto st.);</li> <li>7. St. George Church (S. Dariaus ir S. Girėno st. 1);</li> <li>8. Veisiejai Region Museum (Vytauto st. 47, tel.: +370 318 56 535, +370 614 48 387);</li> <li>9. The place where the house of L. L. Zamenhof was (L. Zamenhofo st.);</li> <li>10. Grave of Juozas Neimontas (Vytauto st., Veisiejai town cemetery);</li> <li>11. Old Jewish Cemetery (V. Montvilos st.);</li> <li>12. Sculpture Park (Kalveliai village, Veisiejai Administrative Area)/</li> </ol> <p><b>Kapčiamiestis locality:</b></p> <ol style="list-style-type: none"> <li>1. Dainaviškės Old Cemetery (Dainaviškės village, Kapčiamiestis Administrative Area);</li> <li>2. Park of the former Vainežeris manor house (Vainežeris village, Kapčiamiestis Administrative Area);</li> <li>3. Vainežeris defensive fortifications, Okopka (Vainežeris village, Kapčiamiestis Administrative Area);</li> <li>4. Paveisininkai Mound (Paveisininkai village, Kapčiamiestis Administrative Area);</li> <li>5. Paveisininkai ancient settlement (Paveisininkai village, Kapčiamiestis Administrative Area);</li> <li>6. St. Theresa of the Child Jesus Church (Paveisininkai village, Kapčiamiestis Administrative Area).</li> </ol> |                  |       |
| Accommodation services    | <p><b>Rural Tourism Homesteads:</b></p> <p><b>ŠILAS</b>, Veisiejis lake, Paveisiejai village, Veisiejai Administrative Area (tel. +370 686 83 386; silosodyna@one.lt, www.sodyba.puslapiai.lt);</p> <p><b>KOTRYNOS SALA</b>, Veisiejis lake, Paveisiejai village, Veisiejai Administrative Area (tel. +370 698 76 399, +370 686 08 634, +370 699 45 119; rickus999@yahoo.com, www.kotrynossala.lt);</p> <p><b>Rural Tourism Homestead of Veisiejai School of Technologies and Business</b>, Kailiniai village, Veisiejai Administrative Area (+370 318 56 579, info@tvm.veisiejai.im.lt).</p> <p><b>Rest houses:</b></p> <p><b>ANČIA</b>, Jezdas village, Kapčiamiestis Administrative Area (tel. +370 687 32 016).</p> <p><b>Lodging houses:</b></p> <p><b>Silva Jakštienė</b>, M. Bižytės 2a, Veisiejai (tel. +370 671 97 721, +370 686 23 830, +370 318 56 240).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                  |       |
| Catering services         | <p><b>Cafes in Veisiejai:</b></p> <p>Health, Tourism and Service Centre „Ančia“, Vytauto st. 21, Veisiejai (tel. +370 652 99 610);</p> <p>„Snieguolė“, S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236) (booking required).</p> <p><b>Cafes in Kapčiamiestis:</b></p> <p>Café-bar „Banga“, Private Enterprise of V. Varnelis, Taikos st. 2, Kapčiamiestis (tel. +370 682 12 786, +370 318 43 146).</p> <p><b>Shopping in Veisiejai:</b></p> <p>„Snieguolė“, Private Enterprise of V. Barštienė – S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236);</p> <p>Private Enterprise of V. Škarnulis – Leipalingio st. 31, Veisiejai (tel. +370 318 56 175);</p> <p>„Hekorna“, UAB – Ateities st. 3, Veisiejai (tel. +370 650 11 318);</p> <p>„Aibė“ – J. Neimonto st. 1, Veisiejai (tel. +370 318 56 151);</p> <p>„Jaunystė“ – Leipalingio st. 27, Veisiejai (tel. +370 318 56 143).</p> <p><b>Shopping in Kapčiamiestis:</b></p> <p>„Banga“, Private Enterprise of V. Varnelis – Taikos st. 2, Kapčiamiestis (tel.: +370 682 12 786, +370 318 43 146);</p> <p>KB „Lazdijų prekyba“ – Kapčiamiestis (tel. +370 318 43 196);</p> <p>Private Enterprise of R. Maciulevičius – Taikos st. 16, Kapčiamiestis (tel. +370 318 43 123);</p> <p>UAB „RAMAVITA“ – Veisiejų st. 27, Kapčiamiestis.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                  |       |



| Segment title              | Segment length, km | Related road category and number | Road type            |
|----------------------------|--------------------|----------------------------------|----------------------|
| Kapčiamiestis – Subačiai   | 7                  | Regional 2505                    | Asphalt, gravel road |
| Subačiai – Gerveliai       | 2                  | Local                            | Field/forest road    |
| Gerveliai – SAboutgiškiai  | 4                  | Local                            | Field/forest road    |
| SAboutgiškiai – Aradninkai | 3                  | Local                            | Field/forest road    |
| Aradninkai – Paveisiejai   | 2                  | Local                            | Field/forest road    |
| Paveisiejai – Veisiejai    | 5                  | Local                            | Field/forest road    |
| Veisiejai – Kapčiamiestis  | 12                 | Regional 2503                    | Asphalt              |

**Dusia Lake Ring – page 31; Metelys Ring – page 32.**







## Dusia Lake Ring

Route map, page 30

|                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                  |        |
|-----------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|--------|
| Start point and end point                           | Meteliai Regional Park Directorate (Meteliai village, Seirijai Administrative Area)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Duration         | 1 day  |
| Route length                                        | About 25 km or 34 km                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Difficulty level | Medium |
| Places of interest                                  | <p><b>25 km route:</b></p> <ol style="list-style-type: none"> <li>1. Meteliai Regional Park Directorate and School of Nature (Meteliai village, Seirijai Administrative Area);</li> <li>2. Battle place (Graužai village, Seirijai Administrative Area);</li> <li>3. Saint Mary the Virgin Chapel (Crosses) (Staigūnai village, Teizai Administrative Area);</li> <li>4. Zėbrėnai ancient settlement (Zėbrėnai village, Teizai Administrative Area);</li> <li>5. Old graves of Barčiai (Barčiai village, Teizai Administrative Area);</li> <li>6. Prelomčiškė Mound and a settlement (Prelomčiškė village, Teizai Administrative Area);</li> <li>7. The Church of Transfiguration of Christ (Ežero st., Meteliai village, Seirijai Administrative Area).</li> </ol> <p><b>34 km route:</b></p> <ol style="list-style-type: none"> <li>1. Meteliai Regional Park Directorate and School of Nature (Meteliai village, Seirijai Administrative Area);</li> <li>2. Battle place (Graužai village, Seirijai Administrative Area);</li> <li>3. Saint Mary the Virgin Chapel (Crosses) (Staigūnai village, Teizai Administrative Area);</li> <li>4. Giraitė Mound (Giraitė village, Teizai Administrative Area);</li> <li>5. Verstaminai Mound I (Verstaminai village, Teizai Administrative Area);</li> <li>6. Verstaminai Mound II and a settlement (Verstaminai village, Teizai Administrative Area);</li> <li>7. Verstaminai Mound III and a settlement (Verstaminai village, Teizai Administrative Area);</li> <li>8. Chapel Mound (Verstaminai village, Teizai Administrative Area);</li> <li>9. Prelomčiškė Mound and a settlement (Prelomčiškė village, Teizai Administrative Area);</li> <li>10. The Church of Transfiguration of Christ (Ežero st., Meteliai village, Seirijai Administrative Area).</li> </ol> |                  |        |
| Accommodation services                              | <p><b>Rural Tourism Homesteads:</b></p> <p><b>S. Čėpononis Homestead</b>, Zėbrėnai village, Teizai Administrative Area (tel. +370 687 73 488, pusinetroba@gmail.com);</p> <p><b>S. Čivinskienė Homestead</b>, Vaickūniškė village, Seirijai Administrative Area (tel. +370 698 23 755, sodybadusia@gmail.com, www.civinskienessodyba.lt);</p> <p><b>VITRŪNA</b>, Meteliai village, Seirijai Administrative Area. (tel. +370 687 70 748, vitrina@gmail.com, www.vitruna.lt).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                  |        |
| Catering services                                   | Meteliai store, UAB „Lazdijų prekyba“, Meteliai village, Seirijai Administrative Area (tel. +370 318 43 640).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                  |        |
| Route type, location with reference to other routes | It is possible also to include Metelys Lake Ring.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                  |        |
| For more information about the route please contact | Meteliai Regional Park Directorate, Meteliai village, Seirijai Administrative Area (tel. +370 318 43 649; www.meteliuparkas.lt).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                  |        |

| Segment title (25 km)                         | Segment length, km | Related road category and number | Road type               |
|-----------------------------------------------|--------------------|----------------------------------|-------------------------|
| Meteliai Regional Park Directorate – Sutrė    | 4                  | Local                            | Asphalt                 |
| Sutrė – Staigūnai                             | 2                  | Local                            | Gravel road             |
| Staigūnai – Metelytė                          | 9                  | Local                            | Gravel road, asphalt    |
| Metelytė – Meteliai Regional Park Directorate | 10                 | Local                            | Asphalt                 |
| Segment title (34 km)                         | Segment length, km | Related road category and number | Road type               |
| Meteliai Regional Park Directorate – Sutrė    | 4                  | Local                            | Asphalt                 |
| Sutrė – Staigūnai                             | 2                  | Local                            | Gravel road             |
| Staigūnai – Teizai                            | 3                  | Local                            | Field road              |
| Teizai – Randiškė                             | 8                  | Local                            | Gravel road, field road |
| Randiškė – Prelomčiškė                        | 4                  | Local                            | Field road              |
| Prelomčiškė – Metelytė                        | 3                  | Local                            | Gravel road, asphalt    |
| Metelytė – Meteliai Regional Park Directorate |                    | Local                            | Asphalt                 |



## Metelys Ring

Route map, page 30

|                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                  |        |
|-----------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|--------|
| Start point and end point                           | At the end of Meteliai village, from the beach                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Duration         | 1 day  |
| Route length                                        | About 22 km or 28 km                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Difficulty level | Medium |
| Places of interest                                  | <p><b>22 km route:</b></p> <ol style="list-style-type: none"> <li>1. The Church of the Holy Transfiguration of Christ (Ežero st, Meteliai village, Seirijai Administrative Area);</li> <li>2. Old cemetery of Akuočiai manor (Akuočiai village, Seirijai Administrative Area);</li> <li>3. The Hollow and the Great Širvintas Oaks (Širvintas forest, Seirijai Administrative Area);</li> <li>4. Meteliai Regional Park Directorate and School of Nature (Meteliai village, Seirijai Administrative Area);</li> </ol> <p><b>28 km route:</b></p> <ol style="list-style-type: none"> <li>1. The Church of the Holy Transfiguration of Christ (Ežero st., Meteliai village, Seirijai Administrative Area);</li> <li>2. Graves of the participants of the 1863 uprising (Seirijai Administrative Area);</li> <li>3. Battle place (Statiškė village, Seirijai Administrative Area)</li> <li>4. Holy Virgin Mary Scapular Church (Vytauto st. 25, Seirijai);</li> <li>5. Former NKVD headquarters (Seirijai);</li> <li>6. Place of A. Žmuidzinavičius homestead (A. Žmuidzinavičiaus st., Seirijai, Seirijai Administrative Area);</li> <li>7. The Hollow and the Great Širvintas Oaks (Širvintas forest, Seirijai Administrative Area);</li> <li>8. Meteliai Regional Park Directorate and School of Nature (Meteliai village, Seirijai Administrative Area).</li> </ol> |                  |        |
| Accommodation services                              | <p><b>Rural Tourism Homesteads:</b></p> <p><b>Akromo sodyba</b>, Vaickūniškė village, Seirijai Administrative Area (tel.: 370 698 46 291, +370 616 04 246, akromusodyba@atostogoskaime.lt, www.atostogoskaime.lt);</p> <p><b>S. Baliukonis</b>, Vaickūniškė village, Seirijai Administrative Area (tel.: +370 613 47 392, +370 674 05 865);</p> <p><b>Salomėja Čivinskienė</b>, Vaickūniškė village, Seirijai Administrative Area (tel. +370 698 23 755, sodybadusia@gmail.com, www.civinskienessodyba.lt);</p> <p><b>OBELIJA</b>, Mockonys village, Seirijai Administrative Area (tel.: +370 686 59 400, +370 315 64 562, obelijossodyba@gmail.com; www.obelijossodyba.lt);</p> <p><b>VITRŪNA</b>, Meteliai village, Seirijai Administrative Area. (tel. +370 687 70 748, vitrina@centras.lt, www.vitruna.lt).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                  |        |
| Catering services                                   | <p><b>Cafes in Seirijai:</b></p> <p>Café-Hotel „Seira“, Vytauto st. 36, Seirijai (tel. +370 318 58 368);</p> <p><b>Shopping in Seirijai:</b></p> <p>Viligitra, UAB, Vytauto st. 42, Seirijai (tel. +370 318 58 286); A. Žmuidzinavičiaus st. 3, Seirijai (tel. +370 318 58 156);</p> <p>Ramunė, Metelių st. 1, Seirijai, Lazdijai District (tel. +370 318 58 157);</p> <p>Meteliai store, UAB „Lazdijų prekyba“, Meteliai village, Seirijai Administrative Area (tel. +370 318 43 640).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                  |        |
| Route type, location with reference to other routes | It is possible also to include Metelys Lake Ring.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                  |        |
| For more information about the route please contact | Meteliai Regional Park Directorate, Meteliai village, Seirijai Administrative Area (tel. +370 318 43 649; www.meteliuparkas.lt).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                  |        |

| Segment title (22 km)                         | Segment length, km | Related road category and number | Road type            |
|-----------------------------------------------|--------------------|----------------------------------|----------------------|
| Beach – Buckūnai                              | 4                  | Local                            | Gravel road, asphalt |
| Buckūnai – Papėčiai                           | 4                  | Local                            | Asphalt              |
| Papėčiai – road Seirijai/Meteliai (crossroad) | 9                  | Local                            | Gravel road          |
| Road Seirijai/Meteliai – beach                | 5                  | National 181                     | Asphalt              |

| Segment title (28 km) | Segment length, km | Related road category and number | Road type            |
|-----------------------|--------------------|----------------------------------|----------------------|
| Beach – Buckūnai      | 4                  | Local                            | Gravel road, asphalt |
| Buckūnai – Papėčiai   | 4                  | Local                            | Asphalt              |
| Papėčiai – Statiškė   | 8                  | Local                            | Gravel road          |
| Statiškė – Seirijai   | 3                  | Local                            | Gravel road          |
| Seirijai – beach      | 9                  | National 181                     | Asphalt              |





## Transit route from the Polish frontier zone

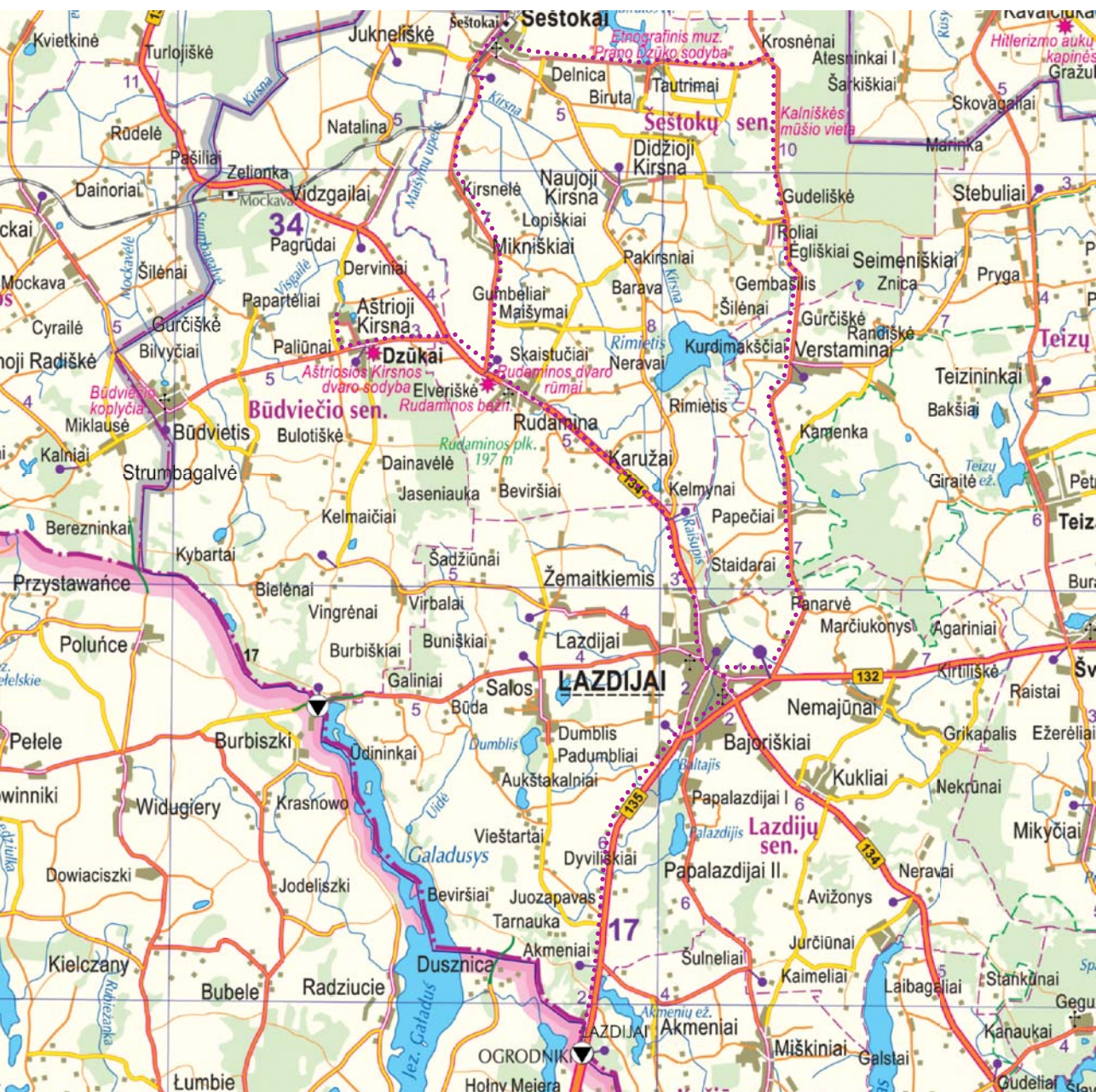
### Akmeniai village – Lazdijai – Rudamina village – Aštrioji Kirsna village – Šeštokai – Lazdijai

Route map, page 34

|                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                  |           |
|---------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|-----------|
| Start point and end point | Start point – Polish frontier zone, end point – Lazdijai                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Duration         | 1 day     |
| Route length              | About 50 km                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Difficulty level | Difficult |
| Pavement                  | Most of the roads are asphalted, but not all of them have roadsides. The road is moderately hilly.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                  |           |
| Places of interest        | <p><b>Lazdijai:</b></p> <ol style="list-style-type: none"> <li>1. Lazdijai Region Museum (Seinų st. 29);</li> <li>2. Museum of Fights for Freedom (Vytauto st. 11);</li> <li>3. Motiejus Gustaitis Memorial Museum (Seinų st. 31);</li> <li>4. Grave of M. Gustaitis (Lazdijai Cemetery);</li> <li>5. Old Jewish Cemetery (Lazdijai);</li> <li>6. Evangelical Lutheran Cemetery (Lazdijai);</li> <li>7. Lazdijai St. Anne's Church (Dainavos st. 4);</li> <li>8. Independence Monument (Central Square).</li> </ol> <p><b>Lazdijai locality:</b></p> <ol style="list-style-type: none"> <li>1. Rudamina Mound and a settlement (Rudamina, Lazdijai Municipality);</li> <li>2. St. Trinity Church (Karaliaus Mindaugo st., Rudamina, Lazdijai Municipality);</li> <li>3. Ruins of former manor palace and homestead (Rudamina, Lazdijai Administrative Area);</li> <li>4. Rudamina old Jewish cemetery (Rudamina, Lazdijai Administrative Area);</li> <li>5. Elveriškė Mound and a settlement (Elveriškė village, Lazdijai Administrative Area);</li> <li>6. Papalazdijai Mound (Papalazdijai village, Lazdijai Municipality);</li> <li>7. Cemetery of Holocaust Victims (Katkiškės village, Lazdijai Municipality).</li> </ol> <p><b>Būdvietis locality:</b></p> <ol style="list-style-type: none"> <li>1. Aštrioji Kirsna manor (Aštrioji Kirsna village, Būdvietis Administrative Area);</li> <li>2. Old cemetery (Aštrioji Kirsna village, Būdvietis Administrative Area).</li> </ol> <p><b>Šeštokai locality:</b></p> <ol style="list-style-type: none"> <li>3. Gumbeliai (Maišymai) Mound (Gumbeliai village (Maišymai village), Šeštokai Administrative Area);</li> <li>4. Šeštokai railway station (Sodų st. 13, Šeštokai);</li> <li>5. St. Virgin Mary Church (Šeštokai, Šeštokai Administrative Area);</li> <li>6. Pranas Dzūkų homestead- museum (Delnica village, Šeštokai Administrative Area);</li> </ol> <p><b>Krosna locality:</b></p> <ol style="list-style-type: none"> <li>1. Kalniškė battle place (Kalniškė forest, Šeštokai Administrative Area).</li> </ol> |                  |           |
| Accommodation services    | <p><b>Rural Tourism Homesteads:</b></p> <p>VILUJA, Akmeniai village, Kučiūnai Administrative Area (tel. +370 685 27 556; anulis@one.lt);</p> <p>AKMENĖLIS, Akmeniai village, Kučiūnai Administrative Area (tel. +370 612 75 419; valdelisv@takas.lt, www.akmenelis.lt);</p> <p>A. Sandienė, Ežero st. 2, Lazdijai (tel. +370 614 67 001; astossodyba@gmail.com);</p> <p>V. Pečiulienė, Bielėnai village, Būdvietis Administrative Area (tel. +370 616 97 686).</p> <p><b>Hotels, motels:</b></p> <p>Hotel „Dvyniai“, Sodų st. 47, Lazdijai (tel. +370 318 52 710);</p> <p>Hotel „Žibintas“, Nepriklausomybės a. 4, Lazdijai (tel. +370 687 24 966);</p> <p>Motel „Eldija“, Dzūkų st. 18, Šeštokai (tel. +370 318 47 113, +370 615 38 636).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                  |           |
| Catering services         | <p><b>Cafes in Lazdijai:</b></p> <p>DVYNIAI, Sodų st. 47, Lazdijai (tel. +370 318 52 710);</p> <p>NENDRĖ, Kauno st. 4, Lazdijai (tel. +370 318 51 001);</p> <p>TEMPAS, Turistų st. 98, Lazdijai (tel. +370 318 51 319, +370 698 78 220, +370 698 20 070);</p> <p>TRASA, Turistų st. 25, Lazdijai (tel. +370 318 59 854);</p> <p>KVAJA, Turistų st. 37, Lazdijai (tel. +370 682 56 001, +370 616 92 047);</p> <p>PAS MANTA, Nepriklausomybės a. 4, Lazdijai (tel. +370 318 59 854, +370 673 77 979).</p> <p><b>Café in Šeštokai:</b></p> <p>Motel-café „ELDIJA“, Dzūkų st. 18, Šeštokai (tel. +370 318 47 113).</p> <p><b>Shopping in Lazdijai:</b></p> <p>MAXIMA – Kauno st. 4; AIBĖ – M. Gustaičio st. 8/Seinų st. 8; IKI – Seinų st. 4; CENTO – Sodų st. 10; NORFA – Dzūkų st. 3; „Eljovita“ – Seinų st. 18;</p> <p>„Pakelė“ – Turistų st. 82; „Tujelė“ – Kauno st. 48; R. Makutėnienės Pj – Vytauto st. 20;</p> <p>„Lazdijų duona“ – Turistų st. 1.</p> <p>Store in Rudama: Rudamina village, Lazdijai Administrative Area</p> <p>Store in Šeštokai: „Slenkstis“ – Dzūkų st. 9a; A. Remeikienė Private Enterprise – Sodų st. 12.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                  |           |



| Segment title                                     | Segment length, km | Related road category and number | Road type |
|---------------------------------------------------|--------------------|----------------------------------|-----------|
| State border crossing unit at Akmeniai – Lazdijai | 9                  | National 135                     | Asphalt   |
| Lazdijai – Rudamina                               | 8                  | National 134                     | Asphalt   |
| Rudamina – Mikniškiai – Kirsnelė – Šeštokai       | 10                 | Regional 2506                    | Asphalt   |
| Šeštokai – Biruta – road Krosna – Lazdijai        | 8                  | Regional                         | Asphalt   |
| Road Krosna – Lazdijai – Lazdijai                 | 16                 | Regional 2502                    | Asphalt   |







## Bike routes

Route map, page 36 psl.

### Krasnopol – Smolany

|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |              |       |
|------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|-------|
| Start point            | Krasnopol                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Duration     | 1 day |
| End point              | Smolany (Smalėnai)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Route length | 20 km |
| Difficulty level       | Easy                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |              |       |
| Route description      | Krasnopol – Rutka – Smolany                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |              |       |
| Places of interest     | Smolany (Smalėnai): Smalėnai St. Isidore Church                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |              |       |
| Accommodation services | <p>„Prie ežerėlio“, Kampučiai village 10, 16–515 Punks, Poland (tel. +48 875 161454, +48 691 405791; juozas.peculis@neastrada.pl);</p> <p>Leisure and Recreation Centre „Šilainė“, Ožkiniai village, 41, 16–515 Punks, Poland (tel. +48 875 161242, +48 875 161712, +48 609 438671; albinas@interia.pl);</p> <p>„Šilas“, Ožkiniai village, 16–515 Punks, Poland (tel. +48 607 394952, +48 875 161483; valdi_punks@o2.pl, www.Punks.pl/silas);</p> <p>„Pas Vilį“, Laukų st. 16, 16–515 Punks, tel. +48 875 161255, +48 782 353114, +48510965046, walenty.zukowski@up.pl; www.uwili.republika.pl</p> <p>SANKŪRAI, Sankury k. 8, 16–515 Punks, tel. +48 721 802978, sankury@neostrada.pl</p> <p>PETRAS KRAKAUSKAS RURAL TOURISM HOMESTEAD, Trakiškės 19 village, 16–515 Punks, Poland (tel. +48695747316, +48875161315; www.sodas.suwalszczyna.com.pl);</p> <p>D. and A. Šliauziai Rural Tourism Homestead, Ožkiniai village, 40, 16–515 Punks, Poland (tel. +48 791 844 552; danuta.szlauzys@gmail.com);</p> <p>„PAS EDVINĄ“, Slynakiemis village 14, 16–515 Punks, Poland (tel. +48513350763; edwin.krajewski@gmail.com, www.edwin.wigry.eu).</p> <p>„Pas Honorką“, Stražacka st. 1, 16–515 Punks, tel. +48 665 197954, barhonorka@wp.pl; www.agroturystykapunks.republika.pl.</p> |              |       |
| Additional information | On this route, there is probability to see the beavers.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |              |       |

### Sejny – Rutka-Tartak

Route map, page 36 psl.

|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |              |          |
|------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|----------|
| Start point            | Seinai (Sejny)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Duration     | 2 dienos |
| End point              | Rutka-Tartak                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Route length | 60 km    |
| Difficulty level       | Easy                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |              |          |
| Route description      | Sejny – Babařice – Klejwy – Źwikiele – Smolany – Boksze lake – Boksze – Wesotowo – Szlmokiemie – Punks – Zaboryszki – Dėbniak – Jodel lake – Becejly – Krzywółka – Wygorzel – Wierzbiszki – Rutka-Tartak                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |              |          |
| Places of interest     | <p><b>Sejny (Seinai):</b></p> <ol style="list-style-type: none"> <li>1. St. Virgin Mary Basilica built in 1610–1619</li> <li>2. Town Hall built in 1846</li> <li>3. White Jewish Synagogue built in 1860–1870</li> <li>4. Seinai Land Museum, J. Piłsudskiego st. 28, 16–500 Sejny, tel. +875162212, muzeum@home.sejny.pl</li> </ol> <p><b>Punks (Punks):</b></p> <ol style="list-style-type: none"> <li>1. Blessed Virgin Mary's Assumption into Heaven Church</li> <li>2. Old rectory</li> <li>3. Lithuanian homestead of the 19th century</li> <li>4. St. Isidore Church in Smalėnai</li> <li>5. Old railway station in Trakiškės</li> <li>6. Jotvingian and Prussian settlement of the 12th century</li> <li>7. Lithuanian Culture House in Punks</li> <li>8. Ethnographic Museum</li> <li>9. Memorial in the honor of the restoration of Lithuania's independence (Kampučiai) (11-03-1990)</li> </ol> <p><b>Smolany (Smalėnai):</b></p> <ol style="list-style-type: none"> <li>1. St. Isidore Church in Smalėnai</li> </ol> <p><b>Becejly:</b></p> <ol style="list-style-type: none"> <li>1. Our Lady of Czestochowa Church</li> </ol> <p><b>Rutka-Tartak:</b></p> <ol style="list-style-type: none"> <li>1. Water mill built in 1926</li> <li>2. Church of St. Mary the Virgin built in 1980</li> </ol>                                                                                                                                                                                                                                                       |              |          |
| Accommodation services | <p>„Prie ežerėlio“, Kampučiai village 10, 16–515 Punks, Poland (tel. +48 875 161454, +48 691 405791, juozas.peculis@neastrada.pl);</p> <p>Leisure and Recreation Centre „Šilainė“, Ožkiniai village, 41, 16–515 Punks, Poland (tel. +48 875 161242, +48 875 161712, +48 609 438671, albinas@interia.pl);</p> <p>„Šilas“, Ožkiniai village, 16–515 Punks, Poland (tel. +48 607 394952, +48 875 161483, valdi_punks@o2.pl; www.Punks.pl/silas);</p> <p>„Pas Vilį“, Laukų st. 16, 16–515 Punks (tel. +48 875 161255, +48 782 353114, +48 510 965046, walenty.zukowski@up.pl; www.uwili.republika.pl)</p> <p>SANKŪRAI, Sankury k. 8, 16–515 Punks (tel. +48 721 802978, sankury@neostrada.pl);</p> <p>PETRAS KRAKAUSKAS RURAL TOURISM HOMESTEAD, Trakiškės 19 village, 16–515 Punks, Poland (tel. +48 695 747316, +48 875 161315; www.sodas.suwalszczyna.com.pl);</p> <p>D. and A. Šliauziai Rural Tourism Homestead, Ožkiniai village, 40, 16–515 Punks, Poland (tel. +48 791 844 552, danuta.szlauzys@gmail.com);</p> <p>„Pas Edviną“, Slynakiemis village 14, 16–515 Punks, Poland (tel. +48513350763; edwin.krajewski@gmail.com, www.edwin.wigry.eu);</p> <p>„Pas Honorką“, Stražacka st. 1, 16–515 Punks (tel. +48 665 197954, barhonorka@wp.pl; www.agroturystykapunks.republika.pl);</p> <p>Klejwy (Klevai): Klevai farm, Klevai 64, 16–500 Seinai (tel. +48 501 95332, klejwy@klejwy.pl);</p> <p>Boksze (Bokšiai): Fish farm „FALKO“, Andrzej i Grażyna Falkowscy Boksze Osada 10A 16–515 Punks (tel. +48 601 888148, +48 605 888409, falko@falko-ryby.eu).</p> |              |          |

VšĮ „Lazdijų turizmo informacinis centras“, tel. +370 318 51160, +370 318 66130, +370 318 51881, +370 611 10855,  
: turizmas@lazdijai.lt, turizmas.info@lazdijai.lt, tourism@lazdijai.lt. **Turizmo centras Punkske**, tel. +48 875 161079, cit@cit.ugpunks.pl





## Catering services

## Sejny (Seinai):

Restaurant „Rožno“, Parkowa st. 661/8, Seinai 16-500, tel. +48 509 690944  
 „Karczma“ in Seinai Lithuanian House, 22 Liepos st. 9, 16-500 Seinai, tel. +48 875 173300  
 Hotel and restaurant „Skarpa“, J. Piłsudskiego st. 13, 16-500 Seinai, tel. +48 875 162065, +48 692 790082  
 Cafe „Kresy“, E. Plater st. 6 a, 16-500 Seinai, tel. +48 663 343852  
 Pizzeria „Elizabetta“, Ogrodowa st. 1, tel. +48 875 163061  
 Bar „Pod strzechą“, 22 lipca st. 15, tel. +48 875 163070, +48 607 470526

## Puńsk (Punsk):

„Karčiama“, Mickevičiaus st. 49, Punks  
 Restaurant „Sodas“, Punks, Mickevičiaus st. 17, tel. +48 875 161315  
 „Užeiga“, Punks, Mokyklos (Szkolna) st. 67, tel. +48 875 161476  
 Bar „Omega“, Punks, Mickevičiaus st. 76  
 Canteen, Punks, Kovo 11 st. 18 (11 Marca), +48 875 161080  
 Café in the Lithuanian Culture House, Punks, 11 Kovo (11 Marca) 17, tel. +48 875 161032  
 Recreation and Leisure Centre „Silainė“ at the lake Seivai, Ožkiniai, tel. +48 875 161242

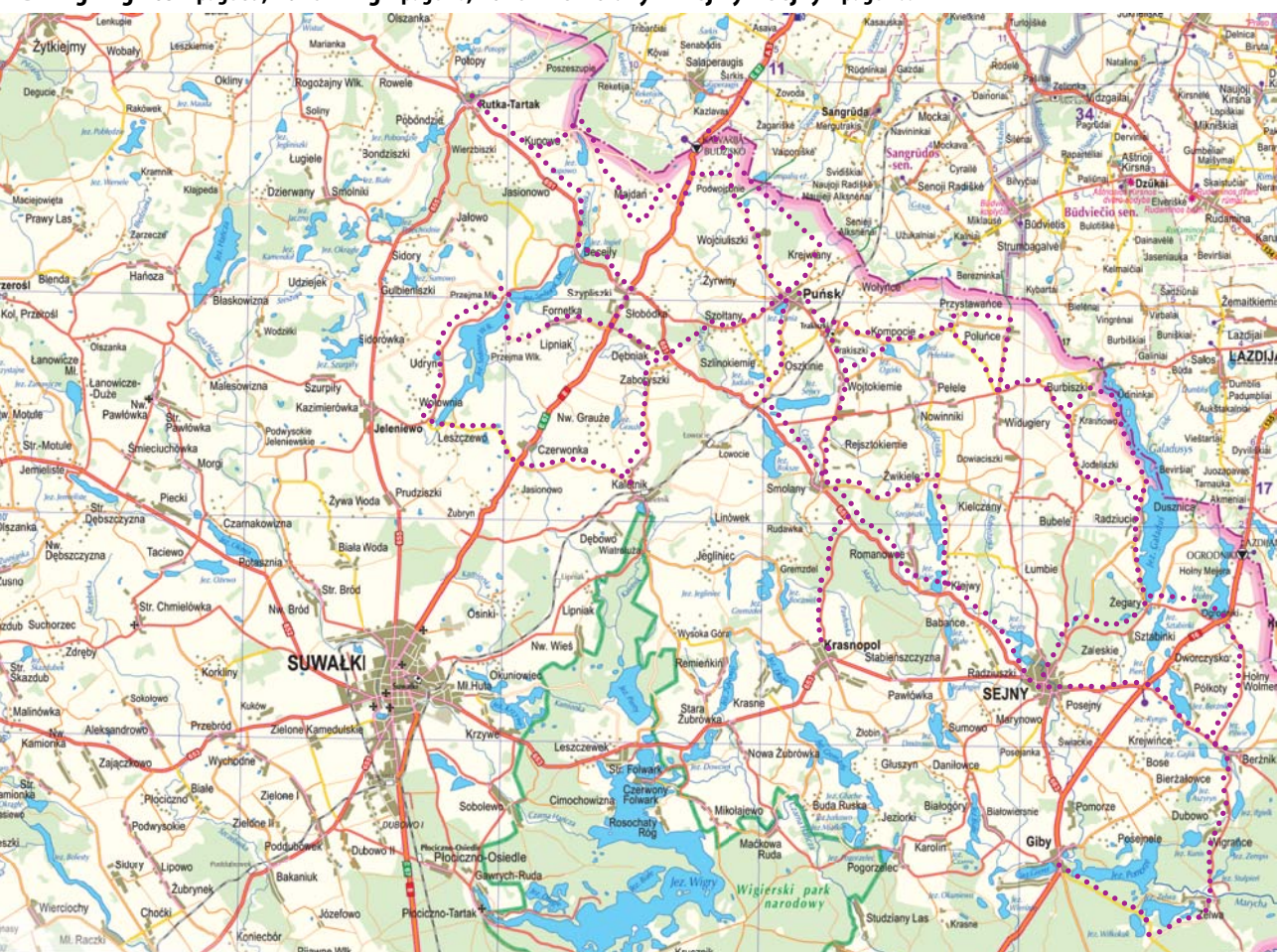
## Rutka-Tartak:

Bar „Case drink“, 3 Maja st. 10, 16-406 Rutka Tartak

## Additional information

Fishing at the fish farm „FALKO“.

**Beavers' route – page 35; Sejny – Rutka-Tartak – pages 35–36; Path „Žalioji rūta“ – page 37; Giant of Suwalki – page 38; Biking ring R65 – page 39; Punks ring – page 40; Puńsk – Smolany – Klejwy – Sejny – page 40.**







|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |              |        |
|------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|--------|
| Start point            | Budzisko (Budzikas)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Duration     | 2 days |
| End point              | Sejny (Seinai)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Route length | 65 km  |
| Difficulty level       | Easy                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |              |        |
| Route description      | Budzisko–Jegliniec – Wojponie – Gihusze – Krejwiany – Puńsk – Trakiszi – Sejwy – Wojtokiemie – Ogórki – Kompocie – Poluńce – Widugiery – Buda Zawidugierska – Sankury – Burbiszki – Jenorajście – Radziucie – Żegary – Sejny                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |              |        |
| Places of interest     | <p><b>Puńsk (Punsk):</b></p> <ol style="list-style-type: none"> <li>1. Blessed Virgin Mary's Assumption into Heaven Church;</li> <li>2. Old rectory;</li> <li>3. Lithuanian homestead of the 19th century;</li> <li>4. St. Isidore Church in Smalėnai;</li> <li>5. Old railway station in Trakisės;</li> <li>6. Jotvingian and Prussian settlement of the 12th century;</li> <li>7. Lithuanian Culture House in Punsk;</li> <li>8. Ethnographic Museum;</li> <li>9. Memorial in the honor of the restoration of Lithuania's independence (Kampučiai) (11-03-1990).</li> </ol> <p><b>Jegliniec (Eglinė):</b></p> <ol style="list-style-type: none"> <li>1. The mound of Jotvingiai.</li> </ol> <p><b>Gihusze (Giliūšiai):</b></p> <ol style="list-style-type: none"> <li>1. In Giliūšgiris, there is a „Badger hill“. The name suggests that there are many badgers' holes. The top of the hill was the place of the ancient chapel where people used to pray and make sacrifices. This hill is thought to be an ancient holy place.</li> </ol> <p><b>Krejwiany (Kreivėnai):</b></p> <ol style="list-style-type: none"> <li>1. Memorial in the honor of the book distributor Povilas Matulevičius.</li> </ol> <p><b>Poluńce (Paliūnai):</b></p> <ol style="list-style-type: none"> <li>1. Old Evangelical Cemetery.</li> </ol> <p><b>Jenorajście:</b></p> <ol style="list-style-type: none"> <li>1. Manor of the 19th century.</li> </ol> <p><b>Żegary (Žagariai):</b></p> <ol style="list-style-type: none"> <li>1. Wooden Saint Bartholomew's Church built in 1793.</li> </ol> <p><b>Sejny (Seinai):</b></p> <ol style="list-style-type: none"> <li>1. St. Virgin Mary Basilica built in 1610–1619;</li> <li>2. Town Hall built in 1846;</li> <li>3. White Jewish Synagogue built in 1860–1870;</li> <li>4. Seinai Land Museum, J. Piłsudskiego st. 28, 16–500 Sejny (tel. +48 751 62212, muzeum@home.sejny.pl).</li> </ol> |              |        |
| Accommodation services | <p>„Prie ežerėlio“, Kampučiai village 10, 16–515 Punsk, Poland (tel. +48 875 161454, +48 691 405791; juozas.peculis@neastrada.pl);</p> <p>Leisure and Recreation Centre „Šilainė“, Ožkiniai village, 41, 16–515 Punsk, Poland (tel. +48 875 161242, +48 875 161712, +48 609 438671; albinas@interia.pl);</p> <p>„Šilas“, Ožkiniai village, 16–515 Punsk, Poland (tel. +48 607 394952, +48 875 161483; valdi_punsk@o2.pl, www.Punsk.pl/silas);</p> <p>„Pas Vilį“, Laukų st. 16, 16–515 Punsk (tel. +48 875 161255, +48 782 353114, +48 510965046, walenty.zukowski@up.pl; www.uwili.republika.pl)</p> <p>SANKŪRAI, Sankury k. 8, 16–515 Punsk (tel. +48 721 802978, sankury@neostrada.pl)</p> <p>PETRAS KRAKAUSKAS RURAL TOURISM HOMESTEAD, Trakisės 19 village, 16–515 Punsk, Poland (tel. +48 695 747316, +48 875 161315; www.sodas.suwalszczyna.com.pl);</p> <p>D. and A. Šliauziai Rural Tourism Homestead, Ožkiniai village. 40, 16–515 Punsk, Poland (tel. +48 791 844 552; danuta.szlauzys@gmail.com);</p> <p>„Pas Edviną“, Šlynakiemis village 14, 16–515 Punsk, Poland (tel. +48 513 350763, edwin.krajewski@gmail.com, www.edwin.wigry.eu).</p> <p>„Pas Honorką“, Stražacka st. 1, 16–515 Punsk (tel. +48 665 197954, barhonorka@wp.pl; www.agroturystikapunsk.republika.pl)</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |              |        |
| Catering services      | <p><b>Puńsk (Punsk):</b></p> <p>Karčiama“, Mickevičiaus st. 49, Punsk;</p> <p>Restaurant „Sodas“, Punsk, Mickevičiaus st. 17 (tel. +48 875 161315);</p> <p>„Užeiga“, Punsk, Mokyklos (Szkolna) st. 67 (tel. +48 875 161476);</p> <p>Bar „Omega“, Punsk, Mickevičiaus st. 76;</p> <p>Canteen, Punsk, Kovo 11 st. 18 (11 Marca) (tel. +48 875 161080);</p> <p>Café in the Lithuanian Culture House, Punsk, 11 Kovo (11 Marca) 17 (tel. +48 875 161032);</p> <p>Recreation and Leisure Centre „Šilainė“ at the lake Seivai, Ožkiniai (tel. +48 875 161242).</p> <p><b>Sejny (Seinai):</b></p> <p>Restaurant „Rožno“, Parkowa st. 661/8, Seinai 16–500 (tel. +48 509 690944);</p> <p>„Karczma“ in Seinai Lithuanian House, 22 Liepos st. 9, 16–500 Seinai (tel. +48 875 173300);</p> <p>Hotel and restaurant „Skarpa“, J. Piłsudskiego st. 13, 16–500 Seinai (tel.: +48 875 162065, +48 692 790082);</p> <p>Cafe „Kresy“, E. Plater st. 6 a, 16–500 Seinai (tel. +48 663 343852);</p> <p>Pizzeria „Elizabetta“, Ogrodowa st. 1 (tel. +48 875 163061);</p> <p>Bar „Pod strzechą“, 22 lipca st. 15 (tel. +48 875 163070, +48 607 470526).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |              |        |
| Additional information | Annual jamboree of the Lithuanian Ensembles in Burbiszki (Burbiškiai) (last Sunday of June).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |              |        |

VšĮ „Lazdijų turizmo informacinis centras“, tel.: +370 318 51160, +370 318 66130, +370 318 51881, +370 611 10855,  
: turizmas@lazdijai.lt, turizmas.info@lazdijai.lt, tourism@lazdijai.lt. Turizmo centras Punske, tel. +48 87 5161079, cit@cit.ugpunsk.pl



## Giant of Suwalki

Route map, page 36

|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |              |        |
|------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|--------|
| Start point            | Giby (Gibai)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Duration     | 2 days |
| End point              | Puńsk (Punsk)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Route length | 48 km  |
| Difficulty level       | Easy                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |              |        |
| Route description      | Giby – Zelwa – Berzniki – Sejny – Smolany – Puńsk                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |              |        |
| Places of interest     | <p><b>Giby (Gibai):</b></p> <ol style="list-style-type: none"> <li>1. Memorial in the honor of the Victims of NKVD Repression in 1945;</li> <li>2. Nature Reserve „Tobolinka”;</li> <li>3. St. Anne's Church built in 1914.</li> </ol> <p><b>Zelwa (Želva):</b></p> <ol style="list-style-type: none"> <li>1. Ethnographic Museum;</li> <li>2. Nature Reserve „Kukle”.</li> </ol> <p><b>Berzniki (Bereznykai):</b></p> <ol style="list-style-type: none"> <li>1. Wooden Blessed Virgin Mary's Assumption into Heaven built in 1819;</li> <li>2. Wooden Chapel of the 19th century;</li> <li>3. Classical Chapel built in 1846;</li> <li>4. Granite Memorial in the honor of the Victims of Seinai Battle in 1920 (built in 2001);</li> <li>5. Memorial in the honor of 20 Polish people killed by the Hitlerites in 1944;</li> <li>6. Berzniki ash-tree – a nature monument (18 m).</li> </ol> <p><b>Sejny (Seinai):</b></p> <ol style="list-style-type: none"> <li>1. St. Virgin Mary Basilica built in 1610–1619;</li> <li>2. Town Hall built in 1846;</li> <li>3. White Jewish Synagogue built in 1860–1870;</li> <li>4. Seinai Land Museum, J. Piłsudskiego st. 28, 16–500 Sejny, tel. +875162212, el. p. muzeum@home.sejny.pl.</li> </ol> <p><b>Smolany (Smalėnai):</b></p> <ol style="list-style-type: none"> <li>1. Smalėnai St. Isidore Church.</li> </ol> <p><b>Puńsk (Punsk):</b></p> <ol style="list-style-type: none"> <li>1. Blessed Virgin Mary's Assumption into Heaven Church;</li> <li>2. Old rectory;</li> <li>3. Lithuanian homestead of the 19th century;</li> <li>4. St. Isidore Church in Smalėnai;</li> <li>5. Old railway station in Trakiškės;</li> <li>6. Jotvingian and Prussian settlement of the 12th century;</li> <li>7. Lithuanian Culture House in Punsk;</li> <li>8. Ethnographic Museum;</li> <li>9. Memorial in the honor of the restoration of Lithuania's independence (Kampuočiai) (11-03-1990).</li> </ol> |              |        |
| Accommodation services | <p><b>„Prie ežerėlio”,</b> Kampučiai village 10, 16–515 Punsk, Poland (tel. +48 875 161454, +48 691 405791; juozas.peciulis@neastrada.pl);</p> <p><b>Leisure and Recreation Centre „Šilainė”,</b> Ožkiniai village, 41, 16–515 Punsk, Poland (tel. +48 875 161242, +48 875 161712, +48 609 438671; albinas@interia.pl);</p> <p><b>„Šilas”,</b> Ožkiniai village, 16–515 Punsk, Poland (tel. +48 607 394952, +48 875 161483; valdi_punsk@o2.pl, www.Punsk.pl/silas);</p> <p><b>„Pas Vili”,</b> Laukų st. 16, 16-515 Punsk (tel. +48 875 161255, +48 782 353114, +48510965046, walenty.zukowski@up.pl; www.uwili.republika.pl)</p> <p><b>SANKŪRAI,</b> Sankury k. 8, 16-515 Punsk (tel. +48 721 802978, sankury@neostrada.pl)</p> <p><b>PETRAS KRAKAUSKAS RURAL TOURISM HOMESTEAD,</b> Trakiškės 19 village, 16–515 Punsk, Poland (tel. +48 695 747316, +48 875 161315; www.sodas.suwalszczyzna.com.pl);</p> <p><b>D. and A. Šliauziai Rural Tourism Homestead,</b> Ožkiniai village. 40, 16–515 Punsk, Poland (tel. +48 791 844 552; danuta.szlauzys@gmail.com);</p> <p><b>„Pas Edviną”,</b> Šlynakiemis village 14, 16–515 Punsk, Poland (tel. +48 513 350763, edwin.krajewski@gmail.com, www.edwin.wigry.eu).</p> <p><b>„Pas Honorką”,</b> Stražacka st. 1, 16-515 Punsk (tel. +48 665 197954, barhonorka@wp.pl; www.agroturystykapunsk.republika.pl)</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |              |        |
| Catering services      | <p><b>Zelwa (Želva): Bar in the fishing centre Zelwa</b></p> <p><b>Puńsk (Punsk):</b></p> <p>„Karčiama”, Mickevičiaus st. 49, Punsk;</p> <p>Restaurant „Sodas”, Punsk, Mickevičiaus st. 17 (tel. +48 875 161315);</p> <p>„Užeiga”, Punsk, Mokyklos (Szkoła) st. 67 (tel. +48 875 161476);</p> <p>Bar „Omega”, Punsk, Mickevičiaus st. 76;</p> <p>Canteen, Punsk, Kovo 11 st. 18 (11 Marca) (+48 875 161080);</p> <p>Café in the Lithuanian Culture House, Punsk, 11 Kovo (11 Marca) 17 (tel. +48 875 161032);</p> <p>Recreation and Leisure Centre „Šilainė” at the lake Seivai, Ožkiniai (tel. +48 875 161242).</p> <p><b>Sejny (Seinai):</b></p> <p>Restaurant „Rožno”, Parkowa st. 661/8, Seinai 16-500 (tel. +48 509 690944);</p> <p>„Karczma” in Seinai Lithuanian House, 22 Liepos st. 9, 16-500 Seinai (tel. +48 875 173300);</p> <p>Hotel and restaurant „Skarpa”, J. Piłsudskiego st. 13, 16-500 Seinai (tel.: +48 875 162065, +48 692 790082);</p> <p>Cafe „Kresy”, E. Plater st. 6 a, 16-500 Seinai (tel. +48 663 343852);</p> <p>Pizzeria „Elizabetta”, Ogrodowa st. 1 (tel. +48 875 163061);</p> <p>Bar „Pod strzechą”, 22 lipca st. 15 (tel.: +48 875 163070, +48 607 470526).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |              |        |
| Additional information | This route is a part of „Giant of Suwalki” route.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |              |        |





## Biking ring R65

Route map, page 36

|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |              |          |
|------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|----------|
| Start point            | Rutka-Tartak                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Duration     | 3–4 days |
| End point              | Giby (Gibai)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Route length | 89 km    |
| Difficulty level       | Easy                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |              |          |
| Route description      | Rutka Tartak – Folsz – Kupowo – Majdan – Budzisko – Podwojponie – Jegliniec – Wojponie – Wojciuliszki – Puńsk – Trakiszki – Kompocie – Przystawańce – Tauroszyzki – Widugiery – Buda Zawidugierska – Sankury – Burbiszki – Jenorajście – Radziucie – Żegary – Ogrodniki – Hołny Wolmera – Berzniki – Dubowo – Wigrzańce – Zelwa – Giby                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |              |          |
| Places of interest     | <b>Rutka-Tartak:</b> <ol style="list-style-type: none"> <li>1. Water mill built in 1926;</li> <li>2. St. Mary the Virgin Church built in 1980.</li> </ol> <b>Jegliniec (Eglinė):</b> <ol style="list-style-type: none"> <li>1. The mound of Jotvingiai.</li> </ol> <b>Puńsk (Punks):</b> <ol style="list-style-type: none"> <li>1. Blessed Virgin Mary's Assumption into Heaven Church;</li> <li>2. Old rectory;</li> <li>3. Lithuanian homestead of the 19th century;</li> <li>4. St. Isidore Church in Smalėnai;</li> <li>5. Old railway station in Trakiškės;</li> <li>6. Jotvingian and Prussian settlement of the 12th century;</li> <li>7. Lithuanian Culture House in Punks;</li> <li>8. Ethnographic Museum;</li> <li>9. Memorial in the honor of the restoration of Lithuania's independence (Kampučiai) (11-03-1990).</li> </ol> <b>Żegary (Žagariai):</b> <ol style="list-style-type: none"> <li>1. Wooden Saint Bartholomew's Church built in 1793.</li> </ol>                                                                                                                                                                                                                                                                                                                                                                        |              |          |
| Accommodation services | <b>„Prie ežerėlio“</b> , Kampučiai village 10, 16–515 Punks, Poland (tel.: +48 875 161454, +48 691 405791; juozas.peculis@neastrada.pl);<br><b>Leisure and Recreation Centre „Šilainė“</b> , Ožkiniai village, 41, 16–515 Punks, Poland (tel.: +48 875 161242, +48 875 161712, +48 609 438671; albinas@interia.pl);<br><b>„Šilas“</b> , Ožkiniai village, 16–515 Punks, Poland (tel.: +48 607 394952, +48 875 161483; valdi_punks@o2.pl, www.Punks.pl/silas);<br><b>„Pas Vilį“</b> , Laukų st. 16, 16–515 Punks (tel. +48 875 161255, +48 782 353114, +48 510 965046, el. p. walenty.zukowski@up.pl; www.uwili.republika.pl);<br><b>SANKŪRAI</b> , Sankury k. 8, 16–515 Punks (tel. +48 721 802978, el. p. sankury@neostrada.pl);<br><b>PETRAS KRAKAUSKAS RURAL TOURISM HOMESTEAD</b> , Trakiškės 19 village, 16–515 Punks, Poland (tel. +48 695 747316, +48 875 161315; www.sodas.suwalcszczyna.com.pl);<br><b>D. and A. Šliaužiai Rural Tourism Homestead</b> , Ožkiniai village. 40, 16–515 Punks, Poland (tel. +48 791 844 552, danuta.szlauzys@gmail.com);<br><b>„Pas Edviną“</b> , Šlynakiemis village 14, 16–515 Punks, Poland (tel. +48 513 350763, edwin.krajewski@gmail.com; www.edwin.wigry.eu).<br><b>„Pas Honorką“</b> , Stražacka st. 1, 16–515 Punks (tel. +48 665 197954, barhonorka@wp.pl; www.agroturystykapunks.republika.pl). |              |          |
| Additional information | This route is a part of „Suwalki Biking Ring R65”.<br>Annual jamboree of the Lithuanian Ensembles in Burbiszki (Burbiškiiai) (last Sunday of June).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |              |          |



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 e-mail: turizmas@lazdijai.lt, turizmas.info@lazdijai.lt, tourism@lazdijai.lt. Tourism Centre in Punks, tel. +48 87 5161079, e-mail: cit@cit.ugpunksk.pl



## Punsk Ring

Route map, page 36

|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |              |       |
|------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|-------|
| Start point            | Puńsk (Punsk)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Duration     | 1 day |
| End point              | Puńsk (Punsk)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Route length | 16 km |
| Difficulty level       | Easy                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |              |       |
| Route description      | Puńsk – Zaboryszki – Fornetka – Becejly – Kaletnik – Zaboryszki – Puńsk                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |              |       |
| Places of interest     | <b>Puńsk (Punsk):</b> <ol style="list-style-type: none"> <li>1. Blessed Virgin Mary's Assumption into Heaven Church;</li> <li>2. Old rectory;</li> <li>3. Lithuanian homestead of the 19th century;</li> <li>4. St. Isidore Church in Smalėnai;</li> <li>5. Old railway station in Trakiškės;</li> <li>6. Jotvingian and Prussian settlement of the 12th century;</li> <li>7. Lithuanian Culture House in Punsk;</li> <li>8. Ethnographic Museum;</li> <li>9. Memorial in the honor of the restoration of Lithuania's independence (Kampučiai) (11-03-1990).</li> </ol>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |              |       |
| Accommodation services | <b>„Prie ežerėlio“</b> , Kampučiai village 10, 16–515 Punsk, Poland (tel.: +48 875 161454, +48 691 405791; juozas.peculis@neastrada.pl);<br><b>Leisure and Recreation Centre „Šilainė“</b> , Ožkiniai village, 41, 16–515 Punsk, Poland (tel.: +48 875 161242, +48 875 161712, +48 609 438671; albinas@interia.pl);<br><b>„Šilas“</b> , Ožkiniai village, 16–515 Punsk, Poland (tel.: +48 607 394952, +48 875 161483; valdi_punsk@o2.pl, www.Punsk.pl/silas);<br><b>„Pas Vilį“</b> , Laukų st. 16, 16–515 Punsk (tel. +48 875 161255, +48 782 353114, +48 510 965046, el. p. walenty.zukowski@up.pl; www.uwili.republika.pl);<br><b>SANKŪRAI</b> , Sankury k. 8, 16–515 Punsk (tel. +48 721 802978, el. p. sankury@neostrada.pl);<br><b>PETRAS KRAKAUSKAS RURAL TOURISM HOMESTEAD</b> , Trakiškės 19 village, 16–515 Punsk, Poland (tel. +48 695 747316, +48 875 161315; www.sodas.suwalszczynna.com.pl);<br><b>D. and A. Šliaužiai Rural Tourism Homestead</b> , Ožkiniai village. 40, 16–515 Punsk, Poland (tel. +48 791 844 552, danuta.szlauzys@gmail.com);<br><b>„Pas Edviną“</b> , Šlynakiemis village 14, 16–515 Punsk, Poland (tel. +48 513 350763, edwin.krajewski@gmail.com; www.edwin.wigry.eu).<br><b>„Pas Honorka“</b> , Stražacka st. 1, 16–515 Punsk (tel. +48 665 197954, barhonorka@wp.pl; www.agroturystikapunsk.republika.pl). |              |       |

## Puńsk – Smolany – Klejwy – Sejny

Route map, page 36 psl.

|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |              |       |
|------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|-------|
| Start point            | Puńsk (Punsk)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Duration     | 1 day |
| End point              | Sejny (Seinai)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Route length | 27 km |
| Difficulty level       | Easy                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |              |       |
| Route description      | Puńsk – Smolany – Klejwy – Sejny                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |              |       |
| Places of interest     | <b>Puńsk (Punsk):</b> <ol style="list-style-type: none"> <li>1. Blessed Virgin Mary's Assumption into Heaven Church;</li> <li>2. Old rectory;</li> <li>3. Lithuanian homestead of the 19th century;</li> <li>4. St. Isidore Church in Smalėnai;</li> <li>5. Old railway station in Trakiškės;</li> <li>6. Jotvingian and Prussian settlement of the 12th century;</li> <li>7. Lithuanian Culture House in Punsk;</li> <li>8. Ethnographic Museum;</li> <li>9. Memorial in the honor of the restoration of Lithuania's independence (Kampučiai) (11-03-1990).</li> </ol>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |              |       |
| Accommodation services | <b>„Prie ežerėlio“</b> , Kampučiai village 10, 16–515 Punsk, Poland (tel.: +48 875 161454, +48 691 405791; juozas.peculis@neastrada.pl);<br><b>Leisure and Recreation Centre „Šilainė“</b> , Ožkiniai village, 41, 16–515 Punsk, Poland (tel.: +48 875 161242, +48 875 161712, +48 609 438671; albinas@interia.pl);<br><b>„Šilas“</b> , Ožkiniai village, 16–515 Punsk, Poland (tel.: +48 607 394952, +48 875 161483; valdi_punsk@o2.pl, www.Punsk.pl/silas);<br><b>„Pas Vilį“</b> , Laukų st. 16, 16–515 Punsk (tel. +48 875 161255, +48 782 353114, +48 510 965046, el. p. walenty.zukowski@up.pl; www.uwili.republika.pl);<br><b>SANKŪRAI</b> , Sankury k. 8, 16–515 Punsk (tel. +48 721 802978, el. p. sankury@neostrada.pl);<br><b>PETRAS KRAKAUSKAS RURAL TOURISM HOMESTEAD</b> , Trakiškės 19 village, 16–515 Punsk, Poland (tel. +48 695 747316, +48 875 161315; www.sodas.suwalszczynna.com.pl);<br><b>D. and A. Šliaužiai Rural Tourism Homestead</b> , Ožkiniai village. 40, 16–515 Punsk, Poland (tel. +48 791 844 552, danuta.szlauzys@gmail.com);<br><b>„Pas Edviną“</b> , Šlynakiemis village 14, 16–515 Punsk, Poland (tel. +48 513 350763, edwin.krajewski@gmail.com; www.edwin.wigry.eu).<br><b>„Pas Honorka“</b> , Stražacka st. 1, 16–515 Punsk (tel. +48 665 197954, barhonorka@wp.pl; www.agroturystikapunsk.republika.pl). |              |       |





## Giraitės Nature Path

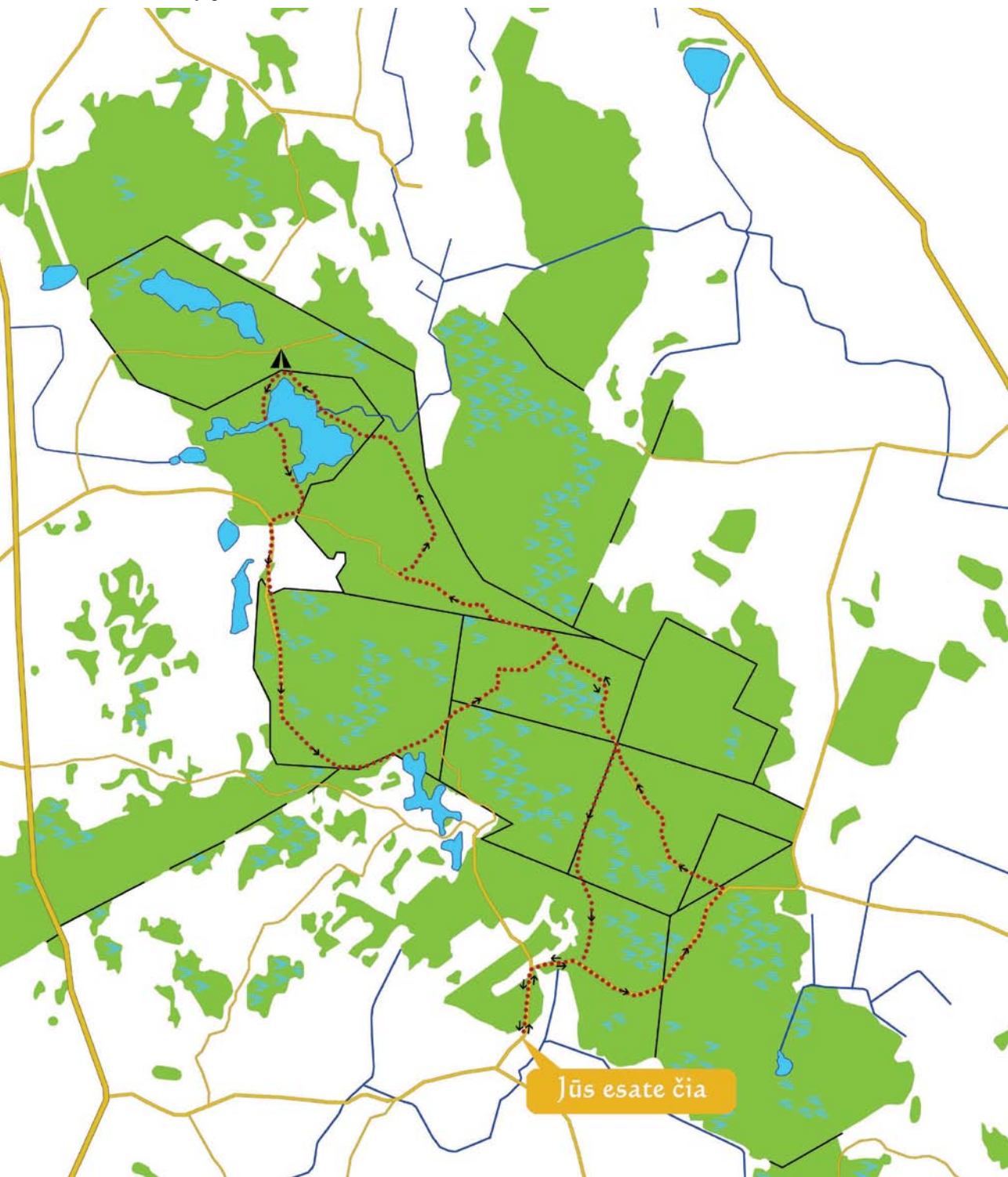
|                                     |                                                                                                                                                                                                                                                                                           |                  |             |
|-------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|-------------|
| Start point and end point           | Giraitėliai village                                                                                                                                                                                                                                                                       | Duration         | 1,5–2 hours |
| Route length                        | About 9 km                                                                                                                                                                                                                                                                                | Difficulty level | Easy        |
| Pavement, hilliness                 | Forest paths                                                                                                                                                                                                                                                                              |                  |             |
| Information on flora and fauna      | Protected hornbeam forests, beautiful pine forests, impressive landscape.                                                                                                                                                                                                                 |                  |             |
| Accommodation services              | <b>Cafe-hotel „Dvyniai“</b> , Sodų st. 47, Lazdijai (tel. +370 318 52 710);<br><b>Hotel „Žibintas“</b> , Nepriklausomybės square 4, Lazdijai (tel. +370 687 24 966);<br><b>A. Sandienė Rural Tourism Homestead</b> , Ežero st. 2, Lazdijai (tel. +370 614 67 001; astossodyba@gmail.com). |                  |             |
| Horse riding                        | V. Pliuskienė stud (tel.: +370 686 70 816, +370 699 39 075);                                                                                                                                                                                                                              |                  |             |
| Riding assistant                    | A. Šmulkštis stud (tel.: +370 318 58 291, +370 686 86 157);                                                                                                                                                                                                                               |                  |             |
| Horse-drawn carriage ride           | LAZDIJAI HORSE RIDING CLUB (tel. +370 622 79 709);                                                                                                                                                                                                                                        |                  |             |
| (3 persons)                         | R. Buinauskas (tel. +370 626 14752);                                                                                                                                                                                                                                                      |                  |             |
| Carriage ride (drawn by two horses) | V. Žička (tel. +370 698 31 068);                                                                                                                                                                                                                                                          |                  |             |
| (3 persons)                         | M. Bernatonis (tel. +370 612 88 438);                                                                                                                                                                                                                                                     |                  |             |
| Pony-drawn carriage ride            | Ž. Čerėškevičius (tel. +370 600 29 245).                                                                                                                                                                                                                                                  |                  |             |
| Horse rental                        |                                                                                                                                                                                                                                                                                           |                  |             |
| Other services                      | 2 poilsiavietės                                                                                                                                                                                                                                                                           |                  |             |
| Route marking                       | The path has been labeled with special marks.                                                                                                                                                                                                                                             |                  |             |



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 e-mail: turizmas@lazdijai.lt, turizmas.info@lazdijai.lt, tourism@lazdijai.lt. Tourism Centre in Puns, tel. +48 87 5161079, e-mail: cit@cit.ugpunsk.pl



## Giraitės Nature Path – page 41.







## Trakas Botanic – Zoological Reserve

|                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                  |             |
|-----------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|-------------|
| Start point and end point                           | Trakas Botanic– Zoological Reserve                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Duration         | 1–1,5 hours |
| Route length                                        | About 5,5–6 km                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Difficulty level | Easy        |
| Pavement, hilliness                                 | Forest paths                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                  |             |
| Information on flora and fauna                      | Protected fauna, characteristic of the southwest Lithuanian forests and wetlands;<br>430 plant species, including 15 protected species;<br>Unique plant species: Lathyrus laevigatus, Laserpitium latifolium, Cypripedium calceolus, Trifolium rubens, Hypericum montanum;<br>The only location where the Sessile oak (Quercus petraea) can be found.<br>A big variety of birds.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                  |             |
| Accommodation services (rural tourism homesteads)   | <b>VITRŪNA</b> , Meteliai village, Seirijai Administrative Area (tel. +370 687 70 748, vitruna@gmail.com; www.vitruna.lt);<br><b>S. Čivinskienė</b> , Vaickūniškė village, Seirijai Administrative Area (tel. +370 698 23 755, sodybadusia@gmail.com; www.civinskienessodyba.lt);<br><b>S. Baliukonis</b> , Vaickūniškė village, Seirijai Administrative Area (tel.: +370 613 47 392, +370 674 05 865);<br><b>V. Akromo</b> , Vaickūniškė village, Seirijai Administrative Area (tel.: +370 698 46 291, +370 616 04 246, akromusodyba@atostogoskaime.lt, www.atostogoskaime.lt);<br><b>OBELIJA</b> , Mockonys village, Seirijai Administrative Area (tel.: +370 686 59 400, +370 315 64 562, obelijossodyba@gmail.com, www.obelijossodyba.lt);<br><b>SRAIGĖ</b> , Straigiškė village, Seirijai Administrative Area (tel.: +370 686 67 579, +370 615 22 756, talandziai@gmail.com). |                  |             |
| Horse riding                                        | V. Pliuskienė stud (tel.: +370 686 70 816, +370 699 39 075);                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                  |             |
| Riding assistant                                    | A. Šmulskis stud (tel. :+370 318 58 291, +370 686 86 157);                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                  |             |
| Horse-drawn carriage ride (3 persons)               | LAZDIJAI HORSE RIDING CLUB (tel. +370 622 79 709);                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                  |             |
| Carriage ride (drawn by two horses) (3 persons)     | R. Buinauskas (tel. +370 626 14752);                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                  |             |
| Pony-drawn carriage ride                            | V. Žička (tel. +370 698 31 068);                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                  |             |
| Horse rental                                        | M. Bernatoniš (tel. +370 612 88 438);                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                  |             |
|                                                     | Ž. Čerėševičius (tel. +370 600 29 245).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                  |             |
| Route marking                                       | The path has been especially sign posted                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                  |             |
| Catering services                                   | Cafe- hotel „Seira“, Vytauto st. 36, Seirijai (tel. +370 318 58 368).<br><b>Shopping in Seirijai:</b><br>Viligitra, Vytauto st. 42, Seirijai (tel. +370 318 58 286);<br>A. Žmuidzinavičiaus st. 3, Seirijai (tel. +370 318 58 156);<br>Ramunė, Metelių st. 1, Seirijai (tel. +370 318 58 157).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                  |             |
| For more information about the route please contact | Meteliai Regional Park Directorate, Meteliai village, Seirijai Administrative Area (tel. +370 318 43 649; www.meteliuparkas.lt).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                  |             |



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e-mail: turizmas@lazdijai.lt, turizmas.info@lazdijai.lt, tourism@lazdijai.lt. Tourism Centre in Punks, tel. +48 87 5161079, e-mail: cit@cit.ugpunsk.pl



## Galadusis Lake Ring

Route map, page 45

|                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                  |        |
|-------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|--------|
| Start point and end point           | Public Institution „Lazdijai Tourism Information Centre“, Janaslavas village, Lazdijai District Municipality                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Duration         | 2 days |
| Route length                        | About 64 km                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Difficulty level | Easy   |
| Pavement, hilliness                 | Various (asphalt, gravel roads, forest paths).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                  |        |
| Brief description of the lake       | The Polish-Lithuanian border divides the lake into two parts. The lake covers an area of 729 ha. Its average depth is about 5.9 m. The lake is almost oblong in shape with some islands and bays.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                  |        |
| Places of interest                  | <p><b>Lazdijai:</b> Lazdijai Region Museum (Seinų st. 29); Museum of Fights for Freedom (Vytauto st. 11); Motiejus Gustaitis Memorial Museum (Seinų st. 31); Lazdijai St. Anne's Church (Dainavos st. 4); Independence Monument (Central Square); Grave of M. Gustaitis (Lazdijai Cemetery, Kauno st.); Old Jewish Cemetery (Lazdijai); Evangelical Lutheran Cemetery (Lazdijai).</p> <p><b>Lazdijai locality:</b> Papalazdijai Mound (Papalazdijai village, Lazdijai Municipality); Cemetery of Holocaust Victims (Katkiškės village, Lazdijai Municipality); Ūdininkai Ancient Settlement (Ūdininkai village, Lazdijai Municipality); Ūdininkai Mound (Ūdininkai village, Lazdijai Municipality); Buniškės Mound (Buniškės village, Lazdijai Municipality).</p> <p><b>Punks:</b> Lithuanian Culture House in Punks; Old Rectory; The monument commemorating Punks parish's 400th anniversary built in 1997; Synagogue (Mickevičiaus st.); Chapel of the old cemetery; Chapel of the new cemetery; Lithuanian Culture Centre (LLK), Ethnographic museum of the 19th century.</p> <p><b>Punks locality:</b> Haberman family's chapel and grave in Smalėnai (19th century); St. Isidore Church and Monastery in Smalėnai; Tourism and Recreation Centre „Šilainės“ (formerly known as Šilainė); Jotvingian and Prussian settlement; Memorial in the honor of the restoration of Lithuania's independence (Kampuočiai); Old railway station in Trakiškės (19th century); Memorial in the honor of the book distributor Povilas Matulevičius in Kreivėnai.</p>                                                                                                                                                                                                                                                                                                                                                                                 |                  |        |
| Horse riding                        | <b>Lazdijai locality:</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                  |        |
| Riding assistant                    | V. Pliuskienė stud (tel.: +370 686 70 816, +370 699 39 075);                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                  |        |
| Horse-drawn carriage ride           | A. Šmulskis stud (tel.: +370 318 58 291, +370 686 86 157);                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                  |        |
| (3 persons)                         | LAZDIJAI HORSE RIDING CLUB (tel. +370 622 79 709);                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                  |        |
| Carriage ride (drawn by two horses) | R. Buinauskas (tel. +370 626 14752);                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                  |        |
| (3 persons)                         | V. Žička (tel. +370 698 31 068);                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                  |        |
| Pony-drawn carriage ride            | M. Bernatonis (tel. +370 612 88 438);                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                  |        |
| Horse rental                        | Ž. Čereškevičius (tel. +370 600 29 245).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                  |        |
|                                     | <p><b>Punks locality:</b></p> <p>Krakauskas Petras (tel. +48 695 747 316);</p> <p>Šuščevičius Albinas (tel. +48 609 438 671);</p> <p>Marszał Bogdan (tel. +48 693 571 919).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                  |        |
| Accommodation services              | <p><b>Lazdijai:</b></p> <p>Café-Hotel „Dvyniai“, Sodų st. 47, Lazdijai (tel. +370 318 52 710);</p> <p>Hotel „Žibintas“, Nepriklausomybės square 4, Lazdijai (tel. +370 687 24 966);</p> <p>A. Sandienė rural tourism homestead, Ežero st. 2, Lazdijai (tel. +370 614 67 001, astossodyba@gmail.com).</p> <p><b>Rural tourism homesteads in Lazdijai locality:</b></p> <p>VILUJA, Akmeniai village, Kučūnai Administrative Area (tel. +370 685 27 556, anulis@one.lt);</p> <p>AKMENĖLIS, Akmeniai village, Kučūnai Administrative Area (tel. +370 612 75 419, valdelisv@takas.lt, www.akmenelis.lt);</p> <p>V. Pečiulienė, Bielėnai village, Būdvietis Administrative Area (tel. +370 616 97 686).</p> <p><b>Rural tourism homesteads in Punks locality:</b></p> <p>„Prie ežerėlio“, Kampučiai village 10, 16–515 Punks, Poland (tel.: +48 875 161454, +48 691 405791, juozas.peculis@neastrada.pl);</p> <p>Leisure and Recreation Centre „Šilainė“, Ožkiniai village, 41, 16–515 Punks, Poland (tel.: +48 875 161242, +48 875 161712, +48 609 438671, albinas@interia.pl);</p> <p>„Šilas“, Ožkiniai village, 16–515 Punks, Poland (tel.: +48 607 394952, +48 875 161483, valdi_punks@eo2.pl; www.Punks.pl/silas);</p> <p>U WILI („Pas Vili“), Laukų st. 16, 16–515 Punks (tel.: +48 875 161255, +48 782 353114, +48 510 965046, walenty.zukowski@up.pl; www.uwili.republika.pl);</p> <p>SANKŪRAI, Sankury k. 8, 16–515 Punks (tel. +48 721 802978, sankury@neostrada.pl).</p> <p>PETRAS KRAKAUSKAS RURAL TOURISM HOMESTEAD, Trakiškės 19 village, 16–515 Punks, Poland (tel.: +48 695 747316, +48 875 161315; www.sodas.suwalszczyna.com.pl);</p> <p>D. and A. Šliauziai Rural Tourism Homestead, Ožkiniai village. 40, 16–515 Punks, Poland (tel. +48 791 844 552, danuta.szlauzys@gmail.com);</p> <p>„Pas Edviną“, Šlynakiemis village 14, 16–515 Punks, Poland (tel. +48 513 350763, edwin.krajewski@gmail.com; www.edwin.wigry.eu).</p> |                  |        |
| Catering services                   | <p><b>Cafes in Lazdijai:</b></p> <p>DVYNIAI, Sodų st. 47, Lazdijai (tel. +370 318 52 710);</p> <p>NENDRĖ, Kauno st. 4, Lazdijai (tel. +370 318 51 001);</p> <p>TEMPAS, Turistų st. 98, Lazdijai (tel. +370 318 51 319, +370 698 78 220, +370 698 20 070);</p> <p>TRASA, Turistų st. 25, Lazdijai (tel. +370 318 59 854);</p> <p>KVAJA, Turistų st. 37, Lazdijai (tel. +370 682 56 001, +370 616 92 047);</p> <p>PAS MANTĄ, Nepriklausomybės a. 4, Lazdijai (tel. +370 318 59 854, +370 673 77 979).</p> <p><b>Café in Šeštakai:</b></p> <p>Motel-café „ELDIJA“, Dzūkų st. 18, Šeštakai (tel. +370 318 47 113).</p> <p><b>Café in Punks:</b></p> <p>Kavinė in Lithuanian Culture House, Kovo 11 st. 17, Punks (tel. +48 875 161321).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                  |        |





|                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Catering services</b>                                   | <b>Restaurant in Punksk:</b><br>Restaurant „Sodas“, Mickevičiaus st. 17, Punksk (tel. +48 87 5161 315, +48 695 747 316); „Užeiga“, Mokyklos st. 69, Punksk (tel. +48 5161 476, 605 888 368).<br><b>Bars in Punksk:</b><br>„Karčema“, Mickevičiaus st., Punksk (tel. +48 512 258 353); „Omega“, Mickevičiaus st., Punksk.<br><b>Shopping in Lazdijai:</b><br>MAXIMA – Kauno st. 4; AIBĖ – M. Gustaicio st. 8/Seinų st. 8; IKI – Seinų st. 4; CENTO – Sodų st. 10; NORFA – Džukų st. 3; „Eljovita“ – Seinų st. 18; „Pakelė“ – Turistų st. 82; „Tujelė“ – Kauno st. 48; R. Makutėnienės PĮ – Vytauto st. 20; „Lazdijų duona“ – Turistų st. 1.<br><b>Store in Rudamina:</b> Rudamina village, Lazdijai Administrative Area<br><b>Store in Šeštokai:</b> „Slenkstis“ – Džukų st. 9a; A. Remeikienė Private Enterprise – Sodų st. 12.<br><b>Stores in Punksk:</b> „Valdi“, Mokyklos st., „Sam“ Mokyklos st., „Feniks“ Mickevičiaus st., „M. M. Mroczkowsky“ Mickevičiaus st., „Dešra“ Suduvių st. |
| <b>For more information about the route please contact</b> | Public Institution „Lazdijai Tourism Information Centre“, Janaslavas village, Lazdijai District Municipality (tel. +370 318 51 881, turizmas.info@lazdijai.lt); Vilniaus st. 1, Lazdijai (tel.: +370 318 51 160, +370 611 10 855, turizmas@lazdijai.lt, tourism@lazdijai.lt).<br>Punksk Tourism Information Centre, ul. Mickiewicza 23, Punksk (tel. +48 87 5161 079, cit@cit.ugpunksk.pl; www.cit.ugpunksk.pl).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |

### Galadusis Lake Ring – pages 20–21, page 23, pages 44–46.

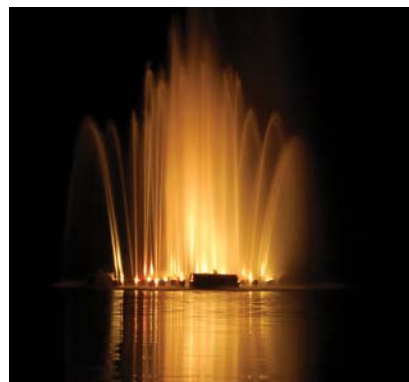


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 e-mail: turizmas@lazdijai.lt, turizmas.info@lazdijai.lt, tourism@lazdijai.lt. Tourism Centre in Punksk, tel. +48 87 5161079, e-mail: cit@cit.ugpunksk.pl

Nature path **Veisiejai Manor Park**

Route map, page 6

|                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                         |              |
|------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|--------------|
| <b>Start point</b>                                         | Veisiejai Regional Park Directorate                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | <b>Duration</b>         | 0,45–3 hours |
| <b>End point</b>                                           | Veisiejai Regional Park Directorate                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | <b>Route length</b>     | About 0,8 km |
| <b>Pavement</b>                                            | Tiles and lawn                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | <b>Difficulty level</b> | Easy         |
| <b>Information on flora and fauna</b>                      | In the 18th century, Mykolas Juozapas Masalskis built a palace in Veisiejai and created a mixed park with ponds, walking paths and bridges. In addition to local trees and bushes (small-leaved lime, Norway maple, mountain elm, fir), one can also find horse chestnuts and oaks. In 2007, Veisiejai Manor Park was granted protected natural heritage status.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                         |              |
| <b>Places of interest</b>                                  | Sculpture park in the centre of Veisiejai (Vytauto st./S. Dariaus ir S. Girėno st.);<br>Ruins of the former Veisiejai manor house (Santarvės st. 9) – Veisiejai Regional Park Directorate (tel. +370 318 56 782, vrp@takas.lt);<br>Veisiejai ash-tree (Veisiejai Town Park);<br>Veisiejai fountain with light and sound effects (Veisiejai Town Park);<br>Memorial in the honor of the founder of Esperanto language Ludwig Lazarus Zamenhof (Veisiejai Town Park);<br>Monumental composition where the house of Juozas Neimontas once was (Vytauto st.);<br>St. George Church (S. Dariaus ir S. Girėno st. 1);<br>Veisiejai Region Museum (Vytauto st. 47, tel.: +370 318 56 535, +370 614 48 387);<br>The place where the house of L. L. Zamenhof was (L. Zamenhofo st.);<br>Grave of Juozas Neimontas (Vytauto st., Veisiejai town cemetery);<br>Old Jewish Cemetery (V. Montvilos st.). |                         |              |
| <b>Accommodation services</b>                              | <b>Rural Tourism Homestead of Veisiejai School of Technologies and Business</b> , Kailiniai village, Veisiejai Administrative Area (tel. +370 318 56 579, info@tvm.veisiejai.im.lt);<br><b>Silva Jakštienė</b> , M. Bižytės 2 a, Veisiejai (tel.: +370 671 97 721, +370 686 23 830, +370 318 56 240);<br><b>Health, Tourism and Service Centre ANČIA</b> , Vytauto st. 21, Veisiejai (tel. +370 652 99 610).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                         |              |
| <b>Catering services</b>                                   | <b>Cafes in Veisiejai:</b><br>Health, Tourism and Service centre „Ančia“, Vytauto st. 21, Veisiejai (tel. +370 652 99 610);<br>„Snieguolė“, S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236) (booking required).<br><b>Shopping in Veisiejai:</b><br>„Snieguolė“, Private Enterprise of V. Baršienė – S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236);<br>Private Enterprise of V. Skarnulis – Leipalingio st. 31, Veisiejai (tel. +370 318 56 175);<br>„Hekorna“, UAB – Ateities st. 3, Veisiejai (tel. +370 650 11 318);<br>„Aibė“ – J. Neimonto st. 1, Veisiejai (tel. +370 318 56 151);<br>„Jaunystė“ – Leipalingio st. 27, Veisiejai (tel. +370 318 56 143).                                                                                                                                                                                          |                         |              |
| <b>For more information about the route please contact</b> | Veisiejai Regional Park Directorate, Santarvės st. 9, Veisiejai, Lazdijai District Municipality (tel./fax +370 318 56 782, vrp@takas.lt).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                         |              |
| <b>Guide services</b>                                      | Audronė Pileckienė (tel. +370 611 45721, e-mail: audrone.pileckiene@gmail.com);<br>Jonas Malinauskas (tel. +370 687 56765, e-mail: jomal@delfi.lt, jonas.malinauskas@gmail.com);<br>Lina Džiaugštienė (tel. +370 687 12537, e-mail: gydytoja@lazdijai.lt);<br>Birutė Talandienė (tel. +370 685 46925, e-mail: bitala@one.lt);<br>Rasa Lazauskaitė (tel. +370 686 70817, e-mail: lazauskaite@one.lt);<br>Irma Maciulevičienė (tel. +370 614 29952, e-mail: irmamaciul@gmail.com);<br>Valdas Subačius (tel. +370 676 05925, e-mail: virmara@one.lt);<br>Albinas Jarmala (tel. +370 687 24008, e-mail: albinasjarmala@gmail.com);<br>Laima Patackaitė (tel. +370 625 85865, e-mail: laima21@email.com);<br>Albina Ramanauskienė (tel. +370 672 35392, e-mail: alba991@yahoo.com).                                                                                                              |                         |              |







## Historic Centre of Veisiejai

|                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                         |              |
|------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|--------------|
| <b>Start point</b>                                         | Veisiejai, Independence Square                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | <b>Duration</b>         | 2–4 hours    |
| <b>End point</b>                                           | Veisiejai, Independence Square                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | <b>Route length</b>     | About 1,5 km |
| <b>Pavement</b>                                            | Tiles, asphalt                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | <b>Difficulty level</b> | Easy         |
| <b>Places of interest</b>                                  | <p>Sculpture park in the centre of Veisiejai (Vytauto st./S. Dariaus ir S. Girėno st.);<br/> Ruins of the former Veisiejai manor house (Santarvės st. 9) – Veisiejai Regional Park Directorate (tel. +370 318 56 782, vrp@takas.lt);<br/> Veisiejai ash-tree (Veisiejai Town Park);<br/> Veisiejai fountain with light and sound effects (Veisiejai Town Park);<br/> Memorial in the honor of the founder of Esperanto language Ludwig Lazarus Zamenhof (Veisiejai Town Park);<br/> Monumental composition where the house of Juozas Neimontas once was (Vytauto st.);<br/> St. George Church (S. Dariaus ir S. Girėno st. 1);<br/> Veisiejai Region Museum (Vytauto st. 47, tel.: +370 318 56 535, +370 614 48 387);<br/> The place where the house of L. L. Zamenhof was (L. Zamenhofo st.);<br/> Grave of Juozas Neimontas (Vytauto st., Veisiejai town cemetery);<br/> Old Jewish Cemetery (V. Montvilos st.).</p> |                         |              |
| <b>Accommodation services</b>                              | <p><b>Rural Tourism Homestead of Veisiejai School of Technologies and Business</b>, Kailiniai village, Veisiejai Administrative Area (tel. +370 318 56 579, info@tvm.veisiejai.im.lt);<br/> <b>Silva Jakštienė</b>, M. Bižytės 2 a, Veisiejai (tel.: +370 671 97 721, +370 686 23 830, +370 318 56 240);<br/> <b>Health, Tourism and Service Centre ANČIA</b>, Vytauto st. 21, Veisiejai (tel. +370 652 99 610).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                         |              |
| <b>Catering services</b>                                   | <p><b>Cafes in Veisiejai:</b><br/> Health, Tourism and Service centre „Ančia“, Vytauto st. 21, Veisiejai (tel. +370 652 99 610);<br/> „Snieguolė“, S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236) (booking required).<br/> <b>Shopping in Veisiejai:</b><br/> „Snieguolė“, Private Enterprise of V. Barštienė – S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236);<br/> Private Enterprise of V. Škarnulis – Leipalingio st. 31, Veisiejai (tel. +370 318 56 175);<br/> „Hekorna“, UAB – Ateities st. 3, Veisiejai (tel. +370 650 11 318);<br/> „Aibė“ – J. Neimonto st. 1, Veisiejai (tel. +370 318 56 151);<br/> „Jaunystė“ – Leipalingio st. 27, Veisiejai (tel. +370 318 56 143).</p>                                                                                                                                                                                             |                         |              |
| <b>For more information about the route please contact</b> | Veisiejai Regional Park Directorate, Santarvės st. 9, Veisiejai, Lazdijai District Municipality (tel./fax +370 318 56 782, vrp@takas.lt).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                         |              |
| <b>Guide services</b>                                      | <p>Audronė Pileckienė (tel. +370 611 45721, e-mail: audrone.pileckiene@gmail.com);<br/> Jonas Malinauskas (tel. +370 687 56765, e-mail: jomal@delfi.lt, jonas.malinauskas@gmail.com);<br/> Lina Džiaugštienė (tel. +370 687 12537, e-mail: gydytoja@lazdijai.lt);<br/> Rasa Lazauskaitė (tel. +370 686 70817, e-mail: lazauskaiterasa@gmail.com);<br/> Irma Maciulevičienė (tel. +370 614 29952, e-mail: irmamaciul@gmail.com);<br/> Valdas Subačius (tel. +370 676 05925, e-mail: virmara@one.lt);<br/> Albinas Jarmala (tel. +370 687 24008, e-mail: albinasjarmala@gmail.com);<br/> Laima Patackaitė (tel. +370 625 85865, e-mail: laima21@email.com);<br/> Albina Ramanauskienė (tel. +370 672 35392, e-mail: alba991@yahoo.com).</p>                                                                                                                                                                              |                         |              |



**Public Institution „Lazdijai Tourism Information Centre“**, tel.: +370 318 51160, +370 318 66130, +370 318 51881, +370 611 10855,  
e-mail: turizmas@lazdijai.lt, turizmas.info@lazdijai.lt, tourism@lazdijai.lt. **Tourism Centre in Punksk**, tel. +48 87 5161079, e-mail: cit@cit.ugpunsk.pl



## Along the hills of Prelomčiškė

|                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                  |              |
|-----------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|--------------|
| Start point and end point                           | Prelomčiškė Mound                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Duration         | 1 hour       |
|                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Route length     | About 3,2 km |
| Pavement                                            | Field paths                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Difficulty level | Easy         |
| Information on flora and fauna                      | Unique hilly landscape;<br>Meadows are home to numerous valuable plants and insects.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                  |              |
| Accommodation services                              | <b>Rural Tourism Homesteads:</b><br><b>S. Čeponis homestead</b> , Težbrėnai village, Teizai Administrative Area (tel.: +370 687 73 488, pusinetroba@gmail.com);<br><b>KLĖTIS</b> , Teizaininkai village, Teizai Administrative Area (tel.: +370 614 34 602, +370 318 45 995, elena.stuckiene@gmail.com; www.kletis.lt).<br><b>SRAIGĖ</b> , Straigiškė village, Seirijai Administrative Area (tel.: +370 686 67 579, +370 615 22 756, talandziai@gmail.com);<br><b>Akromo sodyba</b> , Vaickūniškė village, Seirijai Administrative Area (tel.: +370 698 46 291, +370 616 04 246, akromosodyba@atostogoskaime.lt; www.atostogoskaime.lt);<br><b>S. Baliukonis</b> , Vaickūniškė village, Seirijai Administrative Area (tel. +370 613 47 392, +370 674 05 865);<br><b>S. Čivinskienė</b> , Vaickūniškė village, Seirijai Administrative Area (tel. +370 698 23 755, sodybadusia@gmail.com; www.civinskienessodyba.lt);<br><b>OBEIJA</b> , Mockonys village, Seirijai Administrative Area (tel. +370 686 59 400, +370 315 64 562, obelijossodyba@gmail.com; www.obelijossodyba.lt);<br><b>VITRŪNA</b> , Meteliai village, Seirijai Administrative Area (tel. +370 687 70 748, vitruna@gmail.com; www.vitruna.lt);<br><b>SRAIGĖ</b> , Straigiškė village, Seirijai Administrative Area (tel.: +370 686 67 579, +370 615 22 756, talandziai@gmail.com). |                  |              |
| Catering services                                   | <b>Cafes in Seirijai:</b><br>Cafe-hotel „Seira“, Vytauto st. 36, Seirijai (tel. +370 318 58 368).<br><b>Shopping:</b><br>G. Mizeras Private Copany, Verstaminai, Teizai Administrative Area (tel. +370 318 45 179);<br>Verstaminai store, Verstaminai, Teizai Administrative Area<br>Jotūna, Teizai, Teizai Administrative Area<br>Viligitra, Vytauto st. 42, Seirijai (tel. +370 318 58 286);<br>A.Žmuidzinavičiaus st. 3, Seirijai (tel. +370 318 58 156);<br>Ramunė, Metelių st. 1, Seirijai (tel. +370 318 58 157).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                  |              |
| Other services                                      | Information stand, information plates, benches, car parkinst.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                  |              |
| Route marking                                       | The path has been labelled with special marks.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                  |              |
| For more information about the route please contact | Meteliai Regional Park Directorate, Meteliai village, Seirijai Administrative Area (tel. +370 318 43 649; www.meteliuparkas.lt).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                  |              |
| Guide services                                      | Audronė Pileckienė (tel. +370 611 45721, e-mail: audrone.pileckiene@gmail.com);<br>Jonas Malinauskas (tel. +370 687 56765, e-mail: jomal@delfi.lt, jonas.malinauskas@gmail.com);<br>Birutė Talandienė (tel. +370 685 46925, e-mail: bitala@one.lt);<br>Lina Džiaugštienė (tel. +370 687 12537, e-mail: gydytoja@lazdijai.lt);<br>Valdas Subačius (tel. +370 676 05925, e-mail: virmara@one.lt);<br>Dalia Vievesienė (tel. +370 618 13946, e-mail: vikdalia@gmail.com).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                  |              |





Educational tour along **Trakas botanic-zoological Reserve (608 ha)**

|                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                  |                |
|-----------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|----------------|
| Start point and end point                           | Trakas Botanic- Zoological Reserve                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Pavement         | Forest path    |
|                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Route length     | About 5,5–6 km |
| Duration                                            | 2 hours                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Difficulty level | Easy           |
| Information on flora and fauna                      | <p>The only location where the Sessile oak (<i>Quercus petraea</i>) can be found;<br/>         Protected fauna, characteristic of the southwest Lithuanian forests and wetlands;<br/>         Rare plant species;<br/>         Wide variety of protected animals and birds;<br/>         A hill called Kivakalnis.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                  |                |
| Accommodation services                              | <p><b>Rural Tourism Homesteads:</b><br/> <b>Akromo sodyba</b>, Vaikūniškė village, Seirijai Administrative Area (tel.: +370 698 46 291, +370 616 04 246, akromusodyba@atostogoskaime.lt; www.atostogoskaime.lt);<br/> <b>S. Baliukonis</b>, Vaikūniškė village, Seirijai Administrative Area (tel. +370 613 47 392, +370 674 05 865);<br/> <b>S. Čivinskiėnė</b>, Vaikūniškė village, Seirijai Administrative Area (tel. +370 698 23 755, sodybadusia@gmail.com; www.civinskienessodyba.lt);<br/> <b>OBELIJA</b>, Mockonys village, Seirijai Administrative Area (tel.: +370 686 59 400, +370 315 64 562, obelijossodyba@gmail.com; www.obelijossodyba.lt);<br/> <b>VITRŪNA</b>, Meteliai village, Seirijai Administrative Area (tel. +370 687 70 748, vitruna@gmail.com; www.vitruna.lt);<br/> <b>SRAIGĖ</b>, Straigiškė village, Seirijai Administrative Area (te.: +370 686 67 579, +370 615 22 756, talandziai@gmail.com).</p> |                  |                |
| Catering services                                   | <p><b>Cafes in Seirijai:</b><br/>         Cafe- hotel „Seira“, Vytauto st. 36, Seirijai (tel. +370 318 58 368).<br/> <b>Shopping in Seirijai:</b><br/>         Viligitra, Vytauto st. 42, Seirijai (tel. +370 318 58 286);<br/>         A.Žmuidzinavičiaus st. 3, Seirijai (tel. +370 318 58 156);<br/>         Ramunė, Metelių st. 1, Seirijai (tel. +370 318 58 157).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                  |                |
| Other services                                      | Information stand, information plates, benches, car parkinst.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                  |                |
| Route marking                                       | The path has been labelled with special marks.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                  |                |
| For more information about the route please contact | Meteliai Regional Park Directorate, Meteliai village, Seirijai Administrative Area (tel. +370 318 43 649; www.meteliuparkas.lt).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                  |                |
| Guide services                                      | <p>Audronė Pileckienė (tel. +370 611 45721, e-mail: audrone.pileckiene@gmail.com);<br/>         Jonas Malinauskas (tel. +370 687 56765, e-mail: jomal@delfi.lt, jonas.malinauskas@gmail.com).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                  |                |





## Former Vainežeris Manor Park (10 ha)

|                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                  |            |
|-----------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|------------|
| Start point and end point                           | Vainežeris Park                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Duration         | 1,5 hour   |
|                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Route length     | About 4 km |
| Pavement                                            | Forest path                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Difficulty level | Easy       |
| Park features                                       | <p>The status of the park is the same as of Veisiejai. In 2007, Vainežeris Manor Park was granted the state-protected nature heritage status. The park is also important from a dendrological point of view (trees and bushes). There is an alley of centuries-old lime trees. The territory also includes the park at the former manor house (Justinavas manor) and parts of its alleys.</p> <p>Clay strutures for wild bees built as part of the Project "Practical protection of biodiversity in the protected areas of the European Region – the Nemunas river";</p> <p>Manor ruins;</p> <p>Vainežeris defensive fortifications, Okopka;</p> <p>European larch;</p> <p>White fir;</p> <p>Clay structures;</p> <p>Museum of Trees.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                  |            |
| Accommodation services                              | <p><b>Rural Tourism Homesteads:</b></p> <p><b>LIKIMO RATAS</b>, Salučiai village, Veisiejai Administrative Area (tel. +370 698 87 717, +370 698 70 770; lratas@gmail.com; www.lratas.lt);</p> <p><b>TRIKOJIS</b>, Taikūnai village, Veisiejai Administrative Area (tel. +370 686 70 706; sodybatrikojis@gmail.com; www.atostogoskaime.lt);</p> <p><b>TĖVIŠKĖ</b>, Kailiniai village, Veisiejai Administrative Area (tel. +370 686 04 158, +370 616 80 026, +370 614 08 515; info@poilsiskaime.lt, www.poilsiskaime.lt);</p> <p><b>J. Liaukonis</b>, Paterai village, Veisiejai Administrative Area (tel. +370 686 05 973, +370 686 90 017; saman@samanis.lt);</p> <p><b>Rural Tourism Homestead of Veisiejai School of Technologies and Business</b>, Kailiniai village, Veisiejai Administrative Area (tel. +370 318 56 579, info@tvm.veisiejai.lm.lt).</p> <p><b>Tourist camps:</b></p> <p><b>S. Varnelienė</b>, Kailiniai village, Veisiejai Administrative Area (tel.: +370 686 08 663, +370 688 86 831, +370 318 56 272, sonatavar@gmail.com, www.sauletekiobaidares.lt);</p> <p><b>A. Kubilius</b>, Kailiniai village, Veisiejai Administrative Area (tel. +370 610 93 138).</p> <p><b>Lodging house: Silva Jakštienė</b>, M. Bižytės 2a, Veisiejai (tel.: +370 671 97 721, +370 686 23 830, +370 318 56 240).</p> <p><b>Rest house: ANČIA</b>, Jezdas village, Veisiejai Administrative Area (tel. +370 687 32 016).</p> |                  |            |
| Catering services                                   | <p><b>Cafes in Veisiejai:</b></p> <p>Health, Tourism and Service Centre „Ančia“, Vytauto st. 21, Veisiejai (tel. +370 652 99 610);</p> <p>„Snieguolė“, S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236) (booking required).</p> <p><b>Shopping in Veisiejai:</b></p> <p>„Snieguolė“, Private Enterprise of V. Barštienė – S. Dariaus ir S. Girėno st. 13, Veisiejai (tel. +370 318 56 236);</p> <p>Private Enterprise of V. Škarnulis – Leipalingio st. 31, Veisiejai (tel. +370 318 56 175);</p> <p>„Hekorna“, UAB – Ateities st. 3, Veisiejai (tel. +370 650 11 318)</p> <p>„Aibė“ – J. Neimonto st. 1, Veisiejai (tel. +370 318 56 151);</p> <p>„Jaunystė“ – Leipalingio st. 27, Veisiejai (tel. +370 318 56 143).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                  |            |
| Other services                                      | Information stand, information plates, benches, car parkinst.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                  |            |
| Route marking                                       | The path has been labelled with special marks.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                  |            |
| For more information about the route please contact | Veisiejai Regional Park Directorate, Santarvės st. 9, Veisiejai, Lazdijai District Municipality (tel. +370 318 56 782, vrp@takas.lt)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                  |            |
| Guide services                                      | <p>Audronė Pileckienė<br/>(tel. +370 611 45721, e-mail: audrone.pileckiene@gmail.com);</p> <p>Jonas Malinauskas<br/>(tel. +370 687 56765, e-mail: jomal@delfi.lt, jonas.malinauskas@gmail.com);</p> <p>Lina Džiaugštienė<br/>(tel. +370 687 12537, e-mail: gydytoja@lazdijai.lt);</p> <p>Birutė Talandienė<br/>(tel. +370 685 46925, e-mail: bitala@one.lt);</p> <p>Rasa Lazauskaitė<br/>(tel. +370 686 70817, e-mail: lazauskaiterasa@gmail.com);</p> <p>Kristina Kondratavičiūtė<br/>(tel. +370 622 02715, e-mail: kriste.k22@delfi.lt);</p> <p>Irma Maciulevičienė<br/>(tel. +370 614 29952, e-mail: irmamaciul@gmail.com);</p> <p>Albinas Jarmala<br/>(tel. +370 687 24008, e-mail: albinasjarmala@gmail.com);</p> <p>Laima Patackaitė<br/>(tel. +370 625 85865, e-mail: laima21@email.com);</p> <p>Albina Ramanauskienė<br/>(tel. +370 672 35392, e-mail: alba991@yahoo.com).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                  |            |







## Jotvingiai Path

|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                  |             |
|------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|-------------|
| Start point            | St. Trinity Church (Rudamina)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Duration         | 0,5–1 hour  |
| End point              | Rudamina Mound with an ancient settlement                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Route length     | About 939 m |
|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Difficulty level | Easy        |
| Places of interest     | Rudamina Mound with a settlement (Rudamina, Lazdijai Administrative Area );<br>St. Trinity Church (Karaliaus Mindaugo st., Rudamina, Lazdijai Administrative Area );<br>Ruins of the former manor (Rudamina, Lazdijai Administrative Area );<br>Old Jewish Cemetery in Rudamina (Rudamina, Lazdijai Administrative Area ).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                  |             |
| Accommodation services | <b>Rural Tourism Homesteads:</b><br><b>A. Sandienė</b> , Ežero st. 2, Lazdijai (tel. +370 614 67 001, astossodyba@gmail.com);<br><b>V. Pečiulienė</b> , Bielėnai village, Būdvietis Administrative Area (tel. +370 616 97 686).<br><b>Hotels, motels:</b><br>1. <b>Hotel „Dvyniai“</b> , Sodų st. 47, Lazdijai (tel. +370 318 52 710);<br>2. <b>Hotel „Žibintas“</b> , Nepriklausomybės square 4, Lazdijai (tel. +370 687 24 966);<br>3. <b>Motel „Eldija“</b> Džukų st. 18, Šeštakai (tel.: +370 318 47 113, +370 615 38 636).                                                                                                                                                                                                                                                                                                                                             |                  |             |
| Catering services      | <b>Grocery stores:</b> Rudamina village, Lazdijai Administrative Area<br><b>Cafes in Lazdijai:</b><br>DVYNIAI, Sodų st. 47, Lazdijai (tel. +370 318 52 710);<br>NENDRĖ, Kauno st. 4, Lazdijai (tel. +370 318 51 001)<br>TEMPAS, Turistų st. 98, Lazdijai (tel.: +370 318 51 319, +370 698 78 220, +370 698 20 070);<br>TRASA, Turistų st. 25, Lazdijai (tel. +370 318 59 854);<br>KVAJA, Turistų st. 37, Lazdijai (tel. +370 682 56 001, +370 616 92 047);<br>PAS MANTA, Nepriklausomybės square 4, Lazdijai (tel.: +370 318 59 854, +370 673 77 979).<br><b>Shopping in Lazdijai:</b><br>MAXIMA – Kauno st. 4; AIBĖ – M. Gustaičio st. 8/Seinų st. 8; IKI – Seinų st. 4; CENTO – Sodų st. 10; NORFA – Džukų st. 3; „Eljovita“ – Seinų st. 18;<br>„Pakelė“ – Turistų st. 82; „Tujelė“ – Kauno st. 48; R. Makutėnienės PĮ – Vytauto st. 20; „Lazdijų duona“ – Turistų st. 1. |                  |             |
| Gido paslaugos         | Audronė Pileckienė (tel. +370 611 45721, e-mail: audrone.pileckiene@gmail.com);<br>Jonas Malinauskas (tel. +370 687 56765, e-mail: jomal@delfi.lt, jonas.malinauskas@gmail.com);<br>Birutė Talandienė (tel. +370 685 46925, e-mail: bitala@one.lt);<br>Valdas Subačius (tel. +370 676 05925, e-mail: virmara@one.lt);<br>Dalia Vievesienė (tel. +370 618 13946, e-mail: vikdalia@gmail.com);<br>Albinas Jarmala (tel. +370 687 24008, e-mail: albinasjarmala@gmail.com).                                                                                                                                                                                                                                                                                                                                                                                                    |                  |             |





## Educational tour **Bijotai-Širvintas Forest**

|                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                         |                        |
|------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|------------------------|
| <b>Start point</b>                                         | Meteliai Regional Park<br>School of Nature- Visitor's Centre                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | <b>Duration</b>         | 1–1,5 hour             |
| <b>End point</b>                                           | Bijotai forest rest place                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <b>Route length</b>     | About 3,3 km or 4,1 km |
| <b>Pavement</b>                                            | Forest paths                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | <b>Difficulty level</b> | Easy                   |
| <b>Information on flora and fauna</b>                      | Vanishing Padusis juniper bushes;<br>Meteliai lake;<br>Kemsinės meadows – a hope to very rare species of birds and plants;<br>Habitat of sea eagles;<br>Širvintas forest;<br>Forest birds;<br>Raised bog;<br>Dusia – the lake of birds, observation tower.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                         |                        |
| <b>Accommodation services</b>                              | <b>Rural Tourism Homesteads:</b><br><b>Akromo sodyba</b> , Vaickūniškė village, Seirijai Administrative Area (tel. +370 698 46 291, +370 616 04 246; akromusodyba@atostogoskaime.lt, www.atostogoskaime.lt);<br><b>S. Baliukonis</b> , Vaickūniškė village, Seirijai Administrative Area (tel. +370 613 47 392, +370 674 05 865);<br><b>S. Čivinskienė</b> , Vaickūniškė village, Seirijai Administrative Area (tel. +370 698 23 755; sodybadusia@gmail.com, www.civinskiensodyba.lt);<br><b>OBELIJA</b> , Mockonys village, Seirijai Administrative Area (tel. +370 686 59 400, +370 315 64 562; obelijossodyba@gmail.com, www.obelijossodyba.lt);<br><b>VITRŪNA</b> , Meteliai village, Seirijai Administrative Area (tel. +370 687 70 748; vitruna@gmail.com, www.vitruna.lt);<br><b>SRAIGĖ</b> , Straigiskė village, Seirijai Administrative Area (+370 686 67 579, +370 615 22 756; talandziai@gmail.com). |                         |                        |
| <b>Catering services</b>                                   | <b>Cafes in Seirijai:</b><br>Cafe-hotel „Seira“, Vytauto st. 36, Seirijai (tel. +370 318 58 368).<br><b>Shopping in Seirijai:</b><br>Viligitra, Vytauto st. 42, Seirijai (tel. +370 318 58 286);<br>A.Žmuidzinavičiaus st. 3, Seirijai (tel. +370 318 58 156);<br>Ramunė, Metelių st. 1, Seirijai (tel. +370 318 58 157).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                         |                        |
| <b>Other services</b>                                      | Fireplace, volleyball ground, benches, information plates, car parking at Meteliai Regional Park Directorate.<br>Stores in Meteliai.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                         |                        |
| <b>Additional information</b>                              | 2 walking tour options: 3,3 km and 4,1 km                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                         |                        |
| <b>Route marking</b>                                       | The path has been identified by special posts.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                         |                        |
| <b>For more information about the route please contact</b> | Meteliai Regional Park Directorate, Meteliai village, Seirijai Administrative Area (tel. +370 318 43 649, www.meteliuparkas.lt).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                         |                        |
| <b>Guide services</b>                                      | Audronė Pileckienė (tel. +370 611 45721, e-mail: audrone.pileckiene@gmail.com);<br>Jonas Malinauskas (tel. +370 687 56765, e-mail: jomal@delfi.lt, jonas.malinauskas@gmail.com).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                         |                        |







## Blessed Virgin Mary of the Assumption Church – Lithuanian homestead of the 19th century

|                        |                                                                                                                                                                                                                                                                                                                                                                                                                |                  |         |
|------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|---------|
| Start point            | St. Blessed Virgin Mary of the Assumption Church – Lithuanian homestead of the 19th century                                                                                                                                                                                                                                                                                                                    | Duration         | 6 hours |
|                        |                                                                                                                                                                                                                                                                                                                                                                                                                | Route length     | 3–4 km  |
| End point              | Lithuanian homestead of the 19th century                                                                                                                                                                                                                                                                                                                                                                       | Difficulty level | Easy    |
| Route description      | Punsk is a town situated on the coasts of the lake Punsk. Located in Poland, the town preserved its Lithuanian spirit. People here speak Lithuanian and visitors are also surprised by the Lithuanian road signs.                                                                                                                                                                                              |                  |         |
| Places of interest     | St. Blessed Virgin Mary of the Assumption Church;<br>Old rectory;<br>Lithuanian homestead of the 19th century;<br>Lithuanian Culture House in Punsk;<br>Juozas Vaina Ethnographic Museum.                                                                                                                                                                                                                      |                  |         |
| Accommodation services | „Pas Vilį“, Laukų st. 16, 16-515 Punsk (tel. +48 875 161255, +48 782 353114, +48 510 965046)<br>„Pas Honorką“, Strażacka st. 1, 16-515 Punsk (tel. +48 665 197 954, barhonorka@wp.pl; www.agroturystykapunsk@republika.pl)                                                                                                                                                                                     |                  |         |
| Catering services      | Cafe-bar „Karčiama“, Mickevičiaus st. 49, Punsk;<br>Restaurant „Sodas“, Mickevičiaus st. 17, Punsk (tel. +48 875 161315);<br>„Užeiga“, Mokyklos (Szkolna) st. 67, Punsk (tel. +48 875 161476);<br>Bar „Omega“, Mickevičiaus st. 76, Punsk;<br>Canteen, Kovo 11 st. 18 (11 Marca), Punsk (tel. +48 875 161080);<br>Cafe in the Lithuanian Culture House, Kovo 11 st. 17 (11 Marca), Punsk (tel. +48 875 16103). |                  |         |
| Additional information | Tourism Information Centre in Punsk, A. Mickevičiaus st. 23, Punsk, Poland, tel. +48 875 161079, cit@cit.ugpunsk.pl, ug_punsk@poczta.onet.eu; www.cit.ugpunsk.pl                                                                                                                                                                                                                                               |                  |         |



Public Institution „Lazdijai Tourism Information Centre“, tel.: +370 318 51160, +370 318 66130, +370 318 51881, +370 611 10855,  
e-mail: turizmas@lazdijai.lt, turizmas.info@lazdijai.lt, tourism@lazdijai.lt. Tourism Centre in Punsk, tel. +48 87 5161079, e-mail: cit@cit.ugpunsk.pl

### Health Care Institutions

| Health Care Institution                                         | Address                         | Telephone numbers for registration | Working hours                                 |
|-----------------------------------------------------------------|---------------------------------|------------------------------------|-----------------------------------------------|
| Emergency number in Lithuania and Poland – 112                  |                                 |                                    |                                               |
| UAB „Lazdijų sveikatos centras“                                 | Gėlyno st. 9                    | +370 315 51524                     | I–V <b>8.00–17.00</b><br>VI <b>8.00–12.00</b> |
| VŠĮ „Lazdijų savivaldybės pirminės seikatos priežiūros centras“ | Kauno st. 8, Lazdijai           | +370 318 51451                     | I–V <b>8.00–17.00</b><br>VI <b>8.00–12.00</b> |
| Veisiejai outpatient clinic                                     | V. Montvilos st. 22a, Veisiejai | +370 318 56691                     | I–V <b>8.00–17.00</b><br>VI <b>8.00–12.00</b> |
| Vainiūnai mobile health care unit                               | J. Laukaičio st. 3, Seirijai    | +370 318 58326                     | I–V <b>8.00–17.00</b><br>VI <b>8.00–12.00</b> |
| Punksk Health Care Centre                                       | Szkolna st. 26, Punksk          | +48 087 5161011                    | I–VII <b>7.00–17.00</b>                       |

Ambulance and first aid services available 24 hours. Tel. +370 318 51 203 , shortcode 03.

Outside of normal working hours please contact  
the Lazdijai Hospital Emergency Department, tel. +370 318 51498.





Public Institution "Lazdijai Tourism Information Centre"  
Vilniaus st. 1, LT-67106 Lazdijai, Lithuania  
E-mail: [turizmas@lazdijai.lt](mailto:turizmas@lazdijai.lt)  
<http://www.lazdijai-turizmas.lt>



Pusk Administrative Area  
A. Mickevičiaus st. 23, Pusk, Poland  
E-mail: [cit@cit.ugpunsch.pl](mailto:cit@cit.ugpunsch.pl), [ug\\_punsch@poczta.onet.eu](mailto:ug_punsch@poczta.onet.eu)  
<http://www.cit.ugpunsch.pl>

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TOURIST  
ROUTES IN

LAZDIJAI

AND

PUNSK

REGIONS